



Week 5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> must have 3 components	<i>Corn Flakes (G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>	<i>WGR Toast (G)</i> <i>Peaches (F)</i> <i>Milk (D)</i>	<i>Cheerios (G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>	<i>WGR Pancakes(G)</i> <i>Applesauce(F)</i> <i>Milk (D)</i>	<i>Rice Chex (G)</i> <i>100% Orange or Apple Juice (F)</i> <i>Milk (D)</i>
<b>AM Snack</b>	<i>Crackers</i> <i>Water</i>	<i>Corn Puffs (gerber snacks-infants)</i> <i>Water</i>	<i>Crackers</i> <i>Water</i>	<i>Grahams</i> <i>Water</i>	<i>Crackers</i> <i>Water</i>
<b>Lunch</b> must have 5 components	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>
	<i>Hot Dogs(P)</i> <i>on WGR Buns (G)</i> <i>Baked Beans (V)</i> <i>Fruit Cocktail (F)</i> <i>Milk(D)</i>	<i>Bologna Sandwich (P)</i> <i>on WGR Bread (G)</i> <i>Mixed Vegetables(V)</i> <i>Pears (F)</i> <i>Milk (D)</i>	<i>WGR Breaded Chicken Nuggets (G)(P)</i> <i>Corn(V)</i> <i>Peaches (F)</i> <i>Milk (D)</i> <i>*CN</i>	<i>Cream Chicken(P)</i> <i>Peas/Carrots (V)</i> <i>Mandarin Oranges (F)</i> <i>WGR Biscuit (G)</i> <i>Milk (D)</i>	<i>WGR Breaded Fish Shapes (P)(G)</i> <i>Fries (V)</i> <i>Pineapple (F)</i> <i>Milk (D)</i> <i>*CN</i>
	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>
	<i>Mac &amp; Cheese Bites (P)(G)</i> <i>Baked Beans(V)</i> <i>Pineapple (F)</i> <i>Milk (D)</i> <i>*CN</i>	<i>Bologna Sandwich (P)</i> <i>on WGR Bread (G)</i> <i>Mixed Vegetables(V)</i> <i>Pears (F)</i> <i>Milk (D)</i>	<i>WGR Breaded Chicken Nuggets (G)(P)</i> <i>Creamed Corn(V)</i> <i>Peaches (F)</i> <i>Milk (D)</i> <i>*CN</i>	<i>Cream Chicken(P)</i> <i>Peas/Carrots (V)</i> <i>Mandarin Oranges (F)</i> <i>WGR Biscuit (G)</i> <i>Milk (D)</i>	<i>WGR Breaded Fish Shapes (P)(G)</i> <i>Fries (V)</i> <i>Pineapple (F)</i> <i>Milk (D)</i> <i>*CN</i>
<b>PM Snack</b> must have 2 components	<i>Gerber Snacks (Toddlers) (G)</i> <i>Corn Chips (G)</i> <i>Milk (D)</i>	<i>WGR Crackers (Toddlers) (G)</i> <i>WGR Soft Pretzels (G)</i> <i>100% Orange or Apple Juice (F)</i>	<i>WGR Crackers(Toddlers)(G)</i> <i>Carrots/Ranch(V)</i> <i>Milk (D)</i>	<i>WGR Cheese Crackers (G)</i> <i>Milk ( D)</i>	<i>WGR Graham Crackers(G)</i> <i>Milk (D)</i>

*Meal Component Details: (P)-Protein, (V)-Vegetable, (D)-Dairy, (G)-Grain, (F)-Fruit*

*\* For Kitchen use only*

*Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible. Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.*