

Feed Your Faith & not your Fear by bishop manning

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Numbers 13

²⁵Forty days later, they came back from exploring the land. ²⁶They came back to Moses, Aaron, and the whole community of Israel at Kadesh in the Desert of Paran. They gave their report and showed them the fruit from the land.

²⁷This is what they reported to Moses: "We went to the land where you sent us. It really is a land flowing with milk and honey. Here's some of its fruit. ²⁸But the people who live there are strong, and the cities have walls and are very large. We even saw the descendants of Anak there.

³⁰Caleb told the people to be quiet and listen to Moses. Caleb said, "Let's go now and take possession of the land. We should be more than able to conquer it."

³¹But the men who had gone with him said, "We can't attack those people! They're too strong for us!" ³²So they began to spread lies among the Israelites about the land they had explored. They said, "The land we explored is one that devours those who live there. All the people we saw there are very tall.

1. What are you allowing in your spirit?
2. Who are the people you're spending time with? I have my own doubts and fears, so am careful who I spend time with..
3. What are you dwelling on all day?
4. Do not feed your fear, quit feeding insecurity, and start feeding your value...
5. What memories are you' allowing to replay—
6. It's either inspiring you, building your faith, pushing you toward your destiny and dreams, or it's limiting you.
7. Stay on course and keep your faith fed.
8. Even in the middle of difficulties or after trauma and great trials, you can choose to feed your faith.
9. I believe that the seed of greatness is waiting to spring forth, as you feed your faith with the right things!
10. Whatever you are feeding its getting stronger, you cannot feed your destiny and your fear at the same time.