

# LET'S KICK ASTHMA

Helping asthma patients live and breathe better  
[www.Facebook.com/LetsKickAsthma](http://www.Facebook.com/LetsKickAsthma)

The Let's Kick Asthma Foundation, Inc. exists to bring asthma patients and their loved ones together to provide an atmosphere where they can become empowered and educated to improve their quality of life while living with asthma and other pulmonary diseases. Through support groups and outreach services, the Let's Kick Asthma Foundation, Inc. is the go-to resource to assist asthma patients with whatever their specific needs may be.

Kickin' this disease is our mission! Our mission also includes providing an atmosphere where patients and their families can share experiences, cope with setbacks, know what services are available to meet their needs, have access to information on new asthma therapies, and meet with medical professionals to address questions and concerns.

*Just  
Breathe*

*One Breath  
at a Time!*



**Let's Kick Asthma Educational  
Support Group meets monthly  
on the third Thursday of each  
month at 6pm.**

**LOCATION VARIES**

For more information please check  
[www.Facebook.com/LetsKickAsthma](http://www.Facebook.com/LetsKickAsthma)

Call (407) 435-7513 for more information

**Let's Kick Asthma  
Educational Support Group  
Founder & President:**

*JoJo O'Neal*

As a popular radio personality and community servant, JoJo O'Neal founded the Let's Kick Asthma Foundation in January of 2013

Her purpose has been to provide educational support to those living with the effects of asthma. One way this support has been



effective is through the creation of a support group. The first official "Let's Kick Asthma Educational Support Group" was held in Winter Park, Florida and still meets on a monthly basis. This group allows those living with asthma the opportunity to share personal experiences, offer support to each other, and provide education and resources that will assist in day-to-day living.

What really makes this foundation and support group a success is the dedication and commitment JoJo has to helping those who battle this disease. Her passion and personal experience with asthma have not only motivated the launch of this organization, but has also motivated her to expand the Let's Kick Asthma Foundation to reach the entire world, one breath at a time.



# Won't you join us?



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Until there's a cure for asthma,  
helping people kick the  
symptoms of this disease  
is our mission!

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