

2022



Mt. Pisgah A. M. E. Church 428 N 41st Street Philadelphia, PA 19104 Rev Jay B. Broadnax, Pastor

FROM MOUNT PISGAH

FALL



Message from our Pastor Reverend Jay B. Broadnax



Balance Matters

For many of us, there are no limits to busy. We do what we have to do, which usually means driving ourselves to the max and putting self-care last. Although we have to work to survive, the truth is that

we must have balance to really *live*. We become so inextricably bound up in doing all that we can just to try to survive and keep a roof over our heads that we don't include restorative, life giving activities in our daily grind. God created us with a need for BALANCE.

"LORD, you alone are my portion and my cup; you make my lot secure. The <u>boundary</u> <u>lines</u> have fallen for me in pleasant places..." Psalm 16:5-6 (NIV)

God has boundary lines established for us that are pleasant and manageable. God never meant for our lives to be a constant drive to survive. Rather, God's plan includes peace, order, and enjoyment. To find that pleasant place, we need to have healthy boundaries on our time with enough margin built in. Margin plays an important part with a boundary on our lives. Margin creates safe places, adding beauty, recreation and balance for the eye and mind.

As an example, we might look at life from an editor's point of view. The beauty of a well-designed page isn't just what you see; it's also what you don't see. The un-designed area, called white space, along with appealing graphics, carry as much, if not more, impact as the words. A significant value of white space is to make the page visually appealing, so you want to read it, and the pictures make it fun. As our eyes scan a wordy page, our minds tell us it's too much work and we shut down. But a page with a few pictures and some white space invites you in. It doesn't feel overwhelming but doable. White space gives the reader a mental break while at the same time drawing your attention to what's most important. Pictures make it entertaining and maybe even fun and humorous.

This is what a life with margin around boundaries and recreation does for us. When our lives are overcrowded with "content" and lacking white space or pictures, we will feel cluttered and confused. It's hard to identify what's most important because it all runs together in a blur. But by creating balance in establishing boundaries for our busyness (i.e., giving yourself permission to rest and enjoy a dose of *blessed quietness*), and then incorporating some recreation and fun (walk, dance, play games, exercise), we give ourselves breathing room. We give ourselves time to think, dream and recharge.

Finding balance *is* possible. Establishing healthy boundaries involves editing the content in our lives, and carefully identifying what is most important as well as what brings us joy. You are worth it!



CONTENTS

1. The View (Cover)	20. The Woman who found Thanksgiving
2. Message from our Pastor	21. Advent
<i>3. Inside this Issue</i>	22. Advent
4. Message from our Editor	23. Christmas Word Scramble
5. Lay Organization	24. Holy Week Word Search
6. Congratulations Keith	25. Christmas Poem
7. Faith in God's Word	26. Twelve Days of Christmas
8. Prayer Calendar	27. True meaning of the Candy Cane
9. Handling it God's Way	28. Kwanzaa
10. Handling it God's Way	29. Birthday/Birth
11. Words of Scriptures	30. Birth Congratulations
12. Things Momma Said	31. Announcement
13.What's Cooking	<i>32. A Time to Healed</i>
14. Revelations 22:1-7	<i>33. Just a Reminder</i>
	Christmas Word Scramble Answers
15. Health Corner	<i>34. Forever in our Hearts</i>
16. Dept. of Christian Education Book List	<i>35. Important Notice -Deadline 12/11/2022</i>
17. Dept. of Christian Education Book List	
18. Dept. of Christian Education Book List	
19. The Woman who found Thanksgiving	

PLEASE REMEMBER



WE ARE STILL NOT IN THE CLEAR!

Message from the Editor Keith W. Arrington, Sr.

Children are a heritage from the Lord, offspring a reward from Him. ~ Psalm 127:3





As we enter this Holiday Season, the Arrington family will have the occasion to celebrate our adorable Heritage from the Lord! On October 24th, Bellarose Dengoue will crawl for sure or, just maybe, walk into her 1st birthday! "Bella" has a legacy that is deeply rooted at Mt. Pisgah. Bella is the great granddaughter to Tisha Arrington, granddaughter to Keith and Juanita Arrington, and the most precious reward to her mom and dad, Briana Arrington-Dengoue and Christian Dengoue!

Bellarose has truly been so rewarding to the Arrington family. In recent years, the Holiday season has brought with it profound loss and

pain for the family. Hence, it should not be taken lightly that God sent Bella to us early in the season. For us, she represents the restoration of joy. What a joy it is to watch a baby grow! The innocence of a little baby, prayerfully with the only cares in the world being where's my next bottle – what else is there to eat – and who's gonna change this soiled pamper? Come on now, don't everyone jump at once!



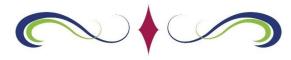


For the Arrington family, Bellarose is our

reminder to celebrate what's right in the world, to look for those things that bring joy so as to confound those things that bring sorrow. That's a message for us all! In this life, there is sure to be sorrow. In this season, and in every season, there will be remembrances that will exude a sense of despair. Yet, we also know that we serve a faithful God. In the midst of cherishing those precious memories that linger, also be cognizant of those seasonal seeds that the Lord has surely planted that will uplift your soul and restore your joy!

Happy 1st birthday Bellarose – Bella – Bellz! We look forward to showering you with gifts as you are a most wonderful gift to the family, a

heritage and reward from the Lord!







