

Spirit of Life Ministries F E B R U A R Y 2019:

When Experiencing A Difficult Season...

Instructions: Please Meditate and be changed daily using the assigned scripture and thought. Build your prayer life by using the thought from the previous week(s) as well as the current week.

I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]

John 16:33 Amplified Bible, Classic Edition (AMPC)

<u>Week 1 (February 1st – 9th)</u> **Psalm 25:4 Amplified Bible, Classic Edition (AMPC)** *Show me Your ways, O Lord; teach me Your paths.*

Thought – Look For The Lesson. The difficulties we face in life are not intended to just make our lives miserable. But, God the Father uses those difficulties and challenges to teach us: how we should be and act in our circumstances as well as to see ourselves as we are and where we need to grow and develop.

Week 2 (February 10th-16th)

Jeremiah 29:13 New International Version (NIV) *You will seek me and find me when you seek me with all your heart.*

Thought – Seek The Father's Face Not Just His Hand. Most often in difficult times we are asking for a way out, but God the Father doesn't just want to show us a way out, but He wants to teach us the way through so that when we reach the other side we are better, not bitter; stronger, not weaker and that we look and behave more like Christ.

Week 3 (February 17th - 23rd)

Proverbs 3:5-6 New International Version (NIV)

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Thought – Trust And Don't Compare. Trust God the Father for your process, knowing that it is specific for your development and will not be identical to anyone else's. Although someone may have had a similar experience their process would have been different because they are different. So, don't compare. **Consult others for wisdom but trust God for the plan.**

Week 4 (February 24th – 28th)

1 Corinthians 10:13 Amplified Bible Classic Edition (AMPC) For no temptation (no trial regarded as enticing to sin), [no matter how it comes or where it leads] has overtaken you and laid hold on you that is not common to man [that is, no temptation or trial has come to you that is beyond human resistance and that is not [a]adjusted and [b]adapted and belonging to human experience, and such as man can bear]. But God is faithful [to His Word and to His compassionate nature], and He [can be trusted] not to let you be tempted and tried and assayed beyond your ability and strength of resistance and power to endure, but with the temptation He will [always] also provide the way out (the means of escape to [c]a landing place), that you may be capable and strong and powerful to bear up under it patiently.

Thought – Know That You're Coming Out. Hard or difficult times are never designed to be a destination but a season. Seasons vary in length and intensity, but never are forever. You will come through and out.

SLM Watchmen on the Wall

"Realizing a Higher Sphere of Christian Living through a contagious lifestyle of Worship & Prayer"

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