



Yoga Pointe, Inc

**200hour Yoga Teacher Training Program
Application**

February 2021 – June 2021



Registered Yoga School

200 hour program approved by Yoga Alliance

Visit www.yogaalliance.org

Yoga Pointe, Inc 2539 South Florida Ave

Lakeland, FL 33803

www.yogapointe.com info@yogapointe.com

863-937-806

200 hour YOGA TEACHER TRAINING Application

Yoga Alliance approved program

Name: _____ Female Male Birthdate:_____

Mailing Address:_____

City, State, Zip: _____

Telephone (home):_____Telephone (work):_____

Telephone (cell):_____Email:_____

Occupation (If you're not currently employed, your vocation, training, or profession):_____

How did you find out about this program?_____

Number of years practicing hatha yoga:_____.

Describe your personal philosophy of yoga and how it has impacted you. _____

Are you currently taking yoga classes? No Yes How many times per week? _____

What tradition/style?_____

Do you have a home yoga practice? No Yes

Other relevant education and/or training (indicate type, level, length of training):

Are you currently teaching yoga? No Yes In the past How many times per week? _____

On-going class Substitute

What tradition?_____ How long have you been teaching?_____

Comments:_____

Health Information

Describe your present state of health: _____

Physical limitations: _____

Serious illness, injury or major surgery within the last two years: _____

Under medical or mental health treatment or supervision for: _____

Please check and clarify any of the following conditions that apply to you:

Allergies: _____

High blood pressure: _____

Low blood pressure _____

Intestinal conditions: _____

Osteoporosis: _____

Mental Illness: _____

Recent injuries: _____

Recent surgery: _____

Spinal conditions: _____

Ulcers: _____

Pregnant (due date): _____

Arthritis: _____

Asthma: _____

Chronic sinus condition: _____

Diabetes: _____

Endocrine conditions: _____

Epilepsy: _____

Glaucoma: _____

Hernia: _____

Hypoglycemia: _____

Heart conditions: _____

Please describe any other physical or mental conditions that would be helpful for your instructor to be aware of.

In case of emergency, please contact:

Name: _____ Relationship: _____ Telephone: _____

Physician: _____ Telephone: _____

Therapist: _____ Telephone: _____

I certify that the above information is true and complete to the best of my knowledge and that I will not hold Yoga Pointe, Inc. or my instructor liable for any mishaps arising from my participation in the yoga teacher training program.

Signature _____ Date _____

*This health information will be held private and confidential by Yoga Pointe, Inc and is for informational purposes only.

Please sign this agreement and return with your registration form. Please keep a copy for your records.

Cancellation Policy

Because of application process and preparation required for each student in teacher training programs, **deposits are non-refundable**. If you cancel your deposit will be applied to your account for future use of classes and workshops. **If you drop out of the program after the start date, there will be no refund of any tuition paid.** You may, however, apply your tuition balance to a future program, workshops, or classes. Unused teacher training tuition is non-transferrable and expires at the conclusion of the teacher training program for which you were originally enrolled.

Attendance Policy

PLEASE MAKE SURE YOU HAVE READ AND FULLY UNDERSTAND THE ATTENDANCE POLICY.

Full attendance in the program is required for Yoga Alliance certification. Missing any weekend will significantly impact the training and learning process. If an emergency occurs and there is missed time, hours can be made up, however a discounted private rate of \$50 per hour will apply. You will be required to pay the private hourly rate to make up the content and contact hours. If you miss a weekend due to a **non-emergency**, we will encourage you to drop out of the program and re-enroll in another future program or you will graduate with a certificate reflecting the number of hours you completed. We cannot offer make up sessions for 'non-emergency' absences. Remember that Yoga Alliance will not certify you until you have completed the full requirements of each program.

Code of Ethics and Agreement

The following is an integration of the code of ethics from Yoga Alliance and Yoga Pointe, Inc:

Yoga Alliance code of conduct is a declaration of acceptable ethical and professional behavior by which all registrants agree to conduct the teaching and business of yoga. It is not intended to supersede the ethics of any school or tradition but is intended to be a basis for yoga principles. As a RYT®, E-RYT or representative of a RYS®, I agree to uphold the following ethical principles:

- Conduct myself in a professional and conscientious manner.
- Acknowledge the limitations of my skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment or direction.
- Create and maintain a safe, clean and comfortable environment for the practice of yoga.
- Encourage diversity by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion or sexual orientation.
- Respect the rights, dignity and privacy of all students.
- Avoid words and actions that constitute sexual harassment.
- Adhere to the traditional yoga principles as written in the Yamas and Niyamas.
- Follow all local government and national laws that pertain to my yoga teaching and business.

Yoga Pointe, Inc code of ethics/conduct:

- It is our responsibility to uphold and foster a safe and sacred environment in which to allow the transformation work of mind, body, and spirit. It is essential that anyone teaching yoga have a high degree of personal integrity and maintain clear boundaries in the role of serving the students.
- As yoga professionals/teachers, we must remain aware of this power dynamic and never exploit the vulnerability of a student for personal gain or gratification.

-I understand that the purpose of the ethics and this agreement is to protect the environment of sanctuary for the students and to support the clarity, consciousness and self-responsibility of individuals. I agree that my purpose as a yoga teacher is to serve the students' personal exploration. I agree that I will avoid any activity or influence that is in conflict with the best interests of the students or is solely for my own personal gain or gratification.

I have read and understand the terms and conditions as outlined in this document, and agree to be bound by these conditions.

I understand that I must meet the above criteria to in order receive certification. I agree to honor this code of ethics and conduct.

I have reviewed the program philosophy, requirements, and weekend dates of training on www.yogapointe.com website and am fully informed of this information.

Name _____
PLEASE PRINT

Signature _____ Date _____

~~~~~  
**Payment Information:**

200 hour Program Cost - The total tuition for the 2021 cycle of the 200 hour program is \$2550.00. A \$300 deposit will hold your space in the program. **The application deadline is January 29th 2021.**

- Save \$200 (making tuition \$2350) with an Early Registration discount if paid in full by January 29th.
- Half of the balance (\$1275, or \$1125 if deposit paid separately) will be due by January 29th, four weeks prior to the start of the program.
- The remaining half (\$1275, or \$1125 if deposit paid separately) will be due on February 12th, two weeks prior to the start of the program.
- You may inquire about other payment plan options. The only additional required expense is the cost for the texts for the program, about \$100.
- You will receive complimentary and unlimited weekly classes at Yoga Pointe for the duration of the teacher training.