Margaret Miller, PCLO Director of Lay Activities President of Mt. Pisgah Lay Organization

Workshop Presentations 2022-23

Meeting Dates September 17, 2022 October 15, 2022	Calendar Delegates Report – First District Lay Annual Meeting Annual Retreat: Cheryl Ford, PCLO Social Action Workshop: Voting Worship Sermon: Presiding Elder Janet J. Sturdivant
November 19, 2022	Health Presentation: Cherie Debrest, Children's Hospital of Philadelphia.
December 17, 2022	*Meeting held in person. Host church, Mt. Zion AMEC Norristown, PA. Christmas Meditation, Rev. Carlos Bounds Boxed lunch and Christmas gifts/card distributed
January 21, 2023	Rev. William Christian Gipson, Chaplain, Alpha Phi Alpha Fraternity Rho Chapter, Philadelphia, PA Associate Vice Provost for Equity and Access at the University of Pennsylvania. Rev. Martin L. King, Jr. was a member of Alpha Phi Alpha Fraternity.
February 18, 2023	Catherine Hicks, President of the Philadelphia NAACP. She is the first woman elected president of the Philadelphia NAACP Chapter.
March 18, 2023	Delegates Report Mid-Year Meeting
April 15, 2023	Starsha Frierson, 1 st V.P. PCLO presenter for workshop "Church Hurt"
May 18, 2023	*Meeting held in person. We are touring Bartram Garden and having the PCLO meeting. Lunch served by the host church, Ward Emmanuel AMEC.

Submitted by Margaret Miller, Philadelphia Conference Lay Organization Director of Lay Activities and President, Mt. Pisgah Lay Organization



Congratulations Congratulations BROTHER KEITH ARRINGTON, SR.

Un Sung Hero



On this Special Occasion It's a pleasure to Congratulate you and to ask the Lord above to continue to Bless all that you do!





And we know that to them that love the God. All things work together for the good, even to them that are called according to his purpose. Romans 8:28

Submitted by: Arthean Wicks



FAITH IN GOD'S WORD



Christian Faith



One thing that is essential to the Christian life is faith. As Christians we must have faith to have a good relationship with God. We must trust Him completely and believe everything the Bible teaches. By exhibiting faith in God, we show God how much we love Him. We walk by faith and not by sight We must trust God when there is no trace of Him We must stand on His word when everything around us is crumbling Real faith is believing in God for what

(Is Your Vision Clear?)

we can't see

Submitted by: Arthean Wicks



PRAYER CALENDAR

1 SALVATION Lord, I pray that I will obtain the salvation that is in Christ Jesus, with eternal glory. 2 Timothy 2:10	2 GOD'S GRACE I pray that I may grow in the grace and knowledge of our Lord and Savior Jesus Christ. 2 Peter 3:18	3 LOVE Father, grant that I will learn to live a life of love, through the Spirit who lives in me. Ephesians 5:2	4 INTEGRITY Lord, may integrity and uprightness protect me because my hope is in you. Psalm 25:21	5 SELF-CONTROL Father, help me not be like many others, but to be alert and self- controlled in all they do. 1 Thessalonians 5:6	6 LOVE FOR GOD'S WORD Lord, may I regard your Word as more precious than gold and sweeter than honey. Psalm 19:10	7 JUSTICE God, help me to love justice as You do and act justly in all I do. Psalm 11:7 & Micah 6:8
8 MERCY Oh Father, grant that I would be full of mercy and compassion as you are, Lord. James 5:11	9 <u>RESPECT</u> Lord, help me to show proper respect to everyone, as your Word commands. 1 Peter 2:17	10 SELF-ESTEEM God, help me develop a strong self-esteem rooted in the realization that I am Your workmanship. Ephesians 2:10	11 FAITHFULNESS Let faithfulness never leave me, but bind this virtue around my neck. Proverbs 3:3	12 COURAGE Lord, may I always be strong and courageous in my character and my actions. Deuteronomy 31:6	13 <u>PURITY</u> Create in me pure hearts, O God, and let that purity of heart be shown in my life. <u>Psalm 51:10</u>	14 <u>KINDNESS</u> Father, I pray that I would be kind to others and good to everyone. 1 Thessalonians 5:15
15 GENEROSITY Lord, I pray I will be rich in good deeds, generous and willing to share. 1 Timothy 6:18	16 PEACE LOVING Father God, help me make every effort to do what leads to peace. Romans 14:19	17 JOY Heavenly Father, grant that I will be filled with the joy given by the Holy Spirit. 1 Thessalonians 1:6	18 PERSEVERANCE Lord, teach me to persevere in all I do, and help me to run with perseverance the race set before me. Hebrews 12:1	19 HUMILITY God, please cultivate in me the ability to show true humility toward all. Titus 3:2	20 COMPASSION Holy Father, I pray that You would clothe me with the virtue of compassion. Colossians 3:12	21 RESPONSIBILITY Lord, grant that I would learn to be responsible, for each one of us should carry our own load. Galatians 6:5
22 <u>CONTENTMENT</u> Father, teach me the secret of being content in every situation, through Him who gives me strength. <u>Philipplans 4:12-13</u>	23 FAITH Lord, help me to fight the good fight of faith, taking hold of the eternal life to which I am called. 1 Timothy 6:12	24 A SERVANT'S HEART God, help me develop a servant heart that I may serve wholeheartedly. Ephesians 6:7	25 HOPE God of hope, grant that I may overflow with hope and hopefulness by the power of the Holy Spirit. Romans 15:13	26 PATTENCE God, strengthen me with all power, so that I may have great endurance and patience. Galatians 5:22	27 PASSION FOR THE LORD Lord, I pray my soul would pant for you as the deer pants for streams of water. Psalm 42:1	28 <u>WISDOM</u> Father, I pray I would ask and that you would generously give wisdom to me as you promise. James 1:5
29 PRAYERFULNESS I ask that I will be committed to prayer, and not faint, lose heart or give up. Luke 18:1	to live a life that over-flow	31 BOLDNESS I pray that I will fearlessly make known the mystery of the gospel of Christ Jesus, Ephesians 6:19	Prayer Changes Things! May God Bless You and Your Family with a Healthy, Happy and Prosperous New Year!! Use this calendar as a guide each month.			

HANDLING IT GOD'S WAY

WHAT THE BIBLE SAY ABOUT PARENTS AND PARENTING



Perfect parents don't exist. Recognize that you are doing the best you can with what you have at the time. If a particular mistake bugs you, apologize. Then, do better regardless the age of your children. As a parents, you must take care of yourself. Make self-care a priority. And particularly black mothers strive to meet unnaturally high standards. Be great, but don't kill yourself trying to be perfect. No one gets through life without making mistakes. These are some things the experts tell us. But what does God say?

