





# KidsPlay-Williamsville Community Ed. Fall 2024 Youth Sports

### FALL NFL FLAG FOOTBALL LEAGUES (AGES 5-7, 7-10, 10-13)

NFL Flag Football is non-contact football with primary emphasis placed on the development of passing, receiving, running and coverage skills. There is no blocking or tackling in NFL Flag; the game is strictly "no contact" with primary emphasis placed on skill development, learning and having fun playing football. Games are played 6 v 6 with modified rules to heighten skill development and maximize activity. Players meet for 90 minutes each week - a 40 minute training session followed by a 50 minute game against another KidsPlay team. KidsPlay coaches coordinate all practices and games with parent coaches providing assistance during training sessions. *An NFL team-oriented reversible football jersey and flag belt is included in the fee.* 

#### Fall 2024 NFL Flag Football League Schedule :

NFL Flag Developmental (Ages 5-7) - Players meet Fridays 5:15-6:30PM @ Dodge Elementary Field American Conference (Ages 7-10) - Players meet Saturdays 12:00-1:15PM @ Dodge Elementary Field National Conference (Ages 10-13) - Players meet Saturdays 1:15-2:30PM @ Dodge Elementary Field Fee: \$155.00 \*\* 6 week season starts September 13th (Friday) and September 14th (Saturday)

## KIDSPLAY PC SOCCER (AGES 3 - 4+ PARENT) & SOCCER LEVEL I (AGES 4- 6)

Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. KidsPlay hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. No Blob Soccer is allowed! The philosophy of PC Soccer and Level 1 Soccer stresses skill development and learning in a fun and friendly atmosphere. Half of each class is devoted to fun instructional training/games with the remaining half devoted to scrimmage. Two KidsPlay coaches teach a maximum of 22 children in each class. A KidsPlay T-Shirt is included in the program fee.

#### Fall 2024 PC Indoor Soccer Schedule (Ages 3 and 4 + Parent )

Wednesday 6:00-6:45 OR Saturday 10:00-10:45 AM
Fee: \$102.00 \* 6 week session starts October 2nd (Wed) or October 5h (Sat.)
Location: Maple West Elementary Gym (Wed) // Casey Middle Gym (Sat)

#### Fall 2024 Indoor Soccer Level I Schedule (Ages 4,5 and 6):

Wednesday 6:45-7:45 OR Thursday 6:00-7:00 PM OR Thursday 7:00-8:00 PM @ OR Saturday 10:45 to 11:45AM Fee: \$102.00 \* 6 week session starts October 2nd (Wed), September 26h (Thu), or October 5h (Sat.)

Location: Maple West Elementary Gym (Wed & Thu) // Casey Middle Gym (Sat)

#### KIDSPLAY U8 BLUE DIVISION INSTRUCTIONAL SOCCER LEAGUE

KidsPlay Instructional Soccer Leagues are designed to help veteran and inexperienced players develop skills in a positive and supportive environment. Special emphasis is placed on the development of dribbling, receiving and passing/support skills. League games are played 5 v 5 allowing for maximum touches on the ball and plenty of playing time for all players. After a basic evaluation session conducted during Week #1, an even amount of experienced and inexperienced players are distributed onto all teams. KidsPlay does not rely on volunteer coaches. All game and practice sessions are coordinated by 2-3 KidsPlay coaches. Players meet once each week for a 30-40 minute training session followed immediately by a game that lasts 35-45 minutes. A league schedule is distributed at the first session; parents are notified of their child's team assignment 1-2 days after the first session. A KidsPlay team shirt is included in the program fee.

#### Fall 2024 Indoor U8 Blue Division (Ages 6, 7 and 8):

Players meet on a rotating schedule on Mondays @ 6:00 and 7:1PM @ Maple West Elementary Gym Fee : \$116.00 \* 6 week season starts September 30th

#### KIDSPLAY INDOOR NFL FLAG FOOTBALL LEAGUES (AGES 5-7 and 7-11)

Are you ready for some football? Whether your child is a football star or has never played football before, Indoor NFL Flag will develop their football knowledge and skills. Experienced players will continue to build on their current base of skills and new players will receive a fun and informative introduction to football. Each session will have football specific skill training, speed and agility work followed by modified flag football drills or indoor flag football scrimmages.

An NFL team-identified reversible football jersey and flag belt are included in the fee.

#### Fall 2024 Indoor NFL Flag Football League Schedule:

NFL Flag Developmental (Ages 5-7) - Players meet Mondays @ 6:00 and 7:15 (Rotating Schedule) @ Country Pkwy El Coed American Conference (Ages 7-11) - Players meet Wednesdays @ 6:00 and 7:15 (Rotating Schedule) @ Country Pkwy El Girls NFL Flag (Ages 7-11) - Players meet Saturdays @ 10:00 -11:15 @ Casey Middle Fee: \$155.00 \*\* 6 week season starts December 7th (Saturday), December 2nd (Monday, and December 4th (Wednesday)

#### KIDSPLAY 3 on 3 BASKETBALL LEAGUE (AGES 6-9)

In many respects, 3-on-3 basketball is superior to the traditional 5-on-5 game. The 3 on 3 format gives players more touches on the ball and makes basketball easier to understand and play. Development of strong dribbling, passing and shooting skills is our primary focus at this age level. In KidsPlay leagues, emphasis is placed on learning, building skills, and having fun more than winning or losing. All players receive equal amounts of instruction and play at least 50% of each league game. A KidsPlay basketball shirt is included in the program fee.

#### 3 ON 3 Basketball League Schedule :

Players meet on a rotating schedule on Thursdays at 6:00 and 7:15pm

<u>Location</u>: Maple East Elementary Gym

Fee: \$116.00 -- 6 week season starts December 19th

#### SABERTOOTH INSTRUCTIONAL FLOOR HOCKEY (AGES 5-6)

If you have a future Dahlin currently hitting a hockey ball around out in the driveway, KidsPlay Floor Hockey is a fun and interesting introduction to hockey during a player's formative years. A safe and fun alternative to traditional ice hockey, KidsPlay Hockey stresses the development of basic stick handling, passing and shooting skills as well as understanding how hockey works. Game rules are modified to heighten skill development and ensure equal playing time for all players. Players use the same equipment as used in school gym class. A mouth guard is the only required equipment needed.

#### Fall 2024 Sabertooth Floor Hockey Schedule (Ages 5-6):

Tuesday 6:00 to 7:00PM **OR** Tuesday 7:00-8:00PM — 6 week season starts November 12th **Fee:** \$102.00 - **Location:** Maple East Elementary Gym

### \*\* FALL 2024 REGISTRATION\*\*

ONLINE REGISTRATION BEGINS TUESDAY, SEPTEMBER 3RD AT: