



Mt. Pisgah A. M. E. Church 428 N 41st Street Philadelphia, PA 19104 Rev Jay B. Broadnax, Pastor

From Mount Pisgah

2021

Fall Edition

CELEBRATING THE HOLIDAYS









Message from our Pastor Reverend Jay B. Broadnax



What Is My Pulpit? Where Is My Wayside?

On Sunday, October 3 (thanks to the generosity of the family of Bro. Richard Minor and friends) we dedicated our brand-new digital sign in front of the church, known as our "Wayside Pulpit." As part of the ceremony, I did an

explanation of why an outdoor sign (not just digital ones, but the one we had before also) is so known. A pulpit is a place from which words of spiritual inspiration, as well as information are proclaimed. I shared that although our sanctuary is a sacred place where the Word of God is preached and words of guidance and direction are proclaimed, God never intended for it to be the ONLY place. For Moses, the mountain was his pulpit. For Ezra, it was a wooden stage at an outdoor venue. In fact, Jesus sent the disciples OUT into the world to proclaim the gospel *to all of creation*. There are many kinds of pulpits, and our digital sign is one of them.

The thought that occurs to me is that God has called us all to "proclaim the gospel" or "good news" wherever we find ourselves, certainly by our words, but also by our actions and the way that we conduct ourselves. God has deputized all of us to be "Evangelists," or spreaders of messages inspired by God. Our "wayside" may not be at the corner of 41st and Spring Garden Streets. Our "wayside" may be at the grocery store, or in a doctor's office waiting room, or at the beauty salon. Our wayside could in the hallway at work, or at the auto repair shop, or even at home at the Thanksgiving Table. Our wayside could literally be anywhere. Therefore, each of us must answer the questions of, "Is my wayside pulpit operational?" and "What message is being displayed on my pulpit that those along the wayside can see and be guided by?"

The experience of isolation necessitated by COVID 19 has certainly made us have to think differently about our "wayside." People have not been physically passing "by the wayside" of the church as much, so we have had to realize that our "wayside" could also be our email lists, or zoom gatherings,

our livestreaming platform, our social media posts, and other places where our messages are communicated. Let's make sure that we make the best use of whatever pulpit God has given us, so that travelers along our wayside, weary from struggles with poverty, violence, sickness, discouragement, grief, frustration, or other challenges that life brings can pass by and receive encouragement, inspiration, and draw nearer to The Lord Jesus!



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PLEASE REMEMBER







WE ARE NOT IN THE CLEAR YET!

Message from the Editor Keith W. Arrington, Sr.

When the cares of my heart are many, your consolations cheer my soul. ~ Psalm 94:19



This quarterly edition of The View from Mt. Pisgah is considered our Holiday Edition. November brings Thanksgiving and the traditional gathering of family breaking bread with one another. December brings Christmas and the celebration of the birth of our Lord & Savior Jesus Christ. Traditionally, that includes Christmas dinner and the gathering of family. Then, there's Kwanzaa which at its core is "A Celebration of Family, Community, and Culture. The season culminates as we usher in a New Year, with New Hope and New Joy!

Yet, as we approach this Holiday Season, things still aren't what they "used to be." Many months later and we're still dealing with a pandemic, still wearing masks and fretting over vaccines. Can there still be joy in the Holiday Season? The crisis of gun violence invades our city, and even our country. Can there still be joy? The nonsense of partisan politics brings disunity, financial hardships bring stress, and racial tensions bring a divided nation. Can there still be joy?

The Holiday Season is always a challenge for those who have lost cherished loved ones, no matter whether the loss was recent or many years ago. Because of COVID-19, this sad reality has come in unexpected fashion to so many more families. How can there still be joy? How can the Holidays still be Happy?

Even though the cares of our hearts are many, the answer yesterday, today, and tomorrow is yes, there can still be joy because... The consolations of the Lord cheer our souls! In times of despair, there's still the Lord. When troubles come, there's still the Lord. The Lord will comfort us. The Lord will sustain us. The Lord will restore us! Through it all, we still have the Lord. So, we can look forward to Thanksgiving with a grateful heart. We still have the Lord, so we enter into Christmas with the expectancy of Love, Hope, Peace, and Joy! We still have the Lord so we can step into the New Year with the anticipation of New Mercies!

Long-time Mt. Pisgahites may recall that the Excelsiorette Choir worshipped with a song that put it this way - Hallelujah anyhow, never let your troubles get you down. When trials come your way, hold your head high and say, Hallelujah anyhow.

As we approach the Holiday Season, Hallelujah to the Lord, the Cheerer of our Souls!

CHURCH SCHOOL





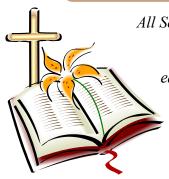
Sister Mary Collins Sister Barbara Taylor

WORDS OF INSPIRATION

Always go to God first
When you have a problem.
Go to the Throne,
Not the phone
Let us then approach God's throne
Of grace with confidence, so that we may receive
mercy and find grace
To help us in our time to need.

Submitted by Arthean Wicks

CHURCH SCHOOL CONTINUED



All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work (II Timothy 3: 16-17, NIV).

8 Reasons Why You Should Come to

Mt. Pisgah A. M. E. Church School Every Sunday: 9:30 A.M. – 10:30 A.M.



- ❖ You will be confronted with the call of God to accept Jesus Christ as Lord and savior of your life
- * You will learn how to apply Bible principles to your life
- ❖ You will be prepared to face the problems of life
- ❖ You will learn obedience and respect for authority
- ❖ Your character will be strengthened
- You will be presented with opportunities to share your life experiences
- You will be taught how to live the Christian life
- ❖ You will be given the opportunity to share life's problems in small groups with others of the same age

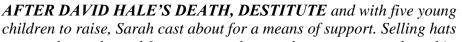
Sister Valerie Ives, Superintendent Reverend Jay B. Broadnax, Pastor

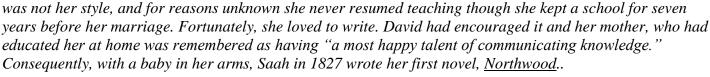


Yes, sure, the Pilgrims and the Indians had something to do with it way back in the beginning. But it took a Philadelphia feminist named Sarah Josepha Hale (and Abe Lincoln) to make it a national holiday.

