



Week 6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal(G) 100% Orange or Apple Juice (F) Milk (D)	WG Bagels (G) Applesauce (F) Milk (D)	Cereal(G) 100% Orange or Apple Juice (F) Milk (D)	WG Waffles(G) 100% Orange or Apple Juice (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)
AM Snack	Crackers Water	Animal Crackers Water	Crackers Water	Graham Crackers Water	Crackers Water
Lunch	PreK, SA	PreK, SA	PreK, SA	PreK, SA	PreK, SA
	Breaded(G) WG Corn Dogs (P) Corn (V) Pears(F) Milk(D) *CN	Spaghetti (G) w/Meat Sauce (P) WG Bread (G) Green Beans(V) Peaches(F) Milk(D)	Sausage (P) Hash Brown(V) Fruit Cocktail (F) Wheat Toast(G) Milk (D)	Beef w/Gravy(P) Mashed Potatoes(V) WG Bread (G) Pineapple Tidbits (F) Milk (D)	Whole Grain Cheese Pizza(P)(G) Smile Fries(V) Mandarin Oranges(F) Milk(D) *CN
	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers	Twos, Infants & Toddlers
	Beef Ravioli(P) Creamed Corn(V) WG Bread(G) Pears(F) Milk(D) *CN	Spaghetti (G) w/Meat Sauce (P) WG Bread (G) Green Beans(V) Peaches(F) Milk(D)	Sausage (P) Hash Brown(V) Fruit Cocktail (F) Wheat Toast(G) Milk (D)	Beef w/Gravy(P) Mashed Potatoes(V) WG Bread (G) Pineapple Tidbits (F) Milk (D)	Whole Grain Cheese Pizza(P)(G) Smile Fries(V) Mandarin Oranges(F) Milk(D) *CN
PM Snack	WG Pretzels(G) (RM1-7;SA only) Gerber Snacks(G) (Infant/Toddlers) Milk(D)	(Rm 1-7;SA only) Celery w/Dip (V) WG Crackers (G) (Inf/Todds) Milk (D)	WG Crackers(G)(Inf/Todds) Corn Chips (Rm 1-7;SA only)(G) Milk(D)	WG Crackers(G) Milk(D)	WG Cheese Crackers (G) Milk (D)

Meal Component Details:

(P)-Protein

(V)-Vegetable

(D)-Dairy

Breakfast must have 3 components.

(G)-Grain

(F)-Fruit

Lunch must have 5 components.

Snack must have 2 components.

* For Kitchen use only

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.

Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.