The Bible is full of examples for us about being parents. Parenting is one of the hardest jobs, if not the hardest job, that God has given us. The Bible tells us that children are a blessing and gift to parents, yet there are times we are left confused and worried that we are not doing it right. Although parenting books can be helpful and give Biblical advice, it is the word of God that can offer parents wisdom and encouragement. Read these Bible verses as a guide to parent your children toward Godliness.

Colossian 3:21

Fathers, do not embitter your children, or they will become discouraged.

Ephesians 6:4

Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

Exodus 20:12

Honor your father and mother, so that you may live long in the land the Lord your God is giving you.

Hebrews 12:11

No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

Proverbs 13:24

Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them.

Proverbs 22:6

Train children in the right way, and when old they will not stray

Proverbs 29:15

A rod and a reprimand impart wisdom, but a child left undisciplined disgraces its mother.

Proverbs 29:17

Discipline your children, and they will give you peace; they will bring you the delights you desire.

Matthew 6:33-34

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

HANDLING IT GOD'S WAY CONTINUED

WHAT THE BIBLE SAY ABOUT PARENTS AND PARENTING

Proverbs 1:8-9

Listen, my son, to your father's instruction and do not forsake your mother's teaching. They are a garland to grace your head and a chain to adorn your neck.

1 Peter 5:2-3

Be shepherds of God's flock that is under your care, watching over them - not because you must, but because you are willing, as God wants you to be; not pursing dishonest gain, but eager to serve; not lording it over those entrusted to you, but being examples to the flock.

Psalm 127:3-5

Children are a heritage from the Lord, offspring a reward from him. Like arrows in the hands of a warrior are children born in one's youth. Blessed is the man whose quiver is full of them. They will not be put to shame when they contend with their opponents in court.

ALSO TAKE THE TIME TO READ THESE SCRIPTURES

Deuteronomy 6:6-9 Ephesians 6:1-4 Joshua 4:20-24 Hebrews 12:7-11 Psalm 78:1-7 Titus 2:2-8 Proverbs 2:1-12



Children who have a good relationship with their parents will have a better, and earlier, relationship with God. God intended the family to be an example of God's relationship with man. Being a good role model, not allowing children to play one parent against the other and spending time teaching our children about the Lord and how to live in this world are parenting truths in the Bible.

Our greatest concern for our children should be that they grow to love God above all else.

Excerpts from articles by David Peach and the Bible Study Tools Staff

Submitted by: Dolores Clinton



WORDS OF SCRIPTURES

"Oh, that their hearts would be inclined to fear me and keep all my commands always, so that it might go well with them and their children forever!"

-Deuteronomy 5:29

"These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up."

-Deuteronomy 6:6-7

"Hear, my son, your father's instruction, and forsake not your mother's teaching, for they are a graceful garland for your head and pendants for your neck."

-Proverbs 1:8-9

"Discipline your children, and they will give you peace of mind and will make your heart glad."

-Proverbs 29:17

THINGS MOMMA SAID

Growing up there were things Momma said that we swore we would never say to our kids only to hear our mother's saying come out of our mouths. Do you remember these sayings that we said we would never say, but do?

"The only thing new in this world is you." "If you don't stop that crying, I'm gonna give you something to cry about." "A hard head makes a soft behind." "Beggars can't be choosey." "Wait until you have children of your own." "Eat it or go hungry." "You forget your head if it wasn't attached to your shoulders." "Now, that's the pot calling the kettle black." "Where there's a will, there's a way." "Wait until you have to pay bills." "Because I said so, that's why." "As long as you're under my roof, you live by my rules." "God gave you a brain, use it." "Ask a stupid question, get a stupid answer." "When you have kids, I hope they're just like you." "Don't you use that tone with me Mister/Missy." 'You better wipe that look off your face." "There is no such word as can't." "If you want something done, do it yourself." "Use your head for more than a coat/hat rack." "If it were a snake, it would have bitten you." "If you leave late, you won't be on time." "Do as I say, not as I do." "If everyone else jumped off the bridge, would you do it too."





 c. low-sodium chicken or vegetable broth
(10-oz.) pkg. frozen green peas
sm. onion, sliced
tsp. dried thyme, crushed Salt & pepper to taste 2 med. carrots, sliced 1 T. olive oil 2 cloves garlic, minced 1 tsp. sugar substitute

Heat chicken broth in medium saucepan until boiling. Add the carrots and cook until just tender, about 3 minutes. Add the green peas and bring to a boil; reduce heat and cook for another 3 to 4 minutes longer. Drain. Heat olive oil over medium-high heat until hot. Add the onion, garlic and thyme. Cook and stir until onion is tender. Add the drained peas and carrots, sugar, salt and pepper. Cook and stir until vegetables are heated through, about 2 to 3 minutes. Serves 4.

Henrietta J. Stukes Mt. Pisqah A.M.E.C.

GRISPY BAKED CHICKEN

³⁄₄ c. cornflakes 1¹⁄₂ tsp. salt ¹⁄₄ tsp. pepper 1 egg, beaten 3 lbs. chicken legs & thighs 8 T. butter

Preheat oven to 350°. Crush cornflakes to make crumbs in bowl. Add salt and pepper. Beat egg in separate shallow dish. Line 9 x 13inch baking pan with foil. Dip chicken in egg, then in cornflake mixture. Place in aluminum foil-lined pan. Melt butter and drizzle over chicken. Bake uncovered for 1 to 1½ hours or until juice runs clear when pricked with a fork.

> Vivian H. Gee Mt. Pisgah A.M.E.C. Philadelphia, PA

CHURCH SCHOOL

REVELATION 22:1-7

Revelation chapter 22 contains God's last message to humankind. The word "revelation" means "an unveiling or disclosure." This writing unveils future events such as the rapture, the tribulation, the emergence of the Antichrist, the persecution of Israel and her amazing revival, as well as Jesus second coming, the judgement of Satan and his followers and the eternal state.