Sarah Josepha Buell Hale, who was born in 1788 the year George Washington was chosen first president, and who died in Philadelphia in 1879, suffered adversities throughout her long life that would craze a lesser woman – a brother lost at sea, her mother and her sister dead the same day in 1811, a father long ill with tuberculosis and the most devastating blow of all, the death of her husband shortly before the birth of their fifth child.

Yet she, more than any other individual, is responsible for our nationwide observance on Thanksgiving.





The book was immediately popular, and Sarah Hale was invited to become the editor of the new Ladies Magazine, the first American literary publication devoted exclusively to women. At age 40, she moved from rural New Hampshire to Boston.

As editor of the Ladies Magazine, she coaxed members of her sex to submit stories, poems, and essays to the magazine – and they did, in great numbers.

BY 1837, LOUIS GODEY OF Philadelphia had purchased and combined the Ladies Magazine with his own Lady's book and hired Sarah Josephs Hale as editor of what was to become the largest circulation publication of its time. Not until her third son, William, had finished Harvard did she move to Philadelphia from Boston.

She may have been reluctant to come. Earlier she blasted the City of Brotherly Love as "merely a center of light entertainment, shopping, paying and receiving visits with no emphasis upon education." By degrees, however, she altered her opinion of the town where she would live to the age of 91.

Sarah Hale boarded several years at the Markoe House at 919 Chestnut St., between the Burd mansion and the Assembly building at 10th and Chestnut Streets. She attended opera at the Academy of Music, helped raise funds

to rebuild the Pennsylvania Academy of the Fine Arts when it burned in 1845, and recommended as the best of Sunday afternoon recreations a walk to the waterworks in Fairmount Park.

With a scratchy, balky quill pen she wrote hundreds of poems, two dozen books and at least part of and probably all of "Mary Had a Little Lamb," the most famous nursery rhyme.

YET THE "LADY EDITOR," AS SHE CALLED herself, had one overriding ambition about which she thought and wrote, for more than 30 years. In <u>Northwood</u>, Sarah Hale included a chapter titled "Thanksgiving Dinner in the Country." The scene, vividly described and obviously familiar to the author, evokes images of prodigious culinary achievements and a strong sense of unity of family.

At that time communities celebrated Thanksgiving according to their own timetables – or not at all. Certain farm towns chose the first Thursday after the cattle came home from summer pasture. Some towns pegged the festival to the church calendar. One year Philadelphia celebrated it in December. Bu 1856 Sarah Hale was campaigning again.

With increasing concern over the split between North and South, she publicized the establishment of a national Thanksgiving Day as a means of drawing the country together.

Year after year she wrote to anybody who might further the cause and, in return, she received "letters approving this Union Festival from the Governors of nearly every State and Territory." In 1861, with war raging between Yankees and Confederates, she still begged for a nationwide holiday and one-day armistice for Thanksgiving.

In 1863, Sarah Hale started her annual appeal earlier. In the September editorial she included the suggestion that a presidential proclamation, rather than a mere concurrence of states, could establish a nationwide festival. She wrote the same message to Secretary of State William H. Seward, who replied, "I have received your interesting letter, and have commended the same to the consideration of the President."

A few weeks later, on October 3, 1963, President Abraham Lincoln issued the first national Thanksgiving Proclamation since George Washington. But it would take until 1941 – 62 years after Sarah Josepha Hale had died – before Congress made Thanksgiving a legal holiday independent of presidential proclamation. Congress chose the fourth Thursday of November, not the third. Sarah Hale would have approved of either day:

"...the war of politics will be over for the year; and all elections, State and National will be closed; the harvest of the country gathered in; the preparations for winter made; and the crowning glory of all the blessings God has, during the year, bestowed on our great nation would be the union of all our States and Territories in a day of National Thanksgiving."

Excerpts from article written by Mary Wood in the Inquirer, November 20, 1983



The Meaning of Advent

Therefore, the Lord himself will give you a sign: The virgin will be with child and will give birth to a son and will call him Immanuel. (Isaiah 7:14)

Advent" simply means "coming" as in Christ is coming, and for us now He has arrived. This is referring to His birth in history and in humanity. It meant

the welcoming or the arrival of a special king and for us; it is our King of Kings. This is what the Old Testament prophecies foretold concerning Jesus' Incarnation, the Word made flesh for our Hope and Atonement that brought us our deliverance.

Advent represents our expectation, anticipation, and preparation for who Christ is and what He has done for us. He arrived into the world as a human being, being fully God and fully man. He came to identify as one of us, as the *Son of Man*, as a baby born in a manger. He came for us; He came for us, and He comes into our lives and into our hearts. He is coming again in great power and glory to bring His Kingdom into fruition.

The Advent Wreath

And again, Isaiah says, "The Root of Jesse will spring up, one who will arise to rule over the nations; the Gentiles will hope in him." May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit (Romans 15:12-13).

Traditionally, during the Christmas season we have an "Advent Wreath" in our Churches, and this is remarkably celebrated in all Denominations. The Advent Wreath is a venerable tradition that cuts across denominational and theological boundaries.

It dates to the beginning of the 19thcentury in Europe. This Advent Wreath is arranged with 4 or 5 Advent candles, 3 or 4 of which are in a circle, along with one in the center, all on a base of evergreens each has a powerful message for us about our Lord. This has prevailing imagery we should not take for granted or consider just another holiday decoration.

The Wreath: The wreath itself means "victory" as Christ's victory over sin so He can save us. The Advent Wreath has 4 or 5 candles that are arranged in a circle symbolizing Christ's eternity, as a circle has no beginning and has no end, it is a symbol for God, who is eternal and thus without beginning or end. The evergreens mean He is "ever with us," they are usually pine branches or holly that are used as a base that represents anticipation, newness, renewal, and His everlastingness. The red berries of the holly represent the shedding of Christ's blood.

• The Candles: The Advent candles mean the light of God coming into the world through the birth of His Son. This refers to the significance that Christ is the Light of the world. When they are lit, the illumination is to symbolize the Christ of eternity and his coming as the "Light of the World" and our worship and honor of His most precious gift of His Grace and Mercy. These candles also have a color theme too, purple, blue, pink, or rose and white. The first two or three are purple meaning royalty and this is also the color of suffering and the darkness of sin,

connecting Jesus' birth and crucifixion and His triumph over sin. Blue means sky and life, pink means joy, and white means purity.

