



Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Grits(G) Peaches (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Blueberry Muffins (G) Applesauce(F) Milk(D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)
AM Snack	Crackers Water	Crackers Water	Animal Crackers Water	Graham Cracker Water	Crackers Water
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	Ham and Bean Soup(P) Carrots (V) WG Crackers(G) Tropical Fruit (F) Milk (D)	Hamburger (P) WG Buns (G) Fries(V) Pears (F) Milk (D) *CN	Chicken Teriyaki (P) Broccoli (V) White Rice (G) Pineapple (F) Milk (D)	Meatballs (P) Mashed Potatoes (V) WG Bread (G) Diced Peaches (F) Milk (D)	Hot Dogs(P) WG Bun(G) Baked Beans(V) Mandarin Oranges (F) Milk (D)
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	Ham and Bean Soup(P) Carrots (V) WG Crackers(G) Tropical Fruit (F) Milk (D)	Hamburger (P) WG Buns (G) Fries(V) Pears (F) Milk (D) *CN	Chicken Teriyaki (P) Broccoli (V) White Rice (G) Pineapple (F) Milk (D)	Meatballs (P) Mashed Potatoes (V) WG Bread (G) Diced Peaches (F) Milk (D)	Mac & Cheese Bites (P)(G) Baked Beans(V) Mandarin Oranges (F) Milk (D) *CN
PM Snack	WG Goldfish Crackers(G) Milk (D)	WG Crackers (G) (Inf & Todds) Apple Slice (F) Yogurt (D)	WG Crackers (G) Milk (D)	Cheese (P) WG Crackers (G)	WG Graham Crackers(G) Milk (D)

Meal Component Details:

(P)-Protein

(V)-Vegetable

(D)-Dairy

Breakfast must have 3 components.

(G)-Grain

(F)-Fruit

Lunch must have 5 components.

Snack must have 2 components.

** For Kitchen use only*

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.

Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.