



Heart Check Up



I Corinthians 13 Test.

1. Are you longsuffering? yes _____ no _____
2. Are you kind? yes _____ no _____
3. Do you envy? yes _____ no _____
4. Do you puff yourself up? yes _____ no _____
5. Do you act in a suitable manner for a Christian? yes _____ no _____
6. Are you easily provoked? yes _____ no _____
7. Do you think any evil? yes _____ no _____
8. Do you rejoice in iniquity? yes _____ no _____

Check out the entire chapter of I Corinthians 13 on your own for further testing!



Taking a Deeper Look

Okay, now for a little self-evaluation under the microscope.

1. Do you consider yourself a lovable person? yes _____ no _____
2. Do you think the majority of your family and friends would consider you lovable? yes _____ no _____
3. What is your own definition of love?
4. Do you think you need to work on showing God's love to others? yes _____ no _____
5. Do you have things in your heart that shouldn't be there (grudges, unforgiveness, etc.)? yes _____ no _____



Prescription for Heart Pains!

- ✓ *Concentrate on other's needs instead of your own.* This will keep your heart from growing cold!
- ✓ *Do something for others on a daily basis.* This will be great exercise for your heart!
- ✓ *Stay close to the Lord and serve Him daily.* This is the best way to keep your heart beating correctly!
- ✓ *Read God's Word daily.* This is good maintenance for the heart! (Psalm 119:11 "Thy word have I hid in mine heart, that I might not sin against thee.")