



Week 5

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<b>Breakfast</b>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>Hard Boiled Eggs (G) Peaches (F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>WG Pancakes(G) Applesauce(F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>
	<i>Crackers Water</i>	<i>Corn Puffs (gerber snacks-infants) Water</i>	<i>Crackers Water</i>	<i>Grahams Water</i>	<i>Crackers Water</i>
<b>Lunch</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>	<b>Twos, PreK, SA</b>
	<i>Hot Dogs (P) on WG Buns (G) Baked Beans (V) Fruit Cocktail (F) Milk(D)</i>	<i>Bologna Sandwich (P) on WG Bread (G) Mixed Vegetables(V) Pears (F) Milk (D)</i>	<i>Beef Ravioli (P) Green Beans(V) Peaches (F) WG Bread (G) Milk (D) *CN</i>	<i>Scalloped Potatoes/Ham(P) Peas/Carrots (V) Mandarin Oranges (F) WG Bread (G) Milk (D)</i>	<i>WG Breaded Fish Shapes (P)(G) Fries (V) Pineapple (F) Milk (D) *CN</i>
	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>	<b>Infants &amp; Toddlers</b>
	<i>WG Breaded Chicken Nuggets (P)(G) Baked Beans(V) Pineapple (F) Milk (D) *CN</i>	<i>Bologna Sandwich (P) on WG Bread (G) Mixed Vegetables(V) Pears (F) Milk (D)</i>	<i>Beef Ravioli (P) Green Beans (V) Peaches (F) WG Bread (G) Milk (D) *CN</i>	<i>Scalloped Potatoes/Ham(P) Peas/Carrots (V) Mandarin Oranges (F) WG Bread (G) Milk (D)</i>	<i>WG Breaded Fish Shapes (P)(G) Fries (V) Pineapple (F) Milk (D) *CN</i>
<b>PM Snack</b>	<i>Gerber Snacks (Infants) (G) Corn Chips (G) Milk (D)</i>	<i>WG Crackers (Infants) (G) WG Soft Pretzels (G) 100% Orange or Apple Juice (F)</i>	<i>WG Crackers(Infants) (G) Carrots/Ranch(V) Milk (D)</i>	<i>WG Cheese Crackers (G) Milk ( D)</i>	<i>WG Graham Crackers(G) Milk (D)</i>

**Meal Component Details:**

*(P)-Protein*

*(V)-Vegetable*

*(D)-Dairy*

*Breakfast must have 3 components.*

*(G)-Grain*

*(F)-Fruit*

*Lunch must have 5 components.*

*\* For Kitchen use only*

*Snack must have 2 components.*

*Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.*

*Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.*

