

Still Life/Oil Painting with Sarah Sedwick

Materials:

Palette - a 12x16 (or larger) disposable paper palette pad. Get white, not gray.

Palette knife – not a teeny one. You want to be able to scoop up a pile of paint with it.

Rags or paper towels (I like disposable blue shop towels, available at hardware stores)

Viewfinder: I like the Viewcatcher by The Color Wheel

Solvent: Gamsol

2 glass jars with tight-fitting lids, for solvent

Medium: Gamblin's Solvent-Free Gel, Walnut oil, or similar

Paint - I recommend M. Graham brand:

Titanium white

Alizarin Crimson,

Cadmium red

Ultramarine Blue

Cerulean blue

Cadmium yellow

Hansa yellow

Ivory Black

Optional colors: yellow ocher, dioxazine purple

Brushes - I use Princeton Summit Series taklon (synthetic, white bristles, green handles) and hog bristle (Rosemary Ultimate and Simmons Signet), but I encourage you to use what you're comfortable with. A good starter kit is a #2 round and a #4 flat and a #4 or #6 filbert.

Canvases or other painting surfaces:

Two 12x16" canvases or canvas boards, a pad of canvas paper, or Arches oil paper

Three canvases, minimum size 8x8" - or any size you'd like to work on for about 3 hours.