



Week 6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast must have 3 components	<i>Corn Chex(G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>	<i>Corn Muffins (G)</i> <i>Applesauce (F)</i> <i>Milk (D)</i>	<i>Rice Krispies(I)(G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>	<i>WGR Waffles(G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>	<i>Corn Flakes (G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>
AM Snack	<i>Crackers</i> <i>Water</i>	<i>Animal Crackers</i> <i>Water</i>	<i>Crackers</i> <i>Water</i>	<i>Graham Crackers</i> <i>Water</i>	<i>Crackers</i> <i>Water</i>
Lunch must have 5 components	PreK, SA	PreK, SA	PreK, SA	PreK, SA	PreK, SA
	<i>Chicken/Turkey</i> <i>WGR Corn Dogs(P)(G)</i> <i>Baked Beans (V)</i> <i>Pears(F)</i> <i>Milk(D)</i> <i>*CN</i>	<i>Spaghetti (G)</i> <i>w/Meat Sauce (P)</i> <i>WGR Bread (G)</i> <i>Green Beans(V)</i> <i>Peaches(F)</i> <i>Milk(D)</i>	<i>Sausage (P)</i> <i>Hash Brown(V)</i> <i>Fruit Cocktail (F)</i> <i>Wheat Toast(G)</i> <i>Milk (D)</i>	<i>Riblets(P)</i> <i>WGR Bread(G)</i> <i>Baked Beans(V)</i> <i>Pineapple Tidbits (F)</i> <i>Milk (D)</i>	<i>Whole Grain Cheese Pizza(P)(G)</i> <i>Corn(V)</i> <i>Mandarin Oranges(F)</i> <i>Milk(D)</i> <i>*CN</i>
	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers
	<i>WGR Breaded Chicken Nuggets (G)(P)</i> <i>Baked Beans (V)</i> <i>Pears(F)</i> <i>Milk(D)</i> <i>*CN</i>	<i>Spaghetti (G)</i> <i>w/Meat Sauce (P)</i> <i>WGR Bread (G)</i> <i>Green Beans(V)</i> <i>Peaches(F)</i> <i>Milk(D)</i>	<i>Sausage (P)</i> <i>Hash Brown(V)</i> <i>Applesauce (F)</i> <i>Wheat Toast(G)</i> <i>Milk (D)</i>	<i>Riblets(P)</i> <i>WGR Bread(G)</i> <i>Baked Beans(V)</i> <i>Pineapple Tidbits (F)</i> <i>Milk (D)</i>	<i>Whole Grain Cheese Pizza(P)(G)</i> <i>Creamed Corn(V)</i> <i>Mandarin Oranges(F)</i> <i>Milk(D)</i> <i>*CN</i>
PM Snack must have 2 components	<i>WGR Pretzels(G)</i> <i>Gerber Snacks(G)</i> <i>(Toddlers)</i> <i>Milk(D)</i>	<i>Celery w/Dip (V)</i> <i>WGR Crackers (G)</i> <i>(Toddlers) Milk (D)</i>	<i>WGR Crackers(G)</i> <i>(Toddlers)</i> <i>Corn Chips (G)</i> <i>Milk(D)</i>	<i>WGR Crackers(G)</i> <i>Milk(D)</i>	<i>WGR Cheese Crackers (G)</i> <i>Milk (D)</i>

Meal Component Details: (P)-Protein, (V)-Vegetable, (D)-Dairy, (G)-Grain, (F)-Fruit

* For Kitchen use only

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.

Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.