

# Prayer Focus

Spirit of Life Ministries

M A Y 2019:

## *Pursuing A Life of Purity*

Instructions: Please Meditate and be changed daily using the assigned scripture and thought.  
Build your prayer life by using the thought from the previous week(s) as well as the current week.

“Therefore, do not let sin reign in your mortal body, so that you obey its lusts. And do not present your members as instruments of unrighteousness to sin but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. For sin shall not have dominion over you, for you are not under the law but under grace.” **Romans 6:12-14**

### Week # 1 (May 1<sup>st</sup> – 7<sup>th</sup>)

#### **Galatians 5:16** English Standard Version (ESV)

*“Walk by the Spirit, and you will not carry out the desire of the flesh.”*

**Thought:** *Plain and simple, as long as we allow the Holy Spirit to lead and guide us, yielding to the will and way of the Father, there will be no room for our desires or agenda. As we walk more with the Spirit our desires become His desires.*

### Week # 2 (May 8<sup>th</sup> – 14<sup>th</sup>)

#### **Romans 6:21-23** New Living Translation (NLT)

*21) “And what was the result? You are now ashamed of the things you used to do, things that end in eternal doom. 22) But now you are free from the power of sin and have become slaves of God. Now you do those things that lead to holiness and result in eternal life. 23) For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.”*

**Thought:** *We have now come to realize that the sins we committed prospered us nothing, except eternal damnation and separation from God. We have now been made free from the law of sin and death; through Christ Jesus we have been given the gift of eternal life.*

### Week # 3 (May 15<sup>th</sup> – 21<sup>st</sup>)

#### **1 Corinthians 10:13** Good News Translation (GNT)

*“Every test that you have experienced is the kind that normally comes to people. But God keeps His promise, and he will not allow you to be tested beyond your power to remain firm; at the time you are put to the test, he will give you the strength to endure it, and so provide you with a way out.”*

**Thought:** *Because there is nothing that we have and or will face that is uncommon to God, and because He loves us, He will not allow us to be tempted without giving us a way out; a way of escape.*

### Week # 4 (May 22<sup>nd</sup> – 31<sup>st</sup>)

#### **Ephesians 6:14** Amplified (AMP)

*“So, STAND firm and hold your ground HAVING TIGHTENED THE WIDE BAND OF TRUTH (personal integrity, moral courage) AROUND YOUR WAIST and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS (an upright heart).*

**Thought:** *No matter what we face or go through, we must stand on God’s Word, His truth which will keep us and protect our hearts from any and all lies, tricks, and schemes of the enemy.*

“I say to you, brothers and sisters, walk by the Spirit, and you will not gratify the desires of the flesh. You will have victory over temptation and know the guidance of the Lord if you keep your heart happy in God by resting in His promises.

**HOLINESS = POWER**

\*desiringgod.org

#### **SLM Watchmen on the Wall**

*“Realizing a Higher Sphere of Christian Living through a contagious lifestyle of Worship & Prayer”*

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*“An Awakening to a Higher Sphere of Christian Living”*