Here at the close of the Bible we are reintroduced to the tree of life, which has not been mentioned in the Bible since Genesis 3, where Adam and Eve sinned in the Garden of Eden. Genesis Chapter 3 described humanity's loss of paradise; Revelation 22 describes paradise regained. In the Paradise of God, the tree of life which was in the Garden of Eden now offers peace, healing, perpetual life and health as well as food.

Revelation 22:1 says, "And he showed me a pure river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb."

The water of life is a symbol of eternal life and possesses life-giving powers, producing health and strength wherever it goes. The Source is the Father and the Lamb. This "water" springs up into everlasting life. When the soldier pierced Jesus's side, water and blood gushed forth (John19:34). This is the water of life.

Life in heaven will be fully energized, rich, and exciting continuously. The greatest blessing of eternity is that we shall see His face. The picture of eternal life in these verses indicates that we will be busy serving God for all eternity. We will both serve Him (verse 3) and reign with Him (verse 5). Since He is an infinite God, we can be sure He will have infinite things for us to do as we reign there forever. The phrase "they shall see His face" means as believers, we will be granted an audience with the King on a regular basis.

Jesus is speaking when He says, "Behold I come quickly." Jesus's return is imminent. As believers we must be obedient to God's word. It calls believers to long for Christ's return and our eternal fellowship with Him, to desire Heaven, to desire holiness, to desire to see Christ vindicated and for Him to triumph over His enemies. To desire the end of the curse and to desire the glories of Christ's

earthly kingdom and the New Heaven and the New Earth. The best is yet to come, Saints. We sing, 'When we all get to heaven, what a day of rejoicing that will

The best is yet to come, Saints. We sing, 'When we all get to heaven, what a day of rejoicing that will be, when we all see Jesus, we'll sing and shout the victory!' He gave us that assurance when He got up from the grave with all power in Heaven and Earth in His hands.

Thus, the purpose of Revelation is not to provide entertainment and to merely satisfy the curiosity of believers about the future, but to reveal the glory of God's Son and call believers to live godly, obedient lives in light of His soon return.

The best is yet to come, Saints, when we shall see God's face.

Submitted by the Sunday Church School Sis. Valerie Ives, Superintendent



HEALTH CORNER

OCT

Eye Injury Prevention Month

Health Literacy Month

National Breast Cancer Awareness Month

National Bullying Prevention Month

HEALTH 2022 WELLNESS

NOV

American Diabetes Month COPD Awareness Month Diabetic Eye Disease Month Lung Cancer Awareness

Lung Cancer Awareness Month

National Alzheimer's Disease Awareness Month

DEC

World AIDS Day National Influenza Vaccination Week

Crohn's and Colitis Awareness Week

DEPARTMENT OF CHRISTIAN EDUCATION



RECOMMENDED READING LIST#2 (2022-2023)



AGES: 0-5

My First Bible for Children of Color: By-Patrice Banks Lee Jesus is the Reason for the Season: By- Gisele Quarterman Goodnight Butterfly: By-Ross Burach I Am Enough: By-Grace Byers The Story of Ruby Bridges: By-Robert Coles The Paperboy: By-Dav Pilkey Clifford the Big Red Friend: By-Norman Bridwell I Am Every Good Thing: By-Derrick Barnes & amp; Gordon C. James The Little Butterfly That Could: By-Ross Burach A Little Story of Belonging: By-Diane Alber

AGES 6-8

My First Bible: By-Patrice Banks Lee NIV Adventure Bible: By-Zondervan Children of Color Storybook Bible: By-Victor Hogan Jesus is the Reason for the Season: By-Gisele Quarterman Fruit of the Spirit Stories: By-Darissa Williams Destination DIG: By-B&H Editorial Staff How Great Is our God: By-Louie Giglio Me, Frida and the Peacock Ring: By-Angela Cervantes The Little Butterfly That Could: By-Ross Burach I Am Ruby Bridges: By-Ruby Bridges High Score: By-Destiny Howell Goodnight Butterfly: By-Ross Burach I Am Enough: By-Grace Byers Unlawful Orders: By- Barbara Binns Diary of the Wimpy Kid #16 Big Shot: By-Jeff Kinney Black Boy Joy: By-Kwame Mbalia All Because You Matter: By-Tami Charles A Little Story of Belonging: By-Diane Alber The Paperboy: By-Dav Pilkev Trouble Next Door: By-Karen English

DEPARTMENT OF CHRISTIAN EDUCATION

RECOMMENDED READING LIST#2 (2022-2023)

AGES: 9-12

NIV Adventure Bible: By-Zondervan Engage Youth Bible NIV: By-Hodder & amp; Stoughton Children of Color Storybook: By-Victor Hogan Jesus is the Reason for the Season: By-Gisele Quarterman Fruit of the Spirit Stories: By-Darissa Williams

Destination DIG: By-B&H Editorial Staff How Great Is our God: By-Louie Giglio Bible Promises for Teens: By-B&H Kids Editorial Staff Me, Frida and the Secret of the Peacock Ring: By-Ross Burach High Score: By-Destiny Howell Unlawful Orders: By-Barbara Binns Diary of the Wimpy Kid #16 Big Shot: By-Jeff Kinney Trouble Next Door: By-Karen English A Good Kind of Trouble: By-Lisa Moore Ramee Dear Black Girl: Equip, Empower, Enlighten: By-Kimberly Lowe Abad Black Boy Joy: By-Kwame Mbalia