Each candle has a special meaning:

The First Candle (Purple): "CANDLE OF HOPE" means His promise and hope. We can have hope because God is faithful and will keep the promises, He made to us. Our hope comes from God. (Romans 15:12-13)

The Second Candle (Purple): "CANDLE OF PREPARATION" means His light and preparation. Preparation means to 'get ready'. "Help us to be ready to welcome YOU, O GOD!" (Luke 3:4-6)

- The Third Candle (Pink or Rose): "CANDLE OF JOY" means the angels sang a message of JOY! (Luke 2:7-15)
- The Fourth Candle (Purple or Blue): "CANDLE OF LOVE" symbolizes Christ love. God sent His only Son to earth to save us because He loves us! (John 3:16-17)
- The Fifth Candle (white): "CHRIST CANDLE" symbolizes the incarnation, the heart and reason of the season, God giving light to the world. Its location is in the center as Christ's light is central and radiant. This reminds us that Jesus is the spotless Lamb of God, sent to wash away our sins! (In wreaths that have 4 candles, it is in the circle among the rest of the candles)

Each candle is lighted during the worship services each week in progression until Christmas Eve or Christmas Day when the last candle is lit. Each week the new unlit candle for that week is lighted, and then the previous candles are re-lighted. A family, leaders or youth are sent up to do the lighting as a passage is read, a Christmas selection is sung and/or a prayer said.

The four weeks are a period of waiting also signifying the four centuries of waiting between the last prophet Malachi and the birth of Jesus. All five candles should continue to be lighted in worship services through Epiphany on January 6th (*Epiphany means "to show," is the climax of the Christmas Season and the "Twelve Days of Christmas." It is observed to denote the coming of the wise men bringing gifts and their worship to Christ).*

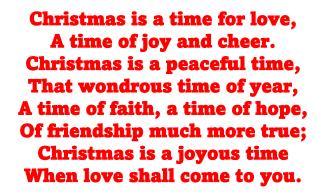
Advent 2021

Begin: Sunday November 28 End: Friday, December 24

Submitted by: Rev. Phyllis A. Harris

CHRISTMAS IS









Christmas is a little child,
It's tinsel shinning bright
Frosted window, snowy lanes
Candles in the night
Its Santa Clause and dreams come true
So much that gladness sees
Its's holly wreath, and silver bells
And star-tipped Christmas trees





Christmas is a place called home
A door thrown wide;
A crackling fire all aglow
And loving hearts inside.
It's happy faces, shining eyes,
Soft music in the air;
It 's tissue, ribbon, cards to write
And secrets everywhere





Christmas is a lighted church...

The very nicest part.

Believing in a special way
A prayer that fills your heart.

It's friendliness so much more real,
A blessing from above;
Christmas is the special time
We greet the folks we love

Author unknown







12 DAYS OF CHRISTMAS

1st day The partridge in a pair tree was Jesus Christ 2nd day Two turtle doves were the Old and New Testaments 3rd day Three French hens stood for faith, hope and love 4th day The four calling birds were the four gospels of Matthew, Luke and John 5th day The five golden rings recalled the Torah or law, the first five books of the **Old Testament** 6th day The six geese a laying stood for the six day of creation 7th day Seven swans a swimming represented the sevenfold gifts of the Holy Spirit: Prophesy, Serving, Teaching, Exhortation, Contribution, Leadership and Mercy 8th day The eight maids a milking were the eight beatitudes. 9th day Nine ladies dancing were nine fruits of the Holy Spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self Control $10^{\text{th}}\,day$ The ten lords a leaping were the Ten Commandments $11^{\text{th}} day$ The eleven pipers piping stood for the eleven faithful disciples. $12^{\text{th}} day$ The twelve drummers drumming symbolized the twelve points of belief in the **Apostles Creed**

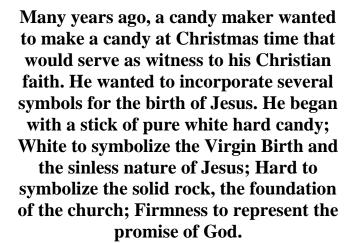


THE TRUE MEANING OF THE CANDY CANE



Look at the Candy Cane
What do you see?
Stripes that are red
Like the blood shed for me
White is for my Savior
Who's sinless and pure!
"J" is for Jesus My Lord
That's for sure!
Turn it around
And a staff you will see
Jesus my shepherd
Was born for Me!





The candymaker made the candy in the form of a "J" top represent the name of Jesus, who came to earth as our Savior. He thought it could also represent the staff of the Good Shepherd, with which he reached down into the ditches of the world to lift out the fallen lambs who, like all sheep, have gone astray.

Thinking that the candy was somewhat plain, the candymaker stained it with red stripes. He used three small stripes to show the stripes of the scourging Jesus received, by which we are healed. The large red stripe was for the blood shed by Christ on the cross so that we could have the promise for eternal life.

Unfortunately, the candy became known as a Candy Cane – a meaningless decoration seen at Christmas time. But the true meaning is still there for those who have eyes to see and ears to hear.



Kwanzaa is an annual celebration of life observed for seven days from December 26 to January 1 by Black people to honor their heritage. The week-long celebration may include songs, dances, African drums, storytelling, poetry reading, and a large feast on December 31, called a Karamu. A candle on the Kinara (candleholder) representing one of the seven principles on which Kwanzaa is founded, called the Nguzo Saba, is lit every one of the seven nights. Each day of Kwanzaa emphasizes a different principle. There are also seven symbols associated with Kwanzaa. The principles and symbols reflect the values of African culture and promote community among African Americans.

Establishment of Kwanzaa

Kwanzaa was created in **1966 by Dr. Maulana Karenga**, professor and chairman of Black studies at California State University, Long Beach, as a way to bring African Americans together as a community and help them reconnect with their African roots and heritage. Kwanzaa celebrates family, community, culture, and heritage. As the Civil Rights Movement transitioned into Black nationalism in the late 1960s, men such as Karenga were searching for ways to reconnect African Americans with their heritage.

