



# *The View*

From Mount Pisgah

Mt. Pisgah A. M. E. Church  
428 N 41st Street  
Philadelphia, PA 19104  
Rev Jay B. Broadnax, Pastor

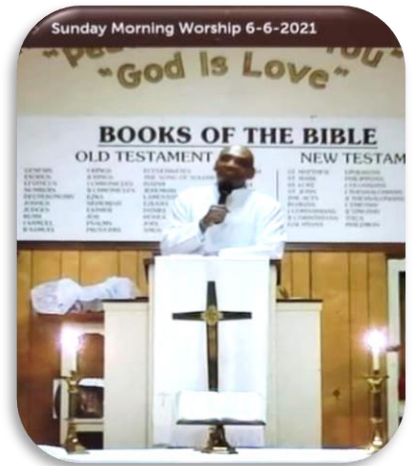
July, 2021

Summer Edition

## WELCOME BACK

### Rev. Jay B. Broadnax

To Mount Pisgah  
A.M.E. Church



*We are so excited to have you back as  
our Pastor. We look forward to another year of learning,  
growing, and praising God with you.*

*You are truly one of God's chosen shepherds!*



*You are an expression of God's Love.*

*Hebrews 6:10*

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## PLEASE REMEMBER



**WE ARE NOT IN THE CLEAR YET!**



## **Message from our Pastor Reverend Jay B. Broadnax**

### **CAUTIOUS OPTIMISM**

What a difference a year makes! Last year this time we were reeling from a triple pandemic. COVID 19 cases were declining, but with no vaccine or treatments on the immediate horizon we were bracing ourselves for an autumn explosion. Our cities and communities were reeling from the conflicts and civil unrest caused by racial injustice. Our economy was tanking, and families were struggling because people couldn't work. It was Independence Day, but we were far from free.

This year, thanks to God's amazing grace and the work of researchers and immunologists, a vaccine exists that is significantly impacting the communicability of this disease. We are seeing optimistic signs of hope as case rates decline and things begin to open up. Our faithful God is bringing light where there was darkness! However, I must caution us not to "flip the shade up" too quickly. The God who protected us in the midst of the dark night will also give us wisdom and guidance to navigate the dawn of a new day. There is mixed messaging everywhere so my prayer is that we shall proceed following not the crowds, but following the Spirit.

Having said that, we are excited and optimistic about what the future holds. Through the pandemic we've learned numerous lessons about survival and about "being the church in spite of the circumstances." Let us not abandon these! As we apply them, we can't help but become a more resilient, responsive, and dynamic ministry prepared to serve this present age with relevance and effectiveness. God has much in store for us Mount Pisgah, and God has kept YOU and allowed you to see this day so that you can be a part of it. Remember that God has preserved you for a purpose, "for I am confident of this, that the ONE who began a good work among you will bring it to completion by the day of Jesus Christ."

I love you, Mount Pisgah, and it is an honor to serve God with you in this season!

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Philippians 1:6

## Message from the Editor Keith W. Arrington, Sr.

### **Pastor Jay is Returned to Mt. Pisgah**

**The 17<sup>th</sup> Pastoral Appointment of The Rev. Jay B. Broadnax**



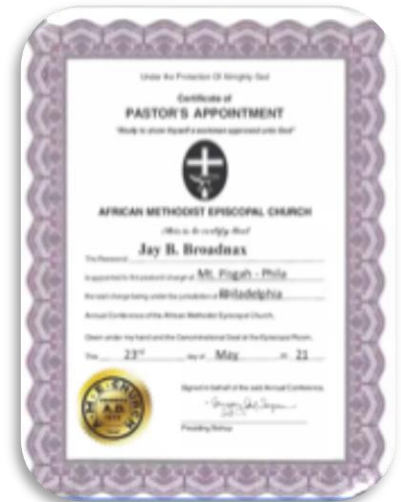
Annual Conference time in the A.M.E. Church can sure enough rival the season-ending suspense of any dramatic TV show. The anticipation that surrounds the annual appointment of Pastors across the dozens of churches that make up the Philadelphia Annual Conference is sure enough akin to a television cliffhanger! Those of you with even a bit of knowledge of the A.M.E. Church structure know that a pastoral appointment is for just one year at a time. It makes no difference how long a pastor has been assigned to a church, every year brings with it the potential that the pastor gets reassigned, moved to another congregation. Oh, the drama of it all!

On Sunday, May 23, 2021, at 3:31 PM, we found ourselves virtually gathered, on Facebook Live and on Zoom, for the Closing Worship Service of the 205<sup>th</sup> Session of the Philadelphia Annual Conference! This was a very special Annual Conference because it represented the very last Annual Conference for our Bishop, The Rt. Rev. Gregory G.M. Ingram, as he transitions into retirement! And so, worship and praise were at an all-time high! Bishop Ingram literally preached a mighty word, with the topic being “Amen”! We celebrated our Bishop! We lauded our Episcopal Supervisor, The Rev. Dr. Jessica Kendall Ingram! We did all of those things and then, we anxiously awaited! We fretted through appointment after appointment! Would our beloved Pastor Jay be reappointed for the 17<sup>th</sup> time?



The suspense built to a crescendo just a bit past the 6 o'clock hour as Pastor Jay appeared on the screen. Bishop Ingram exchanged some pleasantries. He asked about Sis. Ingrid; he asked about Sis. Dara! It was less than a minute, but the uncertainty of the moment made it seem much longer! Then, finally, Bishop Ingram made the decree:

“It gives me great joy to assign you again to Mt. Pisgah A.M.E. Church!” Pastor Jay’s first-word response can be echoed by us all: Hallelujah!!



Mt. Pisgah, we have our Pastor back! Mt. Pisgah, we have our First Family back! For 16 years, Pastor Jay and Sis. Ingrid have led us in ministry and praise! For 16 years, they have been a living example of Faith, Hope, and Love! Over the course of 16 years, we have watched as Sis. Dara grew from a sweet little girl into a dynamic, spirit-filled young woman! As we enter into Year 17, our First Family in their own words:

## Message from the Editor Continued



Pastor Jay: “I feel incredibly blessed to have served as the pastor of the Mighty Mt. Pisgah A.M.E. Church for 16 years, and to receive my 17<sup>th</sup> appointment to this A-MAZING congregation! My goal is to make every appointment a promotion! I look forward to dreaming together and working to accomplish what God has for us moving forward!”

Sis. Ingrid: “I am deeply grateful for the Mt. Pisgah Church family. God, in His wisdom, joined us together in 2005 and I have been truly blessed by the union. As we continue to walk together with the Lord, heart to heart, let us hold on to God's word as written in 1 Corinthians 2:9, “*No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love Him.*”



Sis. Dara: We are so thankful for 16 amazing and transformative years with our Mt. Pisgah family. Growing up here with you all really laid the foundation for who I am and who I am becoming. I am so grateful for all of your love and support over the years, and I hope you all know how much we truly love you. I can’t wait to see what God has in store for our church family as we continue to grow in Him together!