AGES: 13-18

Engage Youth Bible NIV: By-Hodder & amp; Stoughton Bible Promises for Teens: By-B&H Kids Editorial Staff Their Eyes Were Watching God: By-Zora Neale Hurston Carrie Soto Is Back: By-Taylor Jenkins Reid The Lost Ticket: By-Freya Sampson The Two Lives of Sara: By-Catherine Adel West Black Cake: By-Charmaine Wilkerson Memphis: By-Tara Stringfellow Miss Pearly's Girls: By-ReShonda Tate Billingsley The Stolen Daughter: By-ReShonda Tate Billingsley Vanished: By-Stephen O'Neal The Struggle: By-Johnny Franklin God Forgives-The Streets Don't: By-Blake Karrington

AGES: 19+

Their Eyes Were Watching God: By-Zora Neale Hurston Carrie Soto Is Back: By-Taylor Jenkins Reid The Lost Ticket: By-Freya Sampson The Two Lives of Sara: By-Catherine Adel West Black Cake: By-Charmaine Wilkerson

DEPARTMENT OF CHRISTIAN EDUCATION

RECOMMENDED READING LIST#2 (2022-2023)

Memphis: By-Tara Stringfellow Miss Pearly's Girls: By-ReShonda Tate Billingsley The Stolen Daughter: By-ReShonda Tate Billingsley Vanished: By-Stephen O'Neal The Struggle: By-Johnny Franklin God Forgives-The Streets Don't: By-Blake Karrington God Has Not Forgotten You: By-Dr. David Jeremiah Take Back Your Family: By-Jefferson Bethke The Scandal of Forgiveness: By-Philip Yancey Christ-Centered Conflict Resolution: By-Tony Merida1. Brown Girl

Dreaming by: Jacqueline Woodson

- 2. Hidden Figures (Young reader Edition) by: Margot Lee Shetterly
- 3. Becoming (Adapted for younger readers) by: Michelle Obama
- 4. The Truth Be Told (Young reader's edition) by: Kamala Harris
- 5. Black Heroes by: Arlisha Norwood
- 6. Celeste's Harlem Renaissance by: Eleanora E. Tate
- 7. The Watson's Go to Birmingham by: Christopher Paul Curtis
- 8. The Girl Who Drank the Moon by: Kelly Barnhill
- 9. I Know My Rights by: Mysonne Linen
- 10. Amanda Gorman-The Biography
- 11. Jesus is the Reason for the Season by: Gisele L. Quarterman

Submitted by: Department of Christian Education. Rev. Phyllis A. Harris, Director Sis Shirley Moore Harris, Commission Chairperson





The Woman Who Founded

THANKSGIVING

Yes, sure, the Pilgrims and the Indians had something to do with it way back in the beginning. But it took a Philadelphia feminist named Sarah Josepha Hale (and Abe Lincoln) to make it a national holiday.

Sarah Josepha Buell Hale, who was born in 1788 the year George Washington was chosen first president, and who died in Philadelphia in 1879, suffered adversities throughout her long life that would craze a lesser woman – a brother lost at sea, her mother and her sister dead the same day in 1811, a father long ill with tuberculosis and the most devastating blow of all, the death of her husband shortly before the birth of their fifth child.

Yet she, more than any other individual, is responsible for our nationwide observance on Thanksgiving.



The book was immediately popular, and Sarah Hale was invited to become the editor of the new Ladies Magazine, the first American literary publication devoted exclusively to women. At age 40, she moved from rural New Hampshire to Boston.

As editor of the Ladies Magazine, she coaxed members of her sex to submit stories, poems and essays to the magazine – and they did, in great numbers.

BY 1837, LOUIS GODEY OF Philadelphia had purchased and combined the Ladies Magazine with his own Lady's book and hired Sarah Josephs Hale as editor of what was to become the largest circulation publication of its time. Not until her third son, William, had finished Harvard did she move to Philadelphia from Boston.

She may have been reluctant to come. Earlier she blasted the City of Brotherly Love as "merely a center of light entertainment, shopping, paying and receiving visits with no emphasis upon education." By degrees, however, she altered her opinion of the town where she would live to the age of 91.

Sarah Hale boarded several years at the Markoe House at 919 Chestnut St., between the Burd mansion and the Assembly building at 10th and Chestnut Streets. She attended opera at the Academy of Music, helped raise funds to rebuild the Pennsylvania Academy of the Fine Arts when it burned in 1845, and recommended as the best of Sunday afternoon recreations a walk to the waterworks in Fairmount Park.

At that time communities celebrated Thanksgiving according to their own timetables – or not at all. Certain farm towns chose the first Thursday after the cattle came home from summer pasture. Some towns pegged the festival to the church calendar. One year Philadelphia celebrated it in December. By 1856 Sarah Hale was campaigning again.

With increasing concern over the split between North and South, she publicized the establishment of a national Thanksgiving Day as a means of drawing the country together.

The Woman Who Founded Thanksgiving

Year after year she wrote to anybody who might further the cause and, in return, she received "letters approving this Union Festival from the Governors of nearly every State and Territory." In 1861, with war raging between Yankees and Confederates, she still begged for a nationwide holiday and one-day armistice for Thanksgiving.

In 1863, Sarah Hale started her annual appeal earlier. In the September editorial she included the suggestion that a presidential proclamation, rather than a mere concurrence of states, could establish a nationwide festival. She wrote the same message to Secretary of State William H. Seward, who replied, "I have received your interesting letter, and have commended the same to the consideration of the President."

A few weeks later, on October 3, 1963, President Abraham Lincoln issued the first national Thanksgiving Proclamation since George Washington. But it would take until 1941 – 62 years after Sarah Josepha Hale had died – before Congress made Thanksgiving a legal holiday independent of presidential proclamation. Congress chose the fourth Thursday of November, not the third. Sarah Hale would have approved of either day: "...the war of politics will be over for the year; and all elections, State and National will be closed; the harvest of the country gathered in; the preparations for winter made; and the crowning glory of all the blessings God has, during the year, bestowed on our great nation would be the union of all our States and Territories in a day of National Thanksgiving."