Kwanzaa is modeled after the first harvest celebrations in Africa, and the meaning of the name *Kwanzaa* comes from the Swahili phrase "matunda ya kwanza" which means the "first fruits" of the harvest. Although East African nations were not involved in the trans-Atlantic trade of enslaved people, Karenga's decision to use a Swahili term to name the celebration is symbolic of the popularity of Pan-Africanism.

Kwanzaa is celebrated mostly in the United States, but Kwanzaa celebrations are also popular in Canada, the Caribbean and other parts of the African Diaspora.

Karenga said his purpose for establishing Kwanzaa was to "give Blacks an alternative to the existing holiday and give Blacks an opportunity to celebrate themselves and their history, rather than simply imitate the practice of the dominant society."

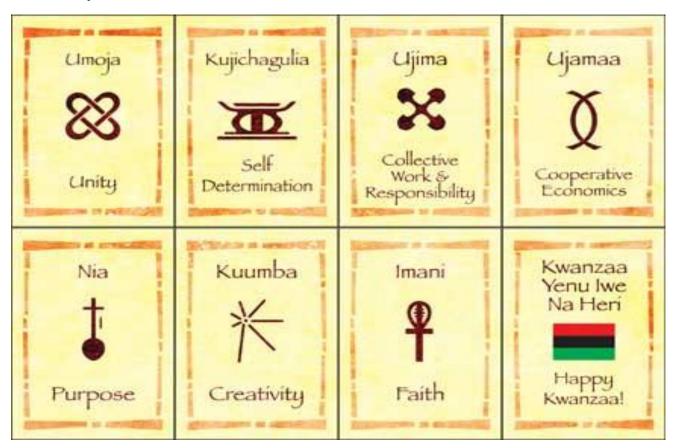
In 1997 Karenga stated in the text *Kwanzaa: A Celebration of Family, Community and Culture*, "Kwanzaa was not created to give people an alternative to their own religion or religious holiday." Instead, Karenga argued, the purpose of Kwanzaa was to study Nguzu Saba, which were the seven principles of African Heritage.

Through the seven principles recognized during Kwanzaa participants honor their heritage as people of African descent who lost a great deal of their heritage through enslavement.

Nguzu Saba: The Seven Principles of Kwanzaa

The celebration of Kwanzaa includes an acknowledgment and honoring of its seven principles, known as Nguzu Saba. Each day of Kwanzaa emphasizes a new principle, and the evening candle-lighting ceremony provides an opportunity to discuss the principle and its meaning. The first night the black candle in the center is lit and the principle of Umoja (Unity) is discussed. The principles include:

- 1. Umoja (Unity): maintaining unity as a family, community, and race of people.
- 2. **(Self-Determination):** defining, naming, creating, and speaking for ourselves.
- 3. **Ujima (Collective Work and Responsibility):** building and maintaining our community—solving problems together.
- 4. **Ujamaa (Cooperative Economics:** building and maintaining retail stores and other businesses and to profit from these ventures.
- 5. **Nia (Purpose):** work collectively to build communities that will restore the greatness of African people.
- 6. **Kuumba (Creativity):** to find new, innovative ways to leave communities of African descent in more beautiful and beneficial ways than the community inherited.
- 7. **Imani (Faith):** the belief in God, family, heritage, leaders, and others that will leave to the victory of Africans around the world.



Symbols of Kwanzaa

Symbols of Kwanzaa include:

- **Mazao (Crops):** these crops symbolize African harvesting celebrations as well as the rewards of productivity and collective labor.
- **Mkeka (Mat):** the mat symbolizes the foundation of the African Diaspora—tradition and heritage.
- **Kinara (Candleholder):** the candleholder symbolizes African roots.
- Muhindi (Corn): corn represents children and the future, which belongs to them.
- **Mishumaa Saba (Seven Candles):** emblematic of Nguzo Saba, the seven principles of Kwanzaa. These candles embody the values of the African Diaspora.
- **Kikombe cha Umoja (Unity Cup)**: symbolizes the foundation, principle, and practice of unity.
- **Zawadi (Gifts)**: represent parental labor and love. Also symbolizes the commitments that parents make to their children.
- **(Flag):** the colors of the Kwanzaa flag are black, red, and green. These colors were originally established as colors of freedom and unity by Marcus Mosaih Garvey. The black is for people; red, the struggles endured; and green, for the future and hope of their struggles.



Annual Celebrations and Customs

Kwanzaa ceremonies typically include drumming and varied musical selections that honor African ancestry, a reading of the African Pledge and the Principles of Blackness. These readings are followed often by a lighting of candles, a performance, and a feast, known as a karamu.

Every year, Karenga holds a Kwanzaa celebration in Los Angeles. In addition, the *Spirit of Kwanzaa* is held annually at the John F. Kennedy Center for the Performing Arts in Washington, D.C.

In addition to the annual traditions, there is also a greeting that is used every day of Kwanzaa called "Habari Gani." This means "What's the news?" in Swahili.

WHAT'S COOKING

Bean Casserole

(Ingredients)

1-can Bush Vegetarian Bake beans (20 oz.)

1-can lima beans

1-can kidney beans

1-can butter beans

1-lbs hamburger (optional-good

with or without)

½ cup vinegar

1-cup brown sugar

½ cup white sugar

1-large onion (diced)

1-small bottle of ketchup

1/4 cup yellow mustard

½ tsp Garlic

In a casserole dish add all beans, ketchup, mustard, and garlic. Sauté onions until soft then add vinegar, brown and white sugar. Brown hamburger, drain add to casserole, add onions.

You can also use Italian sausage Bake at 350°F for 30 minutes.

A Kwanzaa Sweet Treat



Benne Cookies

Ingredients

1/3 c. toasted sesame seeds(benne)

1-1/4 c. packed brown sugar

½ c. softened butter

1 beaten egg

½ t. vanilla extract

1 t. lemon juice

½ c. flour

½ t. baking powder

½ t.salt

Instructions

Lightly toast sesame seeds in a skillet over medium high heat. Set aside. Preheat oven to 325°F. Lightly oil a cookie sheet. Mix brown sugar and butter. Stir in egg, vanilla extract, lemon juice and mix until creamy. Add flour, baking powder, salt and sesame seed. Drop rounded teaspoon onto a greased cookie sheet, 2 inches apart. Bake for 15 minutes or until edges are lightly browned.

