



Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Biscuits (G) & Gravy 100% Orange or Apple Juice (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)	Whole Grain French Toast Sticks(G) Peaches (F) Milk (D)	Cereal (G) 100% Orange or Apple Juice (F) Milk (D)
AM Snack	Crackers Water	Pretzels Water	Crackers Water	Grahams Water	Crackers Water
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	Turkey WG Corn Dogs(P)(G) Corn (V) Mandarin Oranges (F) Milk (D) *CN	Tuna Sandwich (P) on WG Bread(G) Tater Tots(V) Pineapple (F) Milk (D)	WG Chicken Nuggets (P)(G) Peas & Carrots (V) Applesauce (F) Milk (D) *CN	Bar'B'Q (P) WG Bun (G) Baked Beans (V) Pears (F) Milk (D)	Turkey Tacos(P) Lettuce/Cheese/Salsa Fries(V) Peaches (F) Taco Shells(G) Milk (D)
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	Mac & Cheese Bites(P)(G) Creamed Corn (V) Mandarin Oranges (F) Milk (D) *CN	Tuna Sandwich (P) on WG Bread(G) Tater Tots(V) Pineapple (F) Milk (D)	WG Chicken Nuggets (P)(G) Peas & Carrots (V) Applesauce (F) Milk (D) *CN	Bar'B'Q (P) WG Bun (G) Baked Beans (V) Pears (F) Milk (D)	Turkey Tacos(P) Cheese Fries(V) Peaches (F) WG Bread (G) Milk (D)
PM Snack	WG Crackers(Infants only) Corn Chips (G) Milk (D)	Cucumbers/Ranch Dressing(V) WG Crackers(G) Milk (D) (Infants only)	String Cheese (P) Crackers (G)	WG Crackers(G) Milk (D)	WG Grahams (G) Milk (D)

Meal Component Details:

(P)-Protein

(V)-Vegetable

(D)-Dairy

Breakfast must have 3 components.

(G)-Grain

(F)-Fruit

Lunch must have 5 components.

Snack must have 2 components.

* For Kitchen use only

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.

Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.