Excerpts from article written by Mary Wood in the Inquirer, November 20, 1983





The Meaning of Advent

Therefore, the Lord himself will give you a sign: The virgin will be with child and will give birth to a son and will call him Immanuel. (Isaiah 7:14)

Advent" simply means *coming*" as in Christ is coming, and for us now He has arrived. This is referring to His birth in history and in humanity. It meant the welcoming or the arrival of a special king and for us; it is our King of Kings. This is what the Old Testament prophecies foretold concerning Jesus' Incarnation, the Word made flesh for our Hope and Atonement that brought us our deliverance.

Advent represents our expectation, anticipation, and preparation for who Christ is and what He has done for us. He arrived into the world as a human being, being fully God and fully man. He came to identify as one of us, as the *Son of Man*, as a baby born in a manger. He came for us; He came for us, and He comes into our lives and into our hearts. He is coming again in great power and glory to bring His Kingdom into fruition.

The Advent Wreath

And again, Isaiah says, "The Root of Jesse will spring up, one who will arise to rule over the nations; the Gentiles will hope in him." May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit (Romans 15:12-13).

Traditionally, during the Christmas season we have an "Advent Wreath" in our Churches, and this is remarkably celebrated in all Denominations. The Advent Wreath is a venerable tradition that cuts across denominational and theological boundaries.

It dates to the beginning of the 19thcentury in Europe. This Advent Wreath is arranged with 4 or 5 Advent candles, 3 or 4 of which are in a circle, along with one in the center, all on a base of evergreens each has a powerful message for us about our Lord. This has prevailing imagery we should not take for granted or consider just another holiday decoration.

The Wreath: The wreath itself means "victory" as Christ's victory over sin so He can save us. The Advent Wreath has 4 or 5 candles that are arranged in a circle symbolizing Christ's eternity, as a circle has no beginning and has no end, it is a symbol for God, who is eternal and thus without beginning or end. The evergreens mean He is "ever with us," they are usually pine branches or holly that are used as a base that represents anticipation, newness, renewal, and His everlastingness. The red berries of the holly represent the shedding of Christ's blood.

• **The Candles:** The Advent candles mean the light of God coming into the world through the birth of His Son. This refers to the significance that Christ is the Light of the world. When they are lit, the illumination is to symbolize the Christ of eternity and His coming as the "Light of the World" and our worship and honor of His most precious gift of His Grace and Mercy. These candles also have a color theme too, purple, blue, pink or rose and white. The first two or three are purple meaning royalty and this is also the color of suffering and the darkness of sin,

connecting Jesus' birth and crucifixion and His triumph over sin. Blue means sky and life, pink means joy, and white means purity.

Each candle has a special meaning:

The First Candle (Purple): **"CANDLE OF HOPE"** means His promise and hope. We can have hope because God is faithful and will keep the promises, made to us. Our hope comes from God. **(Romans 15:12-13)**



- The Second Candle (Purple): "CANDLE OF PREPARATION" means His light and preparation. Preparation means to 'get ready'. "Help us to be ready to welcome YOU, O GOD!" (Luke 3:4-6)
- The Third Candle (Pink or Rose): "CANDLE OF JOY" means the angels sang a message of JOY! (Luke 2:7-15)
- The Fourth Candle (Purple or Blue): "CANDLE OF LOVE" symbolizes Christ love. God sent His only Son to earth to save us because He loves us! (John 3:16-17)
- The Fifth Candle (white): "CHRIST CANDLE" symbolizes the incarnation, the heart and reason of the season, God giving light to the world. Its location is in the center as Christ's light is central and radiant. This reminds us that Jesus is the spotless Lamb of God, sent to wash away our sins! (*in wreaths that have 4 candles, it is in the circle among the rest of the candles*)

Each candle is lighted during the worship services each week in progression until Christmas Eve or Christmas Day when the last candle is lit. Each week the new unlit candle for that week is lighted, and then the previous candles are re-lighted. A family, leaders or youth are sent up to do the lighting as a passage is read, a Christmas selection is sung and/or a prayer said.

The four weeks are a period of waiting also signifying the four centuries of waiting between the last prophet Malachi and the birth of Jesus. All five candles should continue to be lighted in worship services through Epiphany on January 6th (*Epiphany means "to show," is the climax of the Christmas Season and the "Twelve Days of Christmas." It is observed to denote the coming of the wise men bringing gifts and their worship to Christ).*

Advent 2022

Begin: Sunday November 27 End: Saturday, December 24

Submitted by: Department of Christian Education. Rev. Phyllis A. Harris, Director Sis Shirley Moore Harris, Commission Chairperson

CHRISTMAS WORD SCRAMBLE

Unscramble the following words to form words associated with the birth of Jesus in Bethlehem.

1.	nrgame		11.	ceeap
2.	imga		12.	cslkfo
3.	octlsh	1	13.	hepse
4.	yabb	1	14.	ehhpressd
5.	kyodne		15.	dogl
6.	nseagl	Ţ	16.	nsrkcnaefein
7.	eneripnek		17.	hymrr
8.	smelac	- •	18.	rats
9.	fgsti		19.	sesiham
10.	isidntg	2	20.	astelb

Answers on page 33

HOLY WEEK WORD SEARCH

Words may be horizontal, vertical, or diagonal, forward or backward, and may overlap.