DEPARTMENT OF CHRISTIAN EDUCATION



RECOMMENDED READING 2021-2022 (GRADES: 5-8)

- 1. Brown Girl Dreaming by: Jacqueline Woodson
- 2. Hidden Figures (Young reader Edition) by: Margot Lee Shetterly
- 3. Becoming (Adapted for younger readers) by: Michelle Obama
- 4. The Truth Be Told (Young reader's edition) by: Kamala Harris
- 5. Black Heroes by: Arlisha Norwood
- 6. Celeste's Harlem Renaissance by: Eleanora E. Tate
- 7. The Watson's Go to Birmingham by: Christopher Paul Curtis
- 8. The Girl Who Drank the Moon by: Kelly Barnhill
- 9. I Know My Rights by: Mysonne Linen
- 10. Amanda Gorman-The Biography
- 11. Jesus is the Reason for the Season by: Gisele L. Quarterman

RECOMMENDED READING 2021-2022 (GRADES: 9+)

- 1. The Hill We Climb by: Amanda Gorman
- 2. Brown girl dreaming by: Jacqueline Woodson
- 3. A Promised Land by: Barack Obama
- 4. The Truths We Hold by: Kamala Harris
- 5. Walking with the Wind by: John Lewis
- 6. Equipping the Saints for Service by: Gregory G. M. Ingram
- 7. The S. A. T. of African Methodism by: Gregory G. M. Ingram
- 8. The Audacity of Hope by: Barack Obama
- 9. Tears We Cannot Stop by: Michael Eric Dyson
- 10. What Truth Sounds Like by: Michael Eric Dyson
- 11. Christians Against Christianity by: Rev. Obrey M. Hendricks, Jr.
- 12. Becoming By: Michelle Obama
- 13. The Politics of Jesus by: Rev. Obrey M. Hendricks, Jr.
- 14. Jesus and the Disinherited by Howard Thurman



MOUNT PISGAH A. M. E. CHURCH

Wayside Pulpit Is Up!













THE MINISTRIES OF MT. PISGAH AME CHURCH

Pastor appointed & Elective Ministries

Class Leaders	Are appointed annually by the pastor to provide spiritual siguidance to assigned members. Every member is assigned Leader. Meetings are on the first Saturday at 1:00 pm.	Ministry Leader: Sis. Joyce Criss	
Steward Board	Assist the Pastor with the spiritual growth of the congregat offering support and comfort to the membership. They are charged with making an accurate account of all monies col all expenditures of the church. Are appointed annually by t	Chair: Rev. Jay B. Broadnax, Vice-chair: Bro. Keith Arrington	
Stewardess Board	Stewardesses care for the altar, prepare the Elements for Communion, Holy Baptism and Love Feasts. They also r the altar sacraments are changed to the proper seasonal communication.	Ministry Leader: Sis. Gwendolyn Burnett	
Trustee Board	Elected annually and manage all the properties of the church, making improvements as needed.	Chair: Rev. Jay B. Broadnax Vice-chair: Bro. Steven Patterson	

Discover Your Ministry

Ministries need people. All ministries need new members, new ideas, new hands, and feet to deliver the gospel and to care for God's people. Look at the ministries in our church and contact the leader about joining in the journey. Find one that is for you

Angels of Praise	To minister through dance to build Christ-like loving individuals: ages 5-17.	Ministry Leader:	
	Meet every Saturday at 1:00 pm.	Sis. Tiffany Fauntleroy	
		Sis Dara Broadnax	
Board of Christian	Responsible for making a careful study of the Christian Education needs of our	Ministry Leader:	
Education	church and the means for meeting those needs.	Sis. Shirley Harris	
Chancel Choir	We sing Psalms, Hymns, Anthems, and spiritual songs to teach and instruct	Ministry Leader:	
	persons about Jesus. Rehearsals are on Wednesdays at 10:00 am.	Sis. Darlene Foreman	
Church School	Our church school is second to none, teaching the Word of God to all ages every	Ministry Leader:	
Church School		I	
	Sunday. Adults and Urban Faith (Young Adults ages 18 – 24 years) meet at 9:30	Sis. Valerie Ives	
	am; Kingdom Connections (ages 4-14) at 12:15 pm; Kingdom Connections (teens		
	15-17) at 1:30 pm. We are an active participant in all West Mainline District and		
	the Philadelphia Conference Church School activities.		
Department of Visitatio		Ministry Leader:	
and Assistance (DVA)	members during their illness; to pray with and read Scriptures; to inform	Sis. Margaret Miller	
	them of what is going on at the church; to inquire about their health and offer		
	services if needed, to send cards and offer words of encouragement.		
	Meetings are held every other month on the first Saturday at 12:00 pm.		
Divine Movement	Divine Movement Prophetic dance ministry comprised of men and women called of God to		
demonstrate through movement His power, His presence, and His unconditional		Sis. Ingrid Broadnax	
	love. Rehearsals are on Thursdays (except the 1st Thursday of each month) at		
	6:30 pm.		
El Shaddai Greater Wo		Ministry Leader:	
	parking lot. Eventually we began to serve hot meals to our guests in our	Sis. Gwendolyn Burnett	