The past year has been historic to say the least! Yet, praise be to God, Pastor Jay led us through a pandemic, and through a year of virtual church as we discovered new and exciting ways to do ministry beyond the walls! As we yearn for and prepare for a return to in-person worship, we are ever so thankful that our beloved Pastor Jay got yet another promotion and will be our Shepherd on that soon-to-come day when we make our triumphal return to the beautiful edifice that is Mt. Pisgah A.M.E. Church!



### **Submitted by Cheryl Hammond Hopewell First Episcopal District Lay President**



The 2021 series of First Episcopal District Annual Conferences continued under the leadership of Bishop Gregory G. M. Ingram and Rev. Dr. Jessica Kendall Ingram. In the last newsletter, I highlighted the first two Annual Conferences, Bermuda and Delaware.

Since then, there have been five more Annual Conferences. All of the Annual Conferences start on Thursday and go until Sunday. Thursday is WMS Day, Evangelism Day, the Opening of the Conference and the Opening Worship on Thursday Night. On Friday, there is Business, the Hour of Power and Lay Night on Friday night. On Saturday, there is the YPD Annual Day and the Christian Education Service. On Sunday there is Church School and Closing Worship. There are also workshops at each Annual Conference.

The third Annual Conference was the New Jersey Annual Conference. On Thursday, there was the WMS Annual Day with President Wilma Robinson. The preacher was the Rev. Tianda Smart who preached from Genesis 2:5-7 and Ephesians 4:12 on "Give Life to what you have Imagined". The Department of Evangelism had a presentation by the Rev. Stephen Bryant. Opening Worship was preached by the Rev. Anthony Mitchell from Joshua 3:1-4 on "Never Been This Way Before, But I'm Looking to God". On Friday, the Hour of Power worship was preached by the Rev. Linda Ellerbe from Jeremiah 29:11 on "Great Expectations". Lay Night with President Marcus Burnett. The speaker was the Connectional Lay Organization, Young Adult Representative Sister Jamesha Williams who spoke from II Corinthians 4:1-9 on "Rise Above". On Saturday, YPD Annual Day with Director Laverne Merritt and President Marcus Beckett. The preacher was the Rev. Michael Bell Jr. from the 2<sup>nd</sup> District who preached from Romans 4:17-21 on "Trust the Vision". The Christian Education Department spotlighted several young people doing various things. On Sunday Church School was under the leadership of Brother Samuel Jones. The Adult Class was taught by the Rev. Laverne McClellan from Ezra 10:1-12 on "Faith and Action". The Closing for each Annual Conference is preached by Bishop Gregory G. M. Ingram from the Benediction taken from Jude 24-25. NJ's topic was "Now Unto Him Who is Able to Keep you from Falling".



The fourth Annual Conference was the New England Annual Conference. On Thursday there was the WMS Annual Day with President Edwina Mays. The preacher was the Rev. Dr. Jessica Kendall Ingram who preached from Psalms 137:1-4 on "I Still have a Song". The Department of Evangelism had a presentation from the Rev. Dr. Ellis Washington on "Evangelism, Yesterday, Today and Tomorrow". Opening Worship was preached by the Rev. Dr. Barbara Simmons who preached from Mark 1:29-32 on the subject, "What's in a Name?" On Friday, the Hour of Power worship was preached by the Rev. Robert Jackson, Jr. who preached from II Corinthians 12:7-10 on "Through it all, I've learned to trust in

## THE REST OF THE ANNUAL CONFERENCES–2021 CONTINUED

Jesus”. Lay Night was under the leadership of President Linda Gant. The speaker was Brother Michael Cousin, Jr, the Director of Lay Activities for the 4<sup>th</sup> Episcopal District Lay Organization who spoke from Micah 6:1-8 on “Do the Right Thing”. On Saturday, YPD Annual Day with Director Crystal Glasscock and President, Kaitlin Oliver. For worship, three young adults did a tag-team message; Brother Jayden

Bradley, Brother Trevor Jones and Sister Kaitlin Oliver. Christian Education with Rev. Marcus McCullough and Rev. Dr. Marjorie Jones. The preacher was the Rev. Mariama White-Hammond who preached from the 11<sup>th</sup> Chapter of John on “Reimagining Friendships”. On Sunday, Church School under the leadership of Sister Josephine Fulcher-Anderson. The Adult Class was taught by Brother Philip Hillman from Nehemiah. Closing Worship was preached by Bishop Gregory G. M. Ingram from Jude 24-25 on the subject, “To Present You Faultless Before the Presence of His Glory with Exceeding Joy”.

The fifth Annual Conference was the New York Annual Conference. On Thursday, there was the WMS Annual Day with President Mary S. Davis. Preacher was the Rev. Dr. Jessica Kendall Ingram who preached from Psalms 62:5 on “Expect Great Things from God”. The Department of Evangelism had a presentation by the Rev. Lisa Williams on “Evangelism, Today, Tomorrow and Always”. Opening Worship was preached by the Rev. C. Carlton Woodward from Acts 18:1-11 on “Too Soon to Quit”. On Friday, the Hour of Power worship was preached by the Rev. Robert Lowe from Ecclesiastics 1:9 and Psalms 100:5 on “Same Script, Different Cast”. Lay Night was with President Bonita O’Neal. Speaker was President Simeon Rhoden from the 5<sup>th</sup> Episcopal District who spoke on “Reimaging Ministry, Variety is the Spice of Life”. On Saturday, YPD Annual Day with Director Linda Snead-Adelaja and President Antoine Baker. Preacher was the Rev. Tamoya Buckley-David who preached on “Reimaging your Life”. The Christian Education Service with the Rev. Kevin Miller and Sister Annette Webb with presentations from several young people. Closing Worship was preached by Bishop Gregory G. M. Ingram from Jude 20-25 on “Be Glory, Majesty, Dominion and Power”.

The sixth Annual Conference was the Western New York Annual Conference. On Thursday there was the WMS Annual Day with President Armour Funderburg. Preacher was the Rev. Orsella Hughes who preached from Exodus 4:1-15 on “It’s in your Hand”. The Department of Evangelism had a presentation from the Rev. Justin B. Anderson on “Back to the Bedrock of our Evangelistic Thrust”. Opening Worship was preached by Presiding Elder Faye Banks Taylor who preached from Haggai 2:3-9 on “The Uncertainty of Now”. On Friday, the Hour of Power worship was preached by the Rev. Justin Anderson who preached from Judges 1:17-19 on “No Match for God”. Lay Night was under the leadership of President Caroline Hoffman-Veasey. The speaker was Dr. Cephas Archie who spoke on “Forgiveness”. On Saturday, YPD Annual Day with Director Paula Young and President Robert DuBose. Speaker was the soon to be Rev. LaMone Gibson who preached from Exodus 13:21-22 on “Trusting God While in Neutral”. The Christian Education Worship under the leadership of Brother Joe Thomas, Sr. Speaker was Brother Robert Dubose who spoke from I Corinthians 12:12 on “I Am Necessary”. On Sunday, the Church School Adult Class was taught by the Rev. Dr. Gloria Jimpson. The lesson was on “Jeremiah, the Suffering Preacher of Doom”. Closing Worship was preached by Bishop Gregory G. M. Ingram from Jude 24-25 on the subject, “Now and Forever”.