х	N	Е	N	Α	м	Е	S	н	т	Е	G	D	P	U	
1	Α	Н	D	1	I	X	R	0	0	S	Т	Е	R	Ν	
R	х	U	0	0	S	Ν	Ρ	С	Η	Z	Т	1	E	F	
Ρ	Е	F	Т	S	Ν	U	Н	F	E	Ε	V	Ε	х	V	
Ρ	R	S	U	Н	Α	κ	S	Α	R	L	в	G	R	L	
Ρ	н	A	U	κ	0	Ν	Ε	Ε	R	S	Ρ	Ε	I	R	
L	Ρ	Α	Y	R	L	R	N	Y	J	R	V	М	F	F	
I	н	L	R	E	R	U	I	Α	N	0	E	G	Е	в	
S	υ	1	F	1	R	Ε	v	т	S	S	Ε	S	R	Т	
I	Ρ	Ν	S	D	S	Z	С	S	Υ	L	Α	Α	Т	L	
G	I	R	Ε	Ρ	S	Ε	Α	Т	в	Ν	Ν	D	J	F	
Ν	L	в	E	Y	D	Ρ	Ε	Α	1	С	в	н	U	G	
S	Α	D	С	G	в	Н	R	S	н	0	Ε	V	S	J	
Ν	т	Ε	U	R	U	Α	W	E	D	L	Ν	W	W	Α	
R	Ε	1	D	Н	Ρ	1	S	R	I	Ν	0	М	I	S	
0	X	R	D	Α	Ν	0	1	Ν	т	Ε	D	Ν	0	R	
н	т	U	Α	Q	Α	L	D	Y	N	Α	н	т	Е	в	
Т	Z	-	-		-	-				A	R	Т	E	в	

ANOINTED ARREST AUTHORITY BETHANY BETRAYAL BRANCHES BURIED DONKEY FIG GETHSEMANE HOSANNA JESUS JUDAS PARABLE PASSOVER PETER PHARISEES PILATE PRAYER RESURRECTION ROOSTER SADDUCEES SIGN SIMON TEMPLE THORNS



CHRISTMAS IS

Christmas is a time for love, A time of joy and cheer. Christmas is a peaceful time, That wondrous time of year, A time of faith, a time of hope, Of friendship much more true. Christmas is a joyous time When love shall come to you.

Christmas is a little child, It's tinsel shinning bright Frosted window, snowy lanes Candles in the night Its Santa Clause and dreams come true So much that gladness sees Its's holly wreath, and silver bells And star-tipped Christmas trees

Christmas is a place called home A door thrown wide. A crackling fire all aglow And loving hearts inside. It's happy faces, shining eyes, Soft music in the air. It's tissue, ribbon, cards to write And secrets everywhere

Christmas is a lighted church... The very nicest part. Believing in a special way A prayer that fills your heart. It's friendliness so much more real, A blessing from above; Christmas is the special time We greet the folks we love

Author unknown



- 1st day The partridge in a pair tree was Jesus Christ
- 2nd day Two turtle doves were the Old and New Testaments
- 3rd day Three French hens stood for faith, hope and love
- 4th day The four calling birds were the four gospels of Matthew, Luke and John
- 5th day The five golden rings recalled the Torah or law, the first five books of the Old Testament
- 6th day The six geese a laying stood for the six day of creation
- 7th day Seven swans a swimming represented the sevenfold gifts of the Holy Spirit:

Prophesy, Serving, Teaching, Exhortation, Contribution, Leadership and Mercy

- 8th day The eight maids a milking were the eight beatitudes.
- 9th day Nine ladies dancing were nine fruits of the Holy Spirit:

Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self Control

- 10th day The ten lords a leaping were the Ten Commandments
- 11th day The eleven pipers piping stood for the eleven faithful disciples.
- 12th day The twelve drummers drumming symbolized the twelve points of belief in the Apostles Creed





THE TRUE MEANING OF THE CANDY CANE

Look at the Candy Cane What do you see? Stripes that are red Like the blood shed for me White is for my Savior Who's sinless and pure! "J" is for Jesus My Lord That's for sure! Turn it around And a staff you will see Jesus my shepherd Was born for Me!

Many years ago, a candy maker wanter to make a candy at Christmas time that would serve as witness to his Christian faith. He wanted to incorporate several symbols for the birth of Jesus. He began with a stick of pure white hard candy; White to symbolize the Virgin Birth and the sinless nature of Jesus; Hard to symbolize the solid rock, the foundation of the church; Firmness to represent the promise of God.

The candymaker made the candy in the form of a "J" top represent the name of Jesus, who came to earth as our Savior. He thought it could also represent the staff of the Good Shepherd, with which he reached down into the ditches of the world to lift out the fallen lambs who, like all sheep, have gone astray.

Thinking that the candy was somewhat plain, the candymaker stained it with red stripes. He used three small stripes to show the stripes of the scourging Jesus received, by which we are healed. The large red stripe was for the blood shed by Christ on the cross so that we could have the promise for eternal life.

Unfortunately, the candy became known as a Candy Cane – a meaningless decoration seen at Christmas time. But the true meaning is still there for those who have eyes to see and ears to hear.



KWANZAA: A BRIEF DESCRIPTION

DR. MAULANA KARENGA | DECEMBER 2016

Kwanzaa is an African American and pan-African holiday which celebrates family, community and culture. It was created in 1966 by Dr. Maulana Karenga, a professor of Africana Studies. Kwanzaa, a seven-day cultural festival, begins December 26 and ends January I. It joins communitarian values and practices of Continental African and African American culture.

During the holiday, families and communities organize activities around the Nguzo Saba (The Seven Principles): Umoja (Unity), Kujichagulia (Self-Determination), Ujima (Collective Work and Responsibility), Ujamaa (Cooperative Economics), Nia (Purpose), Kuumba (Creativity) and Imani (Faith). Participants also celebrate with feasts (karamu), music, dance, poetry, narratives and end the holiday with a day dedicated to reflection and recommitment to The Seven Principles and other central cultural values.

(www.OfficialKwanzaaWebsite.org)

African American Cultural Center (Us) 3018 West 48th Street, Los Angeles, CA 90043-1335 Tel: (323) 299-6124 | Fase (323) 299-0261

23

83

BIRTHDAY/BIRTHS CONGRATULATIONS



September



2	Shirley Harris	17	June Hayes
3	Wade Fauntleroy	18	Arletha Pierce
9	Kevin Frazier	26	Crystal Moses
12	Lydia Mike (80's Lady)	29	Vivian Gee (80's Lady)
15	Tim Walls	30	Tiffany Fauntleroy



3	Valerie Ives	17	Crystal Lee	
11	Rev. Donna M. Minor	23	Nashir Diggs	
12	Brandon Winfield	23	Mamie Young	
14	Chris Joyner	27	Cherie Ryans	
<i>16</i>	June Shorts			



Celebrating 100 Happy Years

Audrey Pride Washington

A surprise visit from her Masonic Brothers & Sisters. They showered her with Cards and a lovely cake, which was shared with other residents at the Nursing Home on Sunday, July 31.