The Ministries Continued

The Ministries	<u>Contin</u>	<u>ued</u>		
	dinii Satu	ng room We continue to minister spiritual food and hot meals every urday (12:30 – 1:30 pm). We also distribute gently used clothing ated by church members and friends.		
Excelsior Choir	Has a mis Jesus by n	sion to lift their voices in praise to the Lord and exalt the name of ministering God's Word through song. Meets on the 1 st , 2 nd , and 3rd	В	Ministry Leader: 3ro. Wade Fauntleroy
Excelsiorette Choir			Ministry Leader: is. Tiffany Fauntleroy	
Gaskin, Hopkins, Pride Scholarship Committee	50 y scho	rears in existence with the purpose to recognize and help with plarships for the youth of Mt. Pisgah A.M.E. Church. Recipients must w acceptance of college, university, or trade school.		Ministry Leader: Sis. Arthean Wicks
Glory Beautification M	inistry A	A ministry that has the vision to beautify the church and its surroundings.		Ministry Leader: Gladys Patterson
Historical Committee	Collect an	nd preserve all important artifacts concerning the history of the church generations.		
Hospitality Ministry		d personal greetings of welcome to all who enter the church from the e sanctuary every Sunday morning and during special church events.		Ministry Leader: Sis. Adrienne Bailey
Kingdom Connection			Ministry Leader: Ingrid Broadnax	
Junior and Young Adul	lt Ushers	We greet those who enter the church with a smile and a warm welcome and direct them to comfortable seats. Youth ages $5-21$ years serve on the fourth Sunday of each month.		Ministry Leader: Sis. Joyce Criss
Ladies' Auxiliary		We greet and serve the needs of those who enter the church on the third Sunday of each month.		Ministry Leader: Sis. Joyce Criss
Lady Ushers	serve. E worship	s on the meticulous care of the church family they have been called to Beginning with their tender greetings and attentiveness throughout the p service, they take pride in being the forerunners for their pastor. They in the first Sunday of each month.	Ministry Leader: Sis. Carrie Yon	
Lay Organization	The mis of the la Book of	ssion is to provide teaching and training and to promote active involved atty in studying the history of African Methodism, the African Method f Discipline, Christian Stewardship, Evangelism and Parliamentary ares. Meetings are on the fourth Monday of each month at 6:30 pm.		Ministry Leader: Sis. Margaret Miller
Married Couples	The goal of this ministry is to strengthen, encourage and pray for the family and for one another. We encourage each other to uphold our marriages Ministry Lead Bro. Tim an		Ministry Leaders Bro. Tim and gelist Bernadine Walls	
Men's Auxiliary	Men wi men of	th a mission to stimulate Christian fellowship with each and other all ages and to perpetuate a relationship between Mt. Pisgah and the nity. Meetings are the third Tuesday of every month at 7:00 pm	Ministry Leader: Bro. Eddie Pope	
Men's Choir	Our mission is to bring glory and praise to God in song; to bless souls with Ministry Leader		Ministry Leader: Bro. Billy Cash	
Men's Ushers		no greet and serve those who enter the church on the second Sunday		Ministry Leader: Bro. Carl Wilson
Nursing Ministry	assistan	nistry is composed of medical professionals and provides medical ace to individuals during worship services and other church activities.	S	Ministry Leader: is. Sandra Geathers
Octavia Dandridge Wo Missionary Society	men's A	structured and organized society of women of diverse socioeconomic, altural and educational background		Ministry Leader: Sis. Darlene Foreman

The Ministries Continued

						
			e African Methodist, Episcopal Church who endeavor to make ble opportunities and resources to meet the changing concerns of			
			le throughout the world and within our community. We also provide	,		
			ual encouragement with God's word. Meeting are held the 3rd			
			rday of the month at 12 noon.			
Praise Team	Ou		on is to set the atmosphere for all to experience the presence of		Ministry Leader:	
			arsal every Saturday @ 12:00 pm.		s. Tiffany Fauntleroy	
Prayer in Motion		A litu	turgical mime group that ministers to the people of God using		Ministry Leader:	
			can Sign Language (ASL) and body language, silently acting out	S	is. Dolores Clinton	
			essage of the sacred songs and hymns of the church. Rehearsals			
			idays, 5:45 – 7:00 pm. Service ministry is the third Sundays of			
			nonth. New members are welcomed.			
Pray Until Somet		The m	hission of the Prayer Ministry is to actively encourage all people to		stry Leader: Evangelist	
Happens (PUSH)			onally be involved in a lifestyle of drawing near to God and to	Ber	nadine DeVose-Walls	
			into a deeper relationship with God through prayer. PUSH joins to			
G 1G 1			ogether on the second Sunday of the month from 8:30 – 9:30 am.		M T 1	
Seasoned Saints			istry serving seniors and retirees with the focus of providing		Ministry Leader:	
			nation in life, political and health issues. Meetings are on the third	2	Sis. Arthean Wicks	
Social Action Mir	niatur.		ay of the month at 2:00 pm.		Ministry I andors	
Social Action Min	nstry		th Mt. Pisgah being a member of POWER Interfaith Organization,		Ministry Leader: Rev. Phyllis Harris	
			are working with them to learn how to bring about change in our Rev. Phyllis Hountry. We are intentional about learning the "issues" that affect us and		xcv. I flyffis Haffis	
			ommunity which includes governmental policies, laws and actions.			
Sounds of Joy	Our mission		name: we are responsible for the joyful sounds of worship so that Go	nd Dd	Ministry Leader:	
Media Ministry			God's people can be blessed. Our mission is twofold: the Sound Bo		Bro. Keith Arrington	
that controls all of the sound during the worship experience – the audio microphones, the						
			monitors are all connected to provide perfect syncopation. The Sou			
	System -eve	ery piece	e of equipment is checked to assure it is fully functional. The Livest	ream		
			Sunday from the Sanctuary. The Projection Screens helps to enhan			
			nce by displaying the hymns, the Scripture and the liturgy, and vide	О		
	presentation					
Spice of Life			manages the kitchen and pantry area and prepares the collations		Ministry Leader:	
	for spec			L	Sis. Patty Layne	
37 4 1 1/ 3/11			stry geared to encouraging, uplifting, and providing an avenue		Ministry Leader:	
Young Adult Min			church to minister to men and women from the ages of 18 to 40.	Sis. Donielle Warren		
			ed for the purpose of implementing a missionary program on the			
(YPD)		local	church level for our youth. Meets every 3 rd Saturday at 1:00 pm.	3	is. Leslie Anderson	
Youth Ministry P	Planning Tea	m	Consists of the leaders of all youth ministries as well as volunteers		Ministry Leader:	
(YMPT)	<i>g</i>		who love young people. The goal is to plan activities that involve			
,			all children and youth, determine how we can best meet their		S	
			needs and be a support for parents. YMPT meets as needed.			
			Meeting dates will be announced in the church bulletin.			

Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. Colossians 3:23-24



HIERLITH

HEALTH CORNER

COLON CANCER IN THE AFRICAN AMERICAN COMMUNITY

Colon cancer is the type of cancer that develops in the large intestine, also known as the colon. This type of cancer typically affects older adults, though it can happen at any age. Colon cancer usually begins with a small polyp (noncancerous clumps of cells) that grow on the inside of the colon. According to research, when compared with whites, African Americans get colon cancer more often, and die from it more often. The reason for the increase is complex but can be attributed to the differences in risk factors in healthcare access for this population. African Americans often experience greater barriers toward early prevention, detection, treatment, and survival.

