



The North Hill Christian

Spokane, WA

February 2024 Vol 71 #2

Flurries from Chris

I woke up this morning to an email filled with articles, where the upper most article was “Ten Other Things You Might Give Up For Lent.” It started with the usual spiel about how many people will actively give something up for lent. I can still remember the year in college where I gave up deserts to much surprise of my friends.

Many times when we consider those things that we recognize are not healthy within our lives, at least to the extent in which we partake. Such as, social media, chocolate, alcohol and junk food. In many ways these can be seen as a simple and temporary action to try and become healthier as an individual.

But what the article went on to highlight are those things that we can give up to foster better relationships with ourselves and those around us. The ten things listed include; Give up the need to be right all the time. Give up your reluctance to ask for help. Give up your fear of failure. Give up comparing yourself to others. Give up the need to have things all figured out. Give up your fears of the future. Give up anesthetizing yourself to pain and suffering. Give up the need to be in control. Give up the need to make everyone happy. Give up all the non-essential noise in your life.

That is a heavy list of things that we can give up for lent. But even though these things would be much harder it fits better with the mentality of repentance and making changes within our own lives to encourage a stronger relationship with the Holy and with one another.

Making these types of changes causes us to confront the reality that we are not perfect. That we do not have everything filled out. And we definitely do not have control of everything in our lives. As we recognize those Truths we make the space for us to become more open and honest with one another about how we are doing and what supports would be welcomed.

You can find a copy of the article at <https://www.ministrymatters.com/all/entry/8041/ten-other-things-you-might-give-up-for-lent>

It was written by the Rev. Magrey deVega.

Peace in Christ,

Chris Snow

Weekly Events

Attitude Adjustment

Every day at noon and 5:30 p.m.

Citizenship Preparation

Thursdays 6-7 PM.

1st Ukrainian Baptist Church

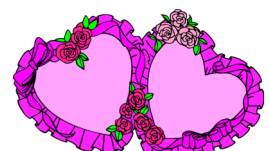
Worship: Sun. 2-6 p.m.

Study & Choir: Tues. 6-9 p.m.



Meals on Wheels

Meals on Wheels delivers hot meals to clients every weekday. North Hill Christian is responsible for delivering one week a month. Please call or email Michele Fleck, (509) 327-3451, michele_fleck@comcast.net





The Week of Compassion offering is used to help those in need around the world. It is the mission fund of the Christian Church (DOC) that supplies relief, refugee and development funds. This year's theme is "Gifts to Live On". Week of Compassion is there when it is needed and partners with other agencies...during 2023 they provided support in Hawaii for the wildfires in Maui and hurricane relief in Florida and Louisiana. In 2023, Week of Compassion worked with over 70 Disciples congregations to respond to the needs of refugees, evacuees, asylum seekers and immigrants. Week of Compassion is an important part of the ministry of the Christian Church (DOC) and your financial gifts allow you to be a part of taking care of those in need both locally and around the world. We will be taking a special offering for Week of Compassion on February 18th & 25th. Please mark your check or envelope to indicate your gift to this important mission of our church.

Borrowing Equipment

The property team would like to request that starting on February 1st, if you need to borrow equipment or property from the church, you will need sign it out in the church office.

Soup Luncheon Successful

North Hill is blessed to have many good cooks among us. The soup luncheon on January 28th was a great time to share food and fellowship. Almost everyone there sampled at least two or three of the five soups offered. The soups were all delicious. Thanks so much to Debbie Jennison, Sally Deranleau, Patt Hooker and Sarita McReynolds who joined me in providing the soups. Thanks, too, to those who provided crackers and bread and the yummy desserts. All of you who were good enough to join in the kitchen to take care of tidying up were greatly appreciated. Janie

Bible 101

Pastor Chris will be offering a Bible 101 class, starting on January 31st at 6:30pm via zoom. (If zoom is an issue please let pastor Chris know and he will make space available for a hybrid class). This class will be focused on how we read the Bible and how any approach will effect what the scriptures have to say to us in a given time. This is a class meant to lay the foundation for further Bible Studies and discussions around various topics, such as if we will be an Open and Affirming Congregation.

Here is the zoom link for our class:

<https://us02web.zoom.us/j/3685539716>

Collection list for the Salish School Needs Pantry

Household Items: laundry detergent, fabric softener, dryer sheets, liquid hand soap, PineSol, disinfectant, dish soap

Personal Hygiene Items:

shampoo, conditioner, toilet paper, feminine hygiene