## THE REST OF THE ANNUAL CONFERENCES-2021 CONTINUED

The seventh and final Annual Conference was the Philadelphia Annual Conference. On Thursday was the WMS Annual Day with President Connie Smith. The preacher was the Rev. Dr. Patricia McAllister who preached from Romans 11:5 on "God's got a Remnant". The Department of Evangelism under the leadership of the Rev. Malcolm Guyton, Chair and the Rev. Garrison Lockley, Director. Presentation was by the Rev. Lockley on "You and Your Church Can Make a Difference". Opening Worship was preached by the Rev. Deborah Tull-Speakes who preached from Psalm 40:17b on "Our Help and our Deliverer". On Friday, the Hour of Power worship was preached by the Rev. Gregory P. Nelson who preached from Matthew 28:19-20 on "Keep the Main Thing, the Main Thing". Lay Night was under the leadership of President Andree Turner. The speaker was Brother Kevin Lamb who spoke from Micah 6:8 on "No Justice, No Peace". On Saturday, YPD Annual Day with Director Iyana Mapp and President Joy Morton. The speaker was then Brother Kyle Thomas who preached from Ephesians 4:11-16 on "Getting Back to the Basics". The Christian Education Worship under the leadership of the Rev. Diane Clark, Director and the Rev. Maxine Johnson, Chair. The speaker was Sister Sarah Nsereko who spoke on "In-person versus virtual learning". On Sunday, Church School was under the leadership of Sister Victoria Hill, Superintendent. The Adult Class was taught by Sister Tona Pickett on "Preaching to the Exiles". Closing Worship was preached by Bishop Gregory G. M. Ingram from Jude 24-25 on the subject, "AMEN". All seven Annual Conferences were wonderful.



## Church School

*Welcome*  
New Members



This Quarter

**PAULETTE THOMPSON**  
&  
**MARY COLLIER**

### Inspirational

*You can't keep doing the same thing  
over and over and think you're going  
to get a better result.  
Let's learn to maximize our lives by  
maximizing our time.*



*To everything there is a season,  
and a time for every matter or  
purpose under heavens.  
Ecclesiastes 3:1*

*Submitted by: Arthean Wicks*

### Special Recognition Was Given to Our 80's Ladies

On Sunday, May 9, Mt.  
Pisgah's Church School  
celebrated all  
of its mothers.

The ladies were serenaded by  
our very own Pastor Jay with  
his touching rendition of  
The Spinners' "Sadie".

Verna Cox  
Vivian Gee  
Claudie Hammond  
Roberta King  
Elsie Galloway  
Elaine Gleaves  
Elizabeth Kamara  
Elizabeth Lavender  
Lydia Mike  
Arletha Pierce  
Clara Robinson  
June Shorts  
Helen Smith  
Catherine Stewart  
Henrietta Stukes





# **HIGHLIGHTS ON OUR MT PISGAH GRADUATES 2021**

## **GRADUATING FROM PRE SCHOOL TO KINDERGARTEN**

**Mekahial Ryans**

At Pee Wee Prep Educational Center

## **GRADUATING FROM ELEMENTARY SCHOOL TO MIDDLE SCHOOL**

**Quadir A. Elder**

Is moving from 6<sup>th</sup> Grade at East Lansdowne Elementary School. He is a straight “A” student with Perfect Attendance. He is going to 7<sup>th</sup> Grade at Bonner Middle School.

## **GRADUATING FROM MIDDLE SCHOOL TO HIGH SCHOOL**

**Carle A. Jackson**

Is moving from 8<sup>th</sup> Grade at Science Leadership Academy where he is an Honor Roll student with Perfect Attendance. He is going to 9<sup>th</sup> Grade at Lankenau Magnent Environmental Science School.

**Christian J. Harley**

Is moving from 8<sup>th</sup> Grade at Andrew Hamilton Middle School, playing basketball for the Philadelphia Youth Basketball Association. He is going into 9<sup>th</sup> Grade at West Philadelphia High School and still playing basketball.

**Kyla D. Skinner**

Is moving from 8<sup>th</sup> Grade at Daroff Middle School where she received high honors. She dances with the Uniquely Gifted Dance Team. Kyla is a “Leader who is Determined to Learn”. She is going to 9<sup>th</sup> Grade at Hardy Williams High School.

**Kaedyn Gregg**

Is moving from 8<sup>th</sup> Grade at Ann A. Mullen Middle School where she is a member of the Gold Honors Core to 9<sup>th</sup> Grade at Timber Creek Regional High School.



## Department of Christian Education Continued

### **GRADUATING FROM MIDDLE SCHOOL TO HIGH SCHOOL**

**Dasani J. Wimbish**

Is moving from 8<sup>th</sup> Grade at Beverly Hills Middle School to 9<sup>th</sup> Grade at Upper Darby High School.

### **GRADUATING FROM HIGH SCHOOL**

**Tyler J. Criss**

Moving from 12 Grade at Northeast High School and attending Montgomery County Community College.

**Zecharia James**

Moving from 12<sup>th</sup> Grade at West Philadelphia High School and will continue to work at McDonalds.

**Brandon Hinton**

Is moving from 12<sup>th</sup> Grade at Northeast High School where he completed an Advance Placement Course in Avid Interactive Graphic Design and will be attending Community College of Philadelphia majoring in Graphic Arts and Culinary Arts.

### **ASSOCIATES DEGREE**

**Romire A. Scott**

Received his Associates Degree in Culinary Arts from the New England Culinary Institute and is the Pastry Chef at Steak 48 restaurant.

**Courtenay Robinson**

Received her Associate's Degree from Harcum College in General Studies. She was on the Dean's List while working. She is planning to attend Chestnut Hill College for her Bachelor's Degree in Psychology and Human Services.