The major signs and symptoms of colon cancer include persistent changes in your normal bowel habits, blood in your stool, abdominal pain that will not go away, weakness, or an unexplained weight loss. Some people do not experience any of these symptoms in the early stages of colon cancer. Notify your primary doctor if any of these symptoms persist. When you reach the age of 50, your doctor may start to screen you for colon cancer. Early detection increases your survival rate. It is also important to inform your doctor if there is a history of colon cancer in your family.

Doctors are not certain what causes colon cancer. There are some risk factors that can increase your chances of developing colon cancer. Some of these risk factors are your age (over 50), race (African Americans have a greater risk than do people of other races), history of polyps, family history of colon cancer, diet (low fiber, high fiber diet close), diabetes, smoking, alcohol consumption, obesity, physical inactivity, radiation therapy to treat cancer, and inflammatory intestinal conditions (Crohn's disease). You can change some of these factors to help reduce your risk of developing colon cancer. Start eating a variety of fruits, vegetables, and whole grains, avoid excessive consumption of alcohol, stop smoking, exercise, and maintain a healthy weight. Treating colon cancer depends on the size of the tumor, location, and if the cancer has spread to other parts of the body. Treatment for colon cancer may include surgery, chemotherapy, and/or radiation therapy.

Submitted by Juanita Arrington

Pauline was part of the last blood drive we had at Mt. Pisgah Church she was recognized for being a Lifetime donor for the Red Cross

DONOR FOR LIFE



After donating blood faithfully for years

to the Region 3 blood drive, Pauline Devose has reached the incredible milestone of 11 gallons over 88 lifetime blood donations! Pauline didn't let the pandemic get in her way. She faithfully continued to donate much-needed blood where she could. Her milestone donation was made at her sister's church on July 17th. The Red Cross has recognized Pauline as a donor for life.



Pauline with her sister, Bernadine De Vose-Walls

Submitted by: Bernadine DeVose Walls

HEALTH CORNER CONTINUED



YOUR BODY SERVES AS PROOF OF GOD'S CREATIVITY AND LOVE

The Bible says that God knows the amount of hairs on your head! That's how much he cares about you and your body. Did God really take the time to create me? Yes, you were created in God's image. It's in the Bible, "So God created man in His own image; in the image of God He created him; male and female He created them" (Genesis 1:27NKJV). What am I really worth? You were saved with the priceless and pure blood of Jesus. This

means that you're worth more than anything in this world! In 1 Peter 1:18-19, NKJV, the Bible says, "knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, but with the precious blood of Christ, as of a lamb without blemish and without spot."

Since it's my body, can't I do what I want with it? Your body is not yours. It belongs to God and serves as a temple of the Holy Spirit. It's in the Bible, "Do

you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body" (1 Corinthians 6:19-20, NIV). We honor God by taking care of our bodies. We honor God by being careful with what we see, think, eat, hear, and say. The Bible says, "Therefore, whether you eat or drink, or whatever you do, do all to the glory of God" (1 Corinthians 10:31, NKJV).

5 RULES for Living a **HEALTHY LIFE**

A group of National Experts in the Health field suggests following these 5 rules for a long and heathy life.

1. Fruits and Eat A Variety of Foods especially Vegetables

It's ok to eat cake and ice cream sometimes but your best choice is to eat a lot of different things. Then you are more likely to get all the vitamins and minerals your body needs. Try this to get your 5 serving of fruit and vegetables a day: ½ cup of strawberries on your cereal in the morning, 10 baby carrots and two broccolis at lunch, a cup of fruit juice and a ½ cup of salsa and chips for snacks

2. Drink WATER and MILK most of the time.

When you are thirsty, cold water is the best to drink. You also need a lot of calcium in your diet and milk gives you that. It is ok to have 100% juice but don't drink too many sodas or sugary drinks.

3. Listen to your Body

When you eat make sure you know when you are full. Eating too much can make you uncomfortable and make you weigh too much. If you are full - then don't eat

4. Limit your Screen Time.

This means don't spend too much time in front of the TV, playing video games, watching DVD's or videos, handheld computer games. It's ok to do school work at the computer but spend as much time doing active things as sitting in front of the screen.

5. BE ACTIVE

Your one job as a kid is to have fun and figure out what activities you like best. Run, walk, bike, dance, do karate, swim, play soccer or baseball. When you find something you enjoy tell your parents to get you involved in that.

Submitted by: Dolores Clinton



TO EVERYTHING THERE IS A SEASON AND A TIME FOR EVERY PURPOSE

Birthday/Birth

months of July, August, September



JULY 2021	AUGUST 2021	SEPTEMBER 2021
Josephine Johnson - 5 th	Daphin Jackson - 1st	Shirley Harris - 2 nd
Jannie Weeks - 15 th	Pastor Jay - 2 nd	Wade Fauntleroy - 3 rd
Darrell Alston - 20 th	Jasmin Criss -2 nd	Kevin Frazier - 9 th
Linda Graham - 21 st	Tia Criss - 2 nd	Lydia Mike - 12 th
Carrie Yon - 22nd	Bruce Cunningham - 11th	Tim Walls - 15 th
Henrietta Stukes - 25 th	Tyler Criss - 13th	June Hayes - 17 th
Douglas Clark - 28 th	Steve Patterson - 22 nd	Arletha Pierce - 18 th
Catherine Stewart - 29 th	Darlene Foreman - 25 th	Crystal Moses - 26 th
	Gloria Geathers - 25 th	Vivian Gee - 29 th
	Michelle Young - 27th	Tiffany Fauntleroy - 30th





Tim & Bernadine will be celebrating 30 Year Anniversary on October 5.

To God be thy glory for the wonderful things he has done!



A TIME TO BE HEALED...