Her family brought her to church for worship service. She was so happy and excited to see her pastor Rev. Jay B. Broadnax and the disciples of Mt. Pisgah.

Another cake was shared after morning worship. We say to Audrey, it's not the presents, the wishes or the pretty cake that makes your Birthday Special. **It's You!**

BIRTH CONGRATULATIONS

Congratulations to some familiar faces Chris & Ke'Anna Skipwith on a special occasion, a gift from God with a new addition to their family.

Theodore Christopher Skipwith (AKA: Teddy) Born: February 1, 2022















ANNOUNCEMENT

CALLING ALL WORSHIPPERS

Let them praise his name with dancing... Psalm 149:3

OPEN MEMBERSHIP IN BOTH GROUPS

Angels of Praise Dance Ministry

(Ages: 6-18)



CO-DIRECTORS Tiffany Fauntleroy 215-436-0364

Dara J. Broadnax 610-551-3075



(Age 7 – Adults)

Wearing a linen ephod, David was dancing before the Lord with all his might...2 Samuel 6:14

The young women will dance and be glad, young men and old as well.....Jeremiah 31:13

CO-DIRECTORS

267-971-6865

Wade Fauntleroy Briana Arrington-Dengoue 215-900-5655





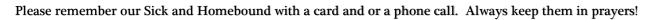
A TIME TO BE HEALED.... SICK & SHUT IN



	SIGN & SHUT IN
Joy Allen	1233 S. Melville St. (43)
Darrell Alston	5121 Cedar Ave. (43)
Daphin Baker Jackson	1680 N 56 th Street (31)
Sheila Booker	118 E. Hortter Street (19)
Robert Brown	1420 Clearview Street, Apt. H110 (32)
Billy Cash	1118 E Sydney Street, 19150
Elizabeth Cason Kamara	4928 N. Camac St (41))
Phyllis Covington	418 No. 53rd Street (39)
Khalyl Edwards	2401 Benson St., Phila, PA (19152)
Melvin Francis	1030 Belmont Ave., Apt 706, (04)
Jackie Gardner	2133 S. 58th Street (43)
Vivian H. Gee	3600 Conshohocken Ave., Apt. 513(31)
Cheryl Hammond Hopewell	421 Eagle Road, Havertown, Pa (19083)
Syreeta Jeter	411 N. 42nd Street (04)
Kathy Johnson	4751 Bingham St. (20)
Elizabeth E. Lavender	5917Washington Ave. (43)
Elizabeth Kamara	2100 N. 49th St. Apt. 103 (31)
Corine McKeithan	4239 Pennsgrove St. (04)
Mildred McNeil	3901 Market St., Apt. 607 (04)
Vincent Mercer	1345 71 st Avenue (26)
Michele Morton Sabb	1443 West End Drive (51)
Jeanette Nana	417 N. 42 nd Street, (04)
Eunice Patterson	1843 N 72nd Street, 19151
Arletha D. Pierce	5524 Haverford Ave. Apt 413 (39)
Ida Pierce	5458 Locust Street (39)
Maryetta Reid	4511 Walnut Street, Apt 220 (39)
David Rivers	5524 Haverford Ave. Apt 509 (39)
Florence Smith	1425 N Allison Street, 19131
Paulette Thompson	69 Iroguois Court, Chesterbrook, PA (19087)
Valorie Toombs	50-1 Revere Road, Drexel Hill, PA 19026
Audrey Washington	6213 Carpenter St (43)
Australia Weaver	3713 Mimi Circle, Phila, PA 19131
Marlene Winfield	3939 Conshohocken Ave. Apt. 521 (19131)
Mamie Young	4342 Pine Street, Phila, PA 19104
NURSING CARE, ASSISTANT LIVING	
Verbatine Alston	St. Ignatius Nursing Home, RM 410, 4401 Haverford Ave. (04)
Verna Cox	Harston Hall RM 32B 350 Haws Lane, Flourtown, PA 19031
Willie Hamwright	The Watermark Logan Sq., Apt 8122 Franklin Town Blvd 03
Madeline Logan	Manor Care, RM 24A, 14 Lincoln Ave., Yeadon, PA 19050
Rev. Isaac N. Patterson, IV	Hayes Manor, Unit 302, 2210 Belmont Avenue, (31)
Alonzo Walls, Jr.	Germantown Homes 6950 Germantown Ave. RM 227 (19)

HOSPITAL, SHORT TERM REHABILITATION CARE, ASSISTANT

Therion Hudson	Presbyterian Medical Center, Cupp Bldg., RM 590, 51 N 39 th St. (04)
Catherine Thompson	Watermark Rehab., RM 245 S. Franklin Town Blvd (03)







Christmas Word Scramble Answers

1. Manger	11. Peace
2. Magi	12. Flocks
3. Cloths	13. Sheep
4. Baby	14. Shepherds
5. Donkey	15. Gold
6. Angels	16. Frankincense
7. Innkeeper	17. Myrrh
8. Camels	18. Star
9. Gifts	19. Messiah
10.Tiding	20. Stable

Forever in our Hearts In Loving Memory of Bertha Harmon Roberta King Helen Smith Gone But Never Forgotten!



Please send us articles of interest, stories, birthdays, baby births, anniversaries, any

Mt. Písgah Famíly and Friends

celebrations, upcoming events, anything you want to share with the church members and communities. Send to: Dolores M. Clinton

> <u>clínton3962@gmaíl.com</u> or Betty Hammond <u>bhlolalou144@gmaíl.com</u>

Help us to help you stay informed and to continue enjoying **THE VIEW** from Mt. Pisgah

Deadline for 12/11/2022

Thank you!