## Department of Christian Education Continued

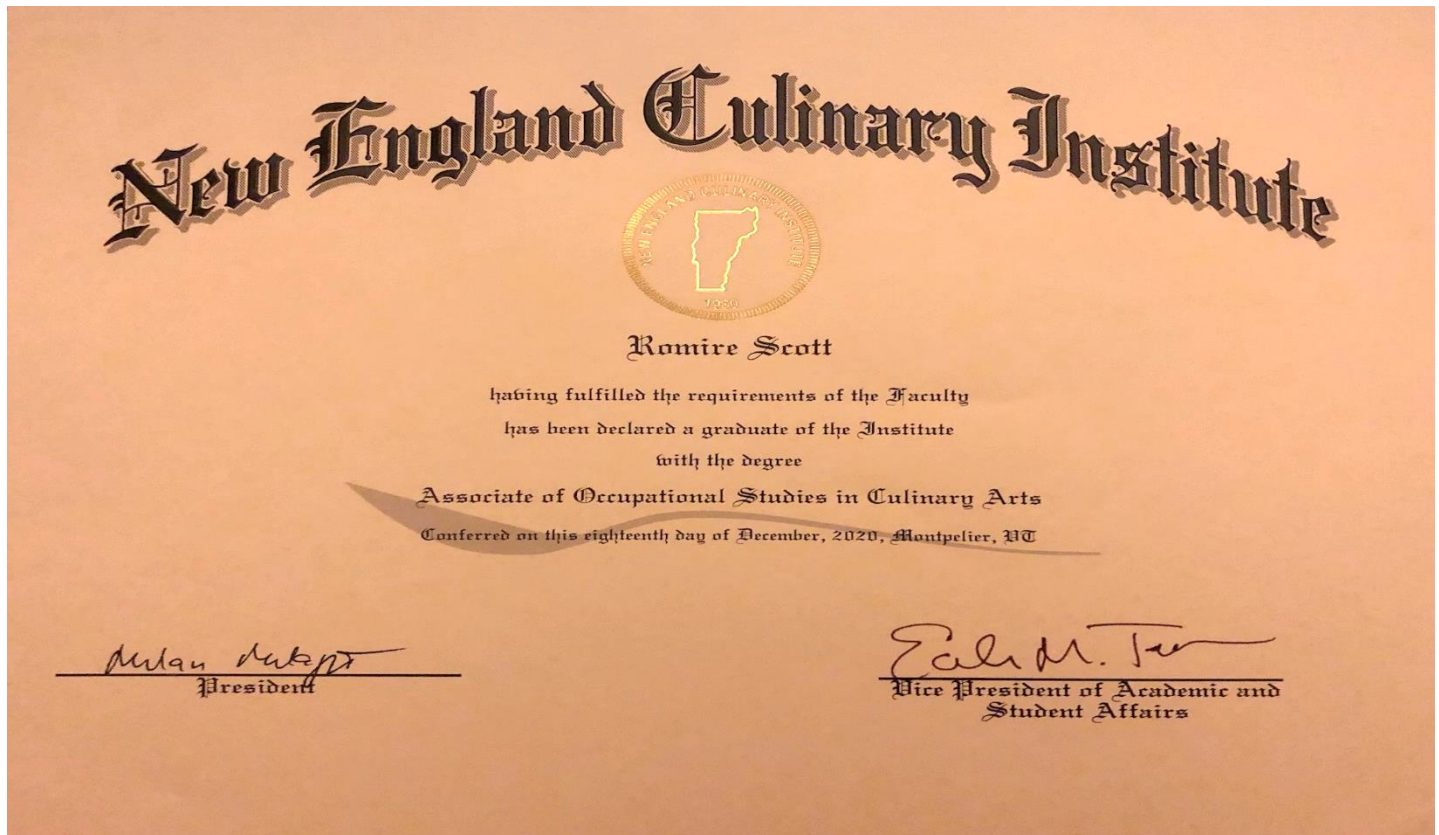
### BACHELOR'S DEGREE

#### **Amondo Sean Clayton, II**

Graduated Magna Cum Laude with a Bachelor's Degree in Computer Science from West Chester University. He will be working toward his Master's Degree from West Chester University in 2022.

#### **Tyrique Townsend**

Graduated Cum Laude with his Bachelor's Degree in Computer and Electrical Engineering from Pennsylvania State University. He is a member of the National Society for Black Engineers as well as the Penn State Formula 1 Team. He is considering several job offers.





## CONGRATULATIONS COLLEGE GRADUATE!!!

Class #8 extends congratulations to

Harcum College graduate:

**COURTENAY ROBINSON**

She graduated on the Dean's List with an associate degree in General Studies.

Courtenay, we are proud of you!



**Jailyn Anderson**

Completed her pre-requisite. courses at Lincoln University and will be attending the School of Nursing At Lincoln University.

## Computer Science Major Helps Other Students Replicate His Success

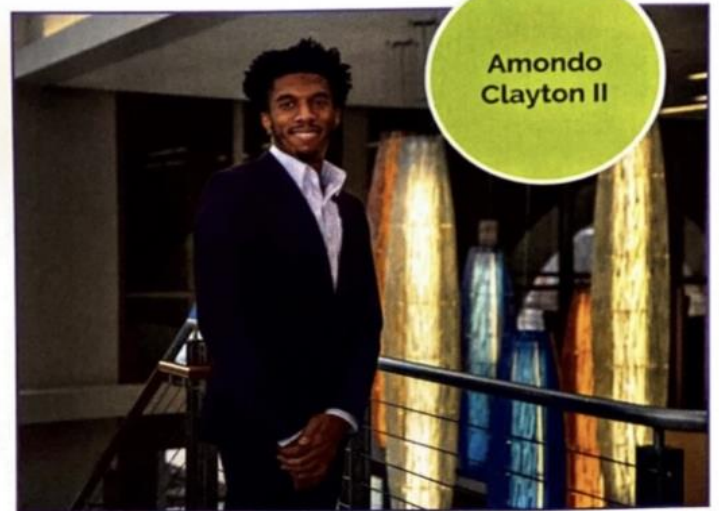
Under the Accelerated Bachelor of Science to Master of Science program, Amondo Clayton, II graduates with his bachelor's in Computer Science in May — with minors in White-Collar Crime and Finance — and his master's in summer 2022. "WCU helped to establish the core foundation that allowed me to have a strong start in the computer science field," he says.

Maintaining a 3.7 GPA, Clayton secured summer internships with PJM Interconnection, Comcast Cable, and Shell Oil and Gas Company, increasing his knowledge of data analysis, information technology, and databases. Clayton, who received certification in Computer Security from WCU, explains, "My internships allowed me to get real-world experience and implement what I've learned in the classroom."

The West Philadelphia native started to help others during his second year at WCU by encouraging them to attend hackathons and career fairs. It was at career fairs that Clayton increased his interest in cybersecurity, artificial intelligence, and machine learning. His personal experience inspired him to share this knowledge with other students and he became a mentor and Emergent Leader with the Dowdy Multicultural Center.

Since August 2020, he has been a student ambassador for the College of the Sciences and Mathematics and for the Center for International Programs. His role includes working with other students to connect them with full-time opportunities and internships before they graduate, and, working with the Office of Diversity, Equity, and Inclusion, to increase funding for students to attend professional development conferences.

"I recognize that it took a village to get me where I am today," he explains, "and as I find success, I understand that I am to help others be the best that they can be."



Amondo Clayton II

West Chester University

# Special Shout Out to all our YPDer's

## Elementary Students

1. **Mekahial Ryans:** Mekahial progressed well and will be moving onto kindergarten.
2. **Makah Ryans:** Makah got all A's & B's and will be going to the 2<sup>nd</sup> grade.
3. **Mila Ryans:** Mila got all P's on all her subjects and will be going to the 3<sup>rd</sup> grade.
4. **Keymani Ryans:** Keymani got all A's & B's and will be going to the 6<sup>th</sup> grade.
5. **Alese Fauntleroy:** Alese is an honor roll "A" student and she received "The Helping Hand Award." Alese will be moving up to the 6<sup>th</sup> grade.

