

NFL FLAG FOOTBALL TRAINING CAMP

AT THE

NARDIN ACADEMY ATHLETIC CENTER



NFL Flag Football is non-contact football with primary emphasis placed on the development of passing, receiving, running and defensive skills. There is no blocking or tackling in NFL Flag; the game is strictly "no contact" with primary emphasis placed on skill development, learning and having fun playing football. Games are played 5 v 5 with modified rules to heighten skill development..

Players meet for 2 hours each morning - a 50-60 minute training session followed by a 50-60 minute game. KidsPlay coaches coordinate all training and games. A mouthguard is the only mandatory piece of equipment needed. An NFL team-oriented reversible football jersey and flag belt is included in the fee.

American Conference Camp (Ages 5-12) - July 30th- August 3rd

Players meet Monday- Friday 9:30-11:30AM each morning

Location: Nardin Academy Athletic Center, 1803 Elmwood Avenue

Fee: \$99.00

Online Registration Link:

www.nardin.org/admissions/summer-camps