Sick & Shut-in



Darrell Alston		5121 Cedar Ave. (43)	
Verbatine Alston		6212 Sansom Street (39)	
Sheila Booker		118 E. Hurter Street (19)	
Robert Brown		1420 Clearview Street, Apt. H110 (32)	
Billy Cash		1118E Sydney Street, 19150	
Elizabeth Cason Kamara		4928 N. Camac St (41))	
Phyllis Covington		418 No. 53rd Street (39)	
Khalil Edwards		2401 Benson St., Phila, PA (19152)	
Jackie Gardiner		2133 S. 58th Street (43)	
Vivian H. Gee		3600 Conshohocken Ave., Apt. 513(31)	
Melvin Francis		1030 Belmont Ave., Apt 706, (04)	
Elizabeth Hopkins		1220 No. 53rd Street (31)	
Therion Hudson		306 N. 41st Street (04)	
Syreeta Jeter		411 N. 42nd Street (04)	
Elizabeth E. Lavender		5917Washington Ave. (43)	
Elizabeth Kamara		2100 N. 49th St. Apt. 103 (31)	
Corine McKeithan		4239 Pennsgrove St. (04)	
Vincent Mercer		1345 71 St Avenue (26)	
Felicia Olugbode		4131 Spring Garden St. (19104)	
Rev. Issac N. Patterson IV	The Waterma	ark Logan Sq. Apt. 812, 2 Franklin Town Blvd.19103	
Arleatha D. Pierce		5524 Haverford Ave. Apt 413 (39)	
Ida Pierce		5458 Locust Street (39)	
Eddie & Diane Pope		2338 W, Cheltenham Ave., Phila, PA 19150	
Maryetta Reid		4511 Walnut Street, Apt 220 (39)	
David Rivers		5524 Haverford Ave. Apt 509 (39)	
Catherine Thompson		4400 Fairmount Avenue, Apt.102 (19104)	
Audrey Washington		6213 Carpenter Street (43)	
Australia Weaver		3713 Mimi Circle, Phila, PA 19131	
Mamie Young		4342 Pine Street, Phila, PA 19104	
Marlene Winfield		3939 Conshohocken Ave. Apt. 521 (19131)	

NURSING CARE, ASSISTANT CARE

Verna Cox	Harston Hall RM# 324B 350 Haws Lane, Flourtown, PA 19031
Willie Hamwright	The Watermark Logan Sq., Apt. 812 2 Franklin Town Blvd. (03)
Madeline Logan	Manor Care, RM 24A, 14 Lincoln Ave., Yeadon, PA., (19050)
Henrietta Stukes	Simpson House, 2101 Belmont Ave, Apt. 3102 Phila, PA 19131

HOSPITAL, SHORT TERM REHABILITATION

Kathy Johnson	Frankford Hospital RM#400419124
Alonza Walls, Jr.	Caring Heart Rehabilitation, 6445 Germantown Ave. RM #538A 19119

Please remember our Sick and Homebound with a card and or a phone call. Always keep them in prayers.







Mount Pisgah AME Church School Christmas Play



Please Join the Church School On Sunday, December 19, 2021 9:00 AM (Virtual)

Church School Conference Number Thone: 267-807-9605, access code 316885#

Our 1st Annual Christmas Play. The Mt. Pisgah AME Players Will Present

"Touched By An Angel"

It Is Sure To Be A Crowd Pleaser!!!







MOUNT PISGAH'S SOCIAL ACTION AGENDA

"EDUCATION & ADVOCATING ON THE ISSUES"

Church E-Mail: info@mtpisgahamec.org
Website: www.mtpisgahamec.org
Church Office# 215-386-6181 Church Fax# 215-386-3341

THURSDAY, October 7, 2021 TIME: 7 P.M.

ZOOM: https://zoom.us/j/2153866181 DIAL IN BY PHONE: 929-205-6099 MEETING ID: 215 386 6181



"BUILD YOUR BALLOT"

OUR NEXT MEETINGS:

NOVEMBER 4, 2021 @ 7 P.M. DECEMBER 2, 2021 @ 7 P.M.

IF YOU PLAN TO ATTEND OUR MEETING:

CALL OR TEXT: REV. PHYLLIS A. HARRIS, COORDINATOR CELL# 215-901-4269 Rev. Jay B. Broadnax, Pastor

CALLING ALL WORSHIPPERS

Let them praise his name with dancing Psalm 149:3

OPEN MEMBERSHIP IN BOTH GROUPS

Angels of Praise Dance Ministry

(Ages: 6-18)



PRAYER IN MOTION MIME MINISTRY

(Age 7 – Adults)



Wearing a linen ephod, David was dancing before the Lord with all his might...2 Samuel 6:14

The young women will dance and be glad, young men and old as well.

Jeremiah 31:13



Tiffany Fauntleroy (Angels of Praise)215-436-0364 Wade Fauntleroy (MIME) 267-971-6865)





Mount Pisgah AME Church

American Red Cross Blood Drive
Tuesday, November 2nd
1:00 pm-6:00 pm
428 N. 41st Street, Philadelphia, PA 19104

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter sponsor code: COG-Mt Pisgah to schedule an appointment today.

CLICK HERE for: COVID-19 DONOR INFORMATION

Save time on the day of the donation and visit www.redcrossplood.org/rapidpass

Donor Eliquibility Guidelines | Donation Tips. | Tips to Boost Your Iron

Don't forget to HYDRATE and please remember your ID.

We're testing for Sickle Cell Trait Screening on all donations from self-identified African American blood donors

Special Offer from Our Partners at Amazon: As a special thank you for your donors' time and blood donation, when they come to donate blood on November 2, 2021, they'll receive a \$20 Gift Card from Amazon by email.



All donors receive a free health screening prior to donating.

1-800-RED CROSS | RedCrossBlood.org/OurBlood | #BlackBloodDonorsNeeded

* Free health screening will check temperature, blood presture, pulse rate and herooglobn (see) lausts, © 2021 The American Red Cross | 2021-APL-0094 | 318601-M2-02



Elsie Galloway Shirley McGill

(Former Member)

Gloria Stanton

Life's Race Well Run Life's Work Well Done Life's Victory Won



Please send us articles of interest, stories, birthdays, baby births, anniversaries, any

Mt. Pisgah Family and Friends

celebrations, upcoming events, anything you want to share with the church members and communities.

Send to: Dolores M. Clinton dimclinton@verizon.net or Betty Hammond bhlolalou144@gmail.com

Help us to help you stay informed and to continue enjoying

THE VIEW from Mt. Pisgah

Deadline for the January 2022 issue is December 12, 2021

Thank you!