



Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>Cottage Cheese (D) Cantaloupe (F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>	<i>Whole Grain English Muffins (G) Pears (F) Milk (D)</i>	<i>Cereal (G) 100% Orange or Apple Juice (F) Milk (D)</i>
AM Snack	<i>Crackers Water</i>	<i>Pretzels Water</i>	<i>Crackers Water</i>	<i>Grahams Water</i>	<i>Crackers Water</i>
Lunch	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA	Twos, PreK, SA
	<i>Riblets (P) Baked Beans (V) WG Bread (G) Pears (F) Milk (D) *CN</i>	<i>Beef Ravioli (P) WG Bread (G) Green Beans (V) Mandarin Oranges (F) Milk (D) *CN</i>	<i>Ham (P) Sandwich on WG Bread (G) Broccoli (V) Cheddar Soup Diced Peaches (F) Milk (D) *CN</i>	<i>Beef Stroganoff (P) WG Bread (G) Peas & Carrots (V) Pinapple (F) Milk (D)</i>	<i>WG Breaded Fish Shapes (G)(P) Smile Fries (V) Applesauce(F) Milk (D) *CN</i>
	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers	Infants & Toddlers
	<i>Riblets (P) Baked Beans (V) WG Bread (G) Pears (F) Milk (D) *CN</i>	<i>Beef Ravioli (P) WG Bread (G) Green Beans (V) Mandarin Oranges (F) Milk (D) *CN</i>	<i>Ham (P) Sandwich on WG Bread (G) Broccoli (V) Cheddar Soup Diced Peaches (F) Milk (D) *CN</i>	<i>Beef Stroganoff (P) WG Bread (G) Peas & Carrots (V) Pinapple (F) Milk (D)</i>	<i>WG Breaded Fish Shapes (G)(P) Smile Fries (V) Applesauce(F) Milk (D) *CN</i>
PM Snack	<i>Soft Bread Sticks (G) Milk (D)</i>	<i>WG Crackers (G) (Inf/Todds only) Chex Mix (G) Milk (D)</i>	<i>WG Goldfish Crackers (G) Milk (D)</i>	<i>Gerber Snacks(G) (Inf/Todds only) Doritos (G) 100% Orange or Apple Juice (F)</i>	<i>Grahams (G) Milk (D)</i>

Meal Component Details:

(P)-Protein

(V)-Vegetable

(D)-Dairy

Breakfast must have 3 components.

(G)-Grain

(F)-Fruit

Lunch must have 5 components.

Snack must have 2 components.

*** For Kitchen use only**

Water is suggested as a beverage for all snacks even when other beverages are offered. Whole grains are substituted for as many grains/breading products as possible.

Children age 1 to 2 are served unflavored whole milk. Children ages 2 and up are served unflavored 1% milk.