

# The Parish of the Holy Family

Holy Ghost • St. Helen • St. Jude  
www.theparishoftheholymfamily.org  
4100 Lyell Road, Rochester, New York 14606-4399  
Office (585) 247-4322 Fax (585) 429-5111

Dear Newlyweds to be,

Congratulations! On behalf of The Parish of the Holy Family Pre-Cana team we look forward to assisting you in your preparations as you plan your lives together. An important part in your preparation is Pre-Cana. The day begins at 9AM and ends at 3:45PM with mass following the class at 4PM. Attending mass is not a requirement, but is a perfect way to complete the day. All couples will receive a special blessing at this celebration.

Please fill out the registration form and return it to The Parish of the Holy Family with the \$75 (nonrefundable) registration fee (**payable to The Parish of the Holy Family**) AS SOON AS POSSIBLE, as you are not officially registered until your form and fee are received.

**You may drop off your registration form  
and check at the Parish office or mail to:**

PRECANA SESSION WILL BE HELD AT:

**The Parish of the Holy Family  
4100 Lyell Road  
Rochester, NY 14606  
Attention: Debbie**

**St. Helen Church  
310 Hinchey Road  
Rochester, New York 14624**

If you have any questions, please contact the Parish Office at 247-4322. We look forward to meeting you. Until then, take care and God bless you as you continue to prepare for the Sacrament of Marriage.

In God's love,

Debbie Sumner, Administrative Assistant and  
The Parish of the Holy Family Pre-Cana Team

**THE PARISH OF THE HOLY FAMILY PRE-CANA REGISTRATION FORM**

**PLEASE PRINT!**

Pre-Cana Class Date: \_\_\_\_\_

Name of Couple: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Wedding Date: \_\_\_\_\_ Church: \_\_\_\_\_

Cell Phone/Home Phone: \_\_\_\_\_ Whose # \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

***The questions below help the team in deciding what group of couples to place you in. It is acceptable if you do not wish to answer these questions for any reason.***

Have either of you been married before? No/Yes Who: \_\_\_\_\_

Do either of you have children? No/Yes – How many/age: \_\_\_\_\_

The Pre-Cana team will provide lunch, beverages, and snack foods. Please submit a check for \$75.00 (nonrefundable) with the registration form (one per couple) and make checks payable to “The Parish of the Holy Family”.

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**KEEP THIS SECTION**

**Please spend some time together reflection and discussing the topics below. This will help you prepare for the day and your lives together.**

**Theology of Marriage**

God is an integral part of every Christian marriage. Your marriage is an intimate, exclusive, indissoluble communion of life and love.

**Spirituality of Marriage**

Your holiness as a couple stems from your every day decisions to love one another and your children. Every married couple who loves one another is showing to the world their spirituality of marriage. Do you realize the spirituality within your own relationship? Don't make spirituality too hard and too complicated. It is not.

**Teachings on Marriage and Family**

The importance of family and God's role in a healthy family, especially its Christian heritage, is an important part of its identity.

**Rite of Marriage**

A wedding unveils an intimate and personal relationship between the bride and groom. Your wedding is also an ecclesial event. Every marriage is important to the life of the entire parish.