## Undergrad/Master Students

6. **Hala Ryans:** Congrats to Hala finishing her freshman year at Xavier University of Louisiana with a 3.0 GPA. Hala will be doing two internships this summer with the Black Doctors Consortium and the Fox Chase Cancer Center. Outstanding job Hala!
7. **Horace Ryans:** Congrats to Horace for completing his freshman year at Morehouse College finishing out with a 3.6 GPA. Horace was on the Dean's List for his first year and will be doing an internship this summer with the Center for Black Educators Development! Way to go Horace!
8. **Hali Ryans:** Congrats to Hali on finishing her freshman year at the University of Sciences of Philadelphia in an accelerated Doctoral Physical Therapy Program and finishing with a 3.2 GPA. Amazing job Hali!
9. **Brandon Winfield:** Brandon finished out his last semester as a Junior with a 3.0 GPA at Ursinus College and will be graduating in May 2022! Good luck on your senior year Brandon!
10. **Dara Broadnax:** Congrats to Dara for completing her first year of at Temple University School of Law. Dara will be working as a Legal Service Coordinator with the Philadelphia Volunteer Lawyers for the Arts. Keep Being Amazing!
11. **Jailyn Anderson:** Congrats to Jailyn on her acceptance in the School of Nursing at Lincoln University and continuing her 3.2 cumulative GPA! Keep up the good job Jailyn!

# Special Shout Out our YPDer's Continued

## Graduates

12. **Sean Clayton:** Congratulations to Sean on getting his Bachelor of Science in Computer Science, minoring in White Collar Crime and Finance. He will continue to further his education and will receive his master's degree in Computer Science in May 2022. Way to go Sean!
13. **Courtenay Robison:** Congrats to Courtenay for receiving her Associates Degree in Liberal Arts from Harcum College. She would like to continue her education for her bachelors at Chestnut Hill College! Way to go Courtenay!
14. **Kaedyn Greggs:** Congratulations Kaedyn on completing middle school. Kaedyn has been on the honor roll since she was in the first grade. Kaedyn will be entering Timble Creek Regional Highschool in the fall. Go Kaedyn!
15. **Romire Scott:** Congrats Romire on getting your Associates Degree in Culinary and landing an amazing position as the Pastry Chef at "State 48". We are so proud of you!
16. **Nashir Diggs:** Nashir is a hard worker. Keep up the good work making a career with Philadelphia Electric Company!
17. **Christopher Joyner:** Congrats to Chris on his new position as a Supervisor for Titanium Security and Surveillance
18. **Briana Arrington-Dengoue:** Congrats to Briana who will be a New Mom welcoming our future YPD'er in November 2021! We cannot wait to meet your new bundle of joy!

**May you all continue to Grow, Glow and Go for Christ!**



**Leslie D. Anderson, Y.P.D. Director**



**RECOMMENDED READING 2021-2022**  
**(GRADES: 5-8)**

1. Brown girl dreaming By: Jacqueline Woodson
2. Hidden Figures (Young reader Edition) By: Margot Lee Shetterly
3. Becoming (Adapted for younger readers) By: Michelle Obama
4. The Truth Be Told (Young reader's edition) By: Kamala Harris
5. Black Heroes By: Arlisha Norwood
6. Celeste's Harlem Renaissance By: Eleanora E. Tate
7. The Watson's Go To Birmingham By: Christopher Paul Curtis
8. The Girl Who Drank The Moon By: Kelly Barnhill
9. I Know My Rights By: Mysonne Linen
10. Amanda Gorman-The Biography
11. Jesus is the Reason for the Season By: Gisele L. Quarterman

**RECOMMENDED READING 2021-2022 (GRADES: 9+)**

1. The Hill We Climb By: Amanda Gorman
2. brown girl dreaming By: Jacqueline Woodson
3. A Promised Land By: Barack Obama
4. The Truths We Hold By: Kamala Harris
5. Walking With the Wind By: John Lewis
6. Equipping the Saints For Service By: Gregory G. M. Ingram
7. The S. A. T. of African Methodism By: Gregory G. M. Ingram
8. The Audacity of Hope By: Barack Obama
9. Tears We Cannot Stop By: Michael Eric Dyson
10. What Truth Sounds Like By: Michael Eric Dyson
11. Christians Against Christianity By: Rev. Obrey M. Hendricks, Jr.
12. Becoming By: Michelle Obama



# Mount Pisgah A. M. E. Church

## Wayside Pulpit Is Up!



## Parking Lot is Coming!



# The Ministries of Mt. Pisgah AME Church

## "Pastor appointed and Elective ministries."

<b>Class Leaders</b>	Are appointed annually by the pastor to provide spiritual support and guidance to assigned members. Every member is assigned to a Class Leader. Meetings are on the first Saturday at 1:00 pm.	Ministry Leader: Sis. Joyce Criss
<b>Steward Board</b>	Assist the Pastor with the spiritual growth of the congregation while offering support and comfort to the membership. They are also charged with making an accurate account of all monies collected and all expenditures of the church. Are appointed annually by the pastor.	Chair: Rev. Jay B. Broadnax, Vice-chair: Bro. Keith Arrington
<b>Stewardess Board</b>	Stewardesses care for the altar, prepare the Elements for Holy Communion, Holy Baptism and Love Feasts. They also make sure the altar sacraments are changed to the proper seasonal color.	Ministry Leader: Sis. Gwendolyn Burnett
<b>Trustee Board</b>	Elected annually and manage all the properties of the church, making improvements as needed.	Chair: Rev. Jay B. Broadnax Vice-chair: Bro. Steven Patterson

## Discover Your Ministry

Ministries need people. All ministries need new members, new ideas, new hands and feet to deliver the gospel and to care for God's people. Look at the ministries in our church and contact the leader about joining in the journey. Find one that is for you

<b>Angels of Praise</b>	To minister through dance to build Christ-like loving individuals: ages 5-17. Meet every Saturday at 1:00 pm.	Ministry Leader: Sis. Tiffany Fauntleroy Sis Dara Broadnax
<b>Board of Christian Education</b>	Responsible for making a careful study of the Christian Education needs of our church and the means for meeting those needs.	Ministry Leader: Sis. Shirley Harris
<b>Chancel Choir</b>	We sing Psalms, Hymns, Anthems, and spiritual songs to teach and instruct persons about Jesus. Rehearsals are on Wednesdays at 10:00 am.	Ministry Leader: Sis. Darlene Foreman
<b>Church School</b>	Our church school is second to none, teaching the Word of God to all ages every Sunday. Adults and Urban Faith (Young Adults ages 18 – 24 years) meet at 9:30 am; Kingdom Connections (ages 4-14) at 12:15 pm; Kingdom Connections (teens 15-17) at 1:30 pm. We are an active participant in all West Mainline District and the Philadelphia Conference Church School activities.	Ministry Leader: Sis. Valerie Ives
<b>Department of Visitation and Assistance (DVA)</b>	The mission is to bring a word from the church to the sick and shut-in members during their illness; to pray with and read Scriptures; to inform them of what is going on at the church; to inquire about their health and offer services if needed, to send cards and offer words of encouragement. Meetings are held every other month on the first Saturday at 12:00 pm.	Ministry Leader: Sis. Margaret Miller
<b>Divine Movement</b>	Prophetic dance ministry comprised of men and women called of God to demonstrate through movement His power, His presence, and His unconditional love. Rehearsals are on Thursdays (except the 1 <sup>st</sup> Thursday of each month) at 6:30 pm.	Ministry Leader: Sis. Ingrid Broadnax

# The Ministries Continued

<b>El Shaddai Greater Works</b>	Was birthed in 1986, feeding the less fortunate population from the parking lot. Eventually we began to serve hot meals to our guests in our dining room We continue to minister spiritual food and hot meals every Saturday (12:30 – 1:30 pm). We also distribute gently used clothing donated by church members and friends.	Ministry Leader: Sis. Gwendolyn Burnett
<b>Excelsior Choir</b>	Has a mission to lift their voices in praise to the Lord and exalt the name of Jesus by ministering God’s Word through song. Meets on the 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> Friday of the month at 6:30 pm.	Ministry Leader: Bro. Wade Fauntleroy
<b>Excelsiorette Choir</b>	Youth choir of children and teens 3 – 17 years old. Meets on the 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> , and 5 <sup>th</sup> Saturday at 1:00 pm.	Ministry Leader: Sis. Tiffany Fauntleroy
<b>Gaskin, Hopkins, Pride Scholarship Committee</b>	50 years in existence with the purpose to recognize and help with scholarships for the youth of Mt. Pisgah A.M.E. Church. Recipients must show acceptance of college, university, or trade school.	Ministry Leader: Sis. Arthean Wicks
<b>Glory Beautification Ministry</b>	A ministry that has the vision to beautify the church and its surroundings.	Ministry Leader: Sis. Gladys Patterson
<b>Historical Committee</b>	Collect and preserve all important artifacts concerning the history of the church for future generations.	
<b>Hospitality Ministry</b>	We extend personal greetings of welcome to all who enter the church from the door to the sanctuary every Sunday morning and during special church events.	Ministry Leader: Sis. Adrienne Bailey
<b>Kingdom Connection</b>	(aka Children's Church) is partnering with the Church School to engage our children and youth in both a worship experience and biblical instruction. Pre-school and Juniors (ages 3 to 11); Youth (ages 12-14); Teens (ages 15-17).	Ministry Leader: Ingrid Broadnax
<b>Junior and Young Adult Ushers</b>	We greet those who enter the church with a smile and a warm welcome and direct them to comfortable seats. Youth ages 5 – 21 years serve on the fourth Sunday of each month.	Ministry Leader: Sis. Joyce Criss
<b>Ladies’ Auxiliary</b>	We greet and serve the needs of those who enter the church on the third Sunday of each month.	Ministry Leader: Sis. Joyce Criss
<b>Lady Ushers</b>	Focuses on the meticulous care of the church family they have been called to serve. Beginning with their tender greetings and attentiveness throughout the worship service, they take pride in being the forerunners for their pastor. They serve on the first Sunday of each month.	Ministry Leader: Sis. Carrie Yon
<b>Lay Organization</b>	The mission is to provide teaching and training and to promote active involvement of the laity in studying the history of African Methodism, the African Methodist Book of Discipline, Christian Stewardship, Evangelism and Parliamentary Procedures. Meetings are on the fourth Monday of each month at 6:30 pm.	Ministry Leader: Sis. Margaret Miller
<b>Married Couples</b>	The goal of this ministry is to strengthen, encourage and pray for the family and for one another. We encourage each other to uphold our marriages according to biblical principles, praying and strengthening each other and looking to the Word of God for guidance. Our theme: <i>Therefore, what God has joined, let not man separate.</i> Matthew 19:6b	Ministry Leaders Bro. Tim and Evangelist Bernadine Walls
<b>Men’s Auxiliary</b>	Men with a mission to stimulate Christian fellowship with each and other men of all ages and to perpetuate a relationship between Mt. Pisgah and the community. Meetings are the third Tuesday of every month at 7:00 pm	Ministry Leader: Bro. Eddie Pope
<b>Men’s Choir</b>	Our mission is to bring glory and praise to God in song; to bless souls with the ministry of song; to engage, activate and disciple men in the area of worship; and to reach beyond the walls of the church to win souls for Jesus Christ. Rehearsals are on the first and third Saturdays at 4:00 pm.	Ministry Leader: Bro. Billy Cash
<b>Men’s Ushers</b>	Men who greet and serve those who enter the church on the second Sunday of each month.	Ministry Leader: Bro. Carl Wilson
<b>Nursing Ministry</b>	The ministry is composed of medical professionals and provides medical assistance to individuals during worship services and other church activities. Provides vital information on health issues affecting our members.	Ministry Leader: Sis. Sandra Geathers

# The Ministries Continued

<b>Octavia Dandridge Women's Missionary Society</b>	A structured and organized society of women of diverse socioeconomic, cultural and educational background of the African Methodist, Episcopal Church who endeavor to make possible opportunities and resources to meet the changing concerns of people throughout the world and within our community. We also provide spiritual encouragement with God's word. Meeting are held the 3rd Saturday of the month at 12 noon.	Ministry Leader: Sis. Darlene Foreman
<b>Praise Team</b>	Our mission is to set the atmosphere for all to experience the presence of God. Rehearsal every Saturday @ 12:00 pm.	Ministry Leader: Sis. Tiffany Fauntleroy
<b>Prayer in Motion</b>	A liturgical mime group that ministers to the people of God using American Sign Language (ASL) and body language, silently acting out the message of the sacred songs and hymns of the church. Rehearsals are Fridays, 5:45 – 7:00 pm. Service ministry is the third Sundays of each month. New members are welcomed.	Ministry Leader: Sis. Dolores Clinton
<b>Pray Until Something Happens (PUSH)</b>	The mission of the Prayer Ministry is to actively encourage all people to intentionally be involved in a lifestyle of drawing near to God and to move into a deeper relationship with God through prayer. PUSH joins to pray together on the second Sunday of the month from 8:30 – 9:30 am.	Ministry Leader: Evangelist Bernadine DeVose-Walls
<b>Seasoned Saints</b>	A ministry serving seniors and retirees with the focus of providing information in life, political and health issues. Meetings are on the third Tuesday of the month at 2:00 pm.	Ministry Leader: Sis. Arthean Wicks
<b>Social Action Ministry</b>	With Mt. Pisgah being a member of POWER Interfaith Organization, we are working with them to learn how to bring about change in our country. We are intentional about learning the "issues" that affect us and our community which includes governmental policies, laws and actions.	Ministry Leader: Rev. Phyllis Harris
<b>Sounds of Joy Media Ministry</b>	Our mission is our name: we are responsible for the joyful sounds of worship so that God can be praised, and God's people can be blessed. Our mission is twofold: the Sound Board that controls all of the sound during the worship experience – the audio microphones, the instruments and the monitors are all connected to provide perfect syncopation. The Sound System -every piece of equipment is checked to assure it is fully functional. The Livestream – we broadcast each Sunday from the Sanctuary. The Projection Screens helps to enhance the worship experience by displaying the hymns, the Scripture and the liturgy, and video presentations.	Ministry Leader: Bro. Keith Arrington
<b>Spice of Life</b>	A ministry that manages the kitchen and pantry area and prepares the collations for special events.	Ministry Leader: Sis. Patty Layne
<b>Young Adult Ministry</b>	A ministry geared to encouraging, uplifting, and providing an avenue for the church to minister to men and women from the ages of 18 to 40.	Ministry Leader: Sis. Donielle Warren
<b>Young Peoples' Department (YPD)</b>	Formed for the purpose of implementing a missionary program on the local church level for our youth. Meets every 3 <sup>rd</sup> Saturday at 1:00 pm.	Ministry Leader: Sis. Leslie Anderson
<b>Youth Ministry Planning Team (YMPT)</b>	Consists of the leaders of all youth ministries as well as volunteers who love young people. The goal is to plan activities that involve all children and youth, determine how we can best meet their needs and be a support for parents. YMPT meets as needed. Meeting dates will be announced in the church bulletin.	Ministry Leader: Sis. Ingrid Broadnax

*Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. Colossians 3:23-24*



# HEALTH CORNER



## Healthy Ways to Cope with Stress

The COVID-19 pandemic has had a major effect on our lives. Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions in adults and children. Public health actions, such as social distancing, are necessary to reduce the spread of COVID-19, but they can make us feel isolated and lonely and can increase stress and anxiety. Learning to cope with stress in a healthy way will make you, the people you care about, and those around you become more resilient.

Stress can cause the following:

- Feelings of fear, anger, sadness, worry, numbness, or frustration
- Changes in appetite, energy, desires, and interests
- Difficulty concentrating and making decisions
- Difficulty sleeping or nightmares
- Physical reactions, such as headaches, body pains, stomach problems, and skin rashes
- Worsening of chronic health problems
- Worsening of mental health conditions
- Increased use of tobacco, alcohol, and other substances

It is natural to feel stress, anxiety, grief, and worry from time to time, especially as the pandemic and other issues seem to go on and on. Below are ways that you can help yourself, others, and your community manage stress.

### Healthy Ways to Cope with Stress

Take breaks from watching, reading, or listening to news stories, including those on social media. It's good to be informed, but constantly hearing about the pandemic and other unsettling news can be upsetting. Consider limiting news to just a couple times a day and disconnecting from phone, television, and computer screens for a while.

- Take care of your body.
- Take deep breaths, stretch, or meditate.
- Try to eat healthy, well-balanced meals.
- Exercise regularly.
- Get plenty of sleep.
- Avoid excessive alcohol, tobacco, and substance use.
- Continue with routine preventive measures (such as vaccinations, cancer screenings, etc.) as recommended by your healthcare provider.
- Get vaccinated with a COVID-19 vaccine when available.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Connect with your community- or faith-based organizations. While social distancing measures are in place, try connecting online, through social media, or by phone or mail.

Taking care of yourself can better equip you to help take care of others. During times of social distancing, it is *especially* important to stay connected with your friends and family. Helping yourself and others cope with stress through phone calls or video chats can help you and your loved ones feel less lonely or isolated.

If you are struggling to cope, there are many ways to get help. Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

**REMEMBER – You are not the only one who has had these types of feelings, and there is absolutely NO REASON to feel silly or ashamed.**

Free and confidential crisis resources can also help you or a loved one connect with a skilled, trained counselor in your area.

**If you are in crisis or unable to cope, get immediate help or Call 911.**

# HEALTH CORNER CONTINUED

## Helpful Resources

National Suicide Prevention: 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish, or Lifeline Crisis

National Domestic Violence: 1-800-799-7233 or text LOVEIS to 22522

National Child Abuse: 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453

National Sexual Assault: 1-800-656-HOPE (4673)

Veteran's Crisis: 1-800-273-TALK (8255)

Disaster Distress: CALL or TEXT 1-800-985-5990 (press 2 for Spanish).

The Eldercare: 1-800-677-1116 – TTY

From Center for Disease Control Website.

National Domestic Violence: 1-800-799-7233 or text LOVEIS to 22522

National Child Abuse: 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453

National Sexual Assault: 1-800-656-HOPE (4673)

Veteran's Crisis: 1-800-273-TALK (8255)

Disaster Distress: CALL or TEXT 1-800-985-5990 (press 2 for Spanish). The Eldercare: 1-800-677-1116 – TTY



## **EAT MORE, WEIGH LESS?**

**How to manage/reduce your weight without being hungry.**

Have you tried to lose weight by cutting down the amount of food you eat? Do you still feel hungry and not satisfied after eating? Or have you avoided trying to lose weight because you're afraid of feeling hungry all the time? If so, you are not alone. Many people throw in the towel on weight loss because they feel deprived and hungry when they eat less. But there is another way. Aim for a slow, steady weight loss by decreasing calorie intake while maintaining an adequate nutrient intake and increasing physical activity. You can cut calories without eating less nutritious food. The key is to eat foods that will fill you up without eating a large amount of calories.

### **If I cut calories, won't I be hungry?**

Research shows that people get full by the *amount of food* they eat, not the *number of calories* they take in. You can cut calories in your favorite foods by lowering the amount of fat and or increasing the amount of fiber-rich ingredients, such as vegetables or fruit.

### **What foods will fill me up?**

To be able to cut calories without eating less volume and feeling hungry, you need to replace some higher calorie foods with foods that are lower in calories and fat – this will help to fill you up. In general, this means foods with lots of water and fiber in them.

### **A healthy eating plan is one that —**


- Emphasizes fruits, vegetables, whole grains, and fat free or low-fat milk and milk products.
- Includes lean meats, poultry, fish, beans, eggs, and nuts.
- Is low in saturated fats, trans fats, cholesterol, salt (sodium), and added sugars.
- Stays within your calorie needs.

# HEALTH CORNER CONTINUED

## Technically speaking...

The number of calories in a particular amount or weight of food is called “calorie density” or “energy density.” Low-calorie-dense foods are ones that *don’t* pack a lot of calories into each bite. Foods that have a lot of water or fiber and little fat are usually low in calorie density. They will help you feel full without an unnecessary amount of calories.

The chart below will help you make smart food choices that are part of a healthy eating plan.

<b>These foods will fill you up with less calories. Choose them <i>more</i> often...</b>	<b>These foods can pack more calories into each bite. Choose them <i>less</i> often...</b>
<b>Fruits and Vegetables (prepared without added fat)</b> Spinach, broccoli, tomato, carrots, watermelon, berries, apples	<b>Fried foods</b> Eggs fried in butter, fried vegetables, French fries
<b>Low-fat and fat-free milk products</b> Low- or fat-free milk, low or fat-free yogurt, low- or fat-free cottage cheese	<b>Full-fat milk products</b> Full-fat cheese, full-fat ice cream, whole and 2% milk
<b>Broth-based soup</b> Vegetable-based soups, soups with chicken or beef broth, tomato soups (without cream)	<b>Dry snack foods</b> Crackers or pretzels, cookies, chips, dried fruits
<b>Whole grains</b> Brown rice, whole wheat bread, whole wheat pastas, popcorn	<b>Higher-fat and higher-sugar foods</b> Croissants, margarine, shortening and butter, doughnuts, candy bars, cakes and pastries
<b>Lean meat, poultry and fish</b> Grilled salmon, chicken breast without skin, ground beef (lean or extra lean)	<b>Fatty cuts of meat</b> Bacon, brisket, ground beef (regular)
<b>Legumes (beans and peas)</b> Black, red kidney and pinto beans (without added fat), green peas, black-eyed peas	

# HEALTH CORNER CONTINUED



## **Good things can come in big packages**

People eat more than they realize when faced with large portion sizes. This usually means eating too many calories. But, not all large portions are created equal. Larger portions of water and fiber rich foods, like fruits, vegetables, and broth based soups, can fill you up with less calories.

## **Start with an appetizer.**

Research shows that if you eat a low calorie appetizer before a meal, you will eat fewer total calories during the meal. Start your meals with a broth based soup or a green salad without a large amount of cheese, or croutons.

## **Fruits and veggies**

Keep it simple Most fruits and veggies are low calorie and will fill you up, but the way you prepare them can change that. Breading and frying, and using high fat creams or butter with vegetables and fruit will add extra calories. Try steaming vegetables and using spices and low fat sauces for flavor. And enjoy the natural sweetness of raw fruit.

## **What about beverages?**

While drinking beverages is important to good health, they don't help you feel full and satisfied the way food does. Choose drinks without calories, like water, sparkling water, or unsweetened iced tea. Drink fat free or low fat milk instead of 2% or whole milk.

Department of Health and Human Services Centers for Disease Control and Prevention  
National Center for Chronic Disease Prevention and Health Promotion  
Division of Nutrition and Physical Activity

**Submitted by: Rev. Lisa Richardson, RN,  
Associate Minister at Mt. Pisgah AME Church**

To Everything There Is A Season and A Time, For Every Purpose Under Heaven.

BIRTHDAYS/BIRTHS

**To all the Birthdays during  
the months of  
April, May, June**



**June 1, Denise Ruffin**

**June 5, Chance Durham**

**June 7, Roberta King**

**June 12, Delores Lewis**

**June 15, Claudie Hammond**





## A TIME TO BE HEALED..." SICK AND SHUT-IN

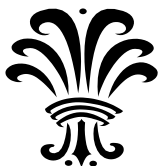


Darrell Alston	5121 Cedar Ave (43)
Verbatine Alston	6212 Sansom Street (39)
Sheila Booker	118 E. Hurter Street (19)
Robert Brown	1420 Clearview Street, Apt. H110 (32)
Billy Cash	1118E Sydney Street, 19150
Elizabeth Cason Kamara	4928 N. Camac St (41))
Dolores Clinton	1 Carol Ct., Cherry Hill, NJ (08002)
Phyllis Covington	418 No. 53rd Street (39)
Verna Cox	Harston Hall RM# 324B 350 Haws Lane, Flourtown, PA 19031
Khalil Edwards	2401 Benson St., Phila, PA (19152)
Elsie Gallaway	454 Morgan Ave., Drexel Hill, PA 19026
Jackie Gardiner	2133 S. 58th Street (43)
Vivian H. Gee	3600 Conshohocken Ave., Apt. 513(31)
Melvin Francis	1030 Belmont Ave., Apt 706, (04)
Willie Hamwright	The Watermark Logan Sq., Apt. 812 2 Franklin Town Blvd. (03)
Elizabeth Hopkins	1220 No. 53rd Street (31)
Therion Hudson	306 N. 41st Street (04)
Syreeta Jeter	411 N. 42nd Street (04)
Frank Lovett	7410 Drexel Rd, 19151
Elizabeth Kamara	2100 N. 49th St. Apt. 103 (31)
Corine McKeithan	4239 Pennsgrove St. (04)
Felicia Olugbode	4131 Spring Garden St. (19104)
Rev. Issac N. Patterson IV	The Watermark Logan Sq. Apt. 812, 2 Franklin Town Blvd.19103
Arleatha D. Pierce	5524 Haverford Ave. Apt 413 (39)
Ida Pierce	5458 Locust Street (39)
Eddie & Diane Pope	2338 W, Cheltenham Ave., Phila, PA 19150
Maryetta Reid	4511 Walnut Street, Apt 220 (39)
David Rivers	5524 Haverford Ave. Apt 509 (39)
Catherine Thompson	4400 Fairmount Avenue, Apt.102 (19104)
Audrey Washington	6213 Carpenter Street (43)
Australia Weaver	3713 Mimi Circle, Phila, PA 19131
Mamie Young	4342 Pine Street, Phila, PA 19104
Marlene Winfield	3939 Conshohocken Ave. Apt. 521 (19131)

## HOSPITALS, REHABILITATION AND NURSING CARE

Madeline Logan	Manor Care, RM 24A, 14 Lincoln Ave., Yeadon, PA., (19050)
Gloria Stanton	Saunders House, Rm. 430, 100 Lancaster Ave., Wynnewood PA, (19096)
Henrietta Stukes	Simpson House, 2101 Belmont Ave, Apt. 3102 Phila, PA 19131

*Please remember our Sick and Homebound with a card and or a phone call.  
Most important, always keep them in your prayers.*





## **P. O. W. E. R**

A people's movement. Advancing. Confronting. Connecting.  
An interfaith organization committed to building  
Communities of opportunity that work for all.

### **MT. PISGAH P. O. W. E. R. MEETING**

Church E-Mail: [info@mtpisgahamec.org](mailto:info@mtpisgahamec.org)

Website: [www.mtpisgahamec.org](http://www.mtpisgahamec.org)

Church Office# 215-386-6181 Church Fax# 215-386-3341

**THURSDAY, JULY 1, 2021**

**TIME: 7 P.M. – 8 P.M.**

ZOOM: <https://zoom.us/j/2153866181>

DIAL IN BY PHONE: 929-205-6099

MEETING ID: 215 386 6181

### **➤ RESULTS OF PA 2021 PRIMARY ELECTION**

### **➤ EDUCATION FAIR FUNDING IN GOVERNOR WOLF'S BUDGET FOR PA.**

### **P.O.W.E.R MEETINGS**

**ARE HELD THE 1<sup>st</sup> THURSDAY OF THE MONTH**

**IF YOU PLAN TO ATTEND CALL OR TEXT**

**REV. PHYLLIS A. HARRIS**

**(P. O. W. E. R. COORDINATOR)**

**CELL# 215-901-4269**

**Rev. Jay B. Broadnax, Pastor**

IMPORTANT  
ANNOUNCEMENT !

*Please send us articles of interest, stories, birthdays, baby births, anniversaries, any*

***Mt. Pisgah Family and Friends***

*celebrations, upcoming events, anything you want to share with the church members and communities.*

*Send to: Dolores M. Clinton*

*[dimclinton@verizon.net](mailto:dimclinton@verizon.net)*

*or*

*Betty Hammond*

*[bhlofou144@gmail.com](mailto:bhlofou144@gmail.com)*

*Help us to help you stay informed*

*and to continue enjoying*

*THE VIEW from Mt. Pisgah*

*Deadline for the September issue is August 10, 2021.*

*Thank you!*