Ephesians 3:17-19 - And I pray that you, being rooted and established in love, may have power, together with all of the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge - that you may be filled to the measure of all of the fullness of God.

The other day, I was visiting a patient and asked if she would like to receive prayer. Her response was, "Well, some people have already prayed for me today." To that, I said, "You know, God doesn't limit the number of our prayers. They're free today!" She smiled and extended her hand to me as we together went before the Lord in prayer. And then she prayed for the other patients in the hospital to receive God's love and mercy.

One of the ways that we come to know how wide and long and high and deep the love of Christ is for us is to share it others. In the scripture I read, which is the apostle Paul's prayer for the church at Ephesus, he asks that we might be so rooted and grounded in God's love that we would have power together to grasp the magnitude of that love and be filled with it.

I've heard it said that trying to comprehend the love of God is like putting the Pacific Ocean in a glass of water. It simply cannot be contained. But God created each of us in His image and in His love, and then demonstrated that love radically to the world by giving His only Son, that whoever believes in Him shall not die but have everlasting life. When we receive Jesus, that love is made manifest in us - it fills us. And it only increases as we give it away.

Imagine yourself as a pitcher of water. God's word says in John 7:38, "Whoever believers in me, as Scripture has said, rivers of living water will flow from within them." Now picture yourself pouring that living water, the love of Jesus, into every vessel you meet. No matter our circumstances, whether things are going well or not so much, we have the ability to pour living water into everyone we encounter. This is how love is made complete among us. In this world, we are like Jesus.

Perhaps you are struggling today, wondering where God is in the midst of your pain and suffering. Maybe your well has run dry. But I encourage you to look around you for a pitcher of living water. Take a deep drink, filling yourself to the measure of all of the fullness of God. And then pour yourself out so that others might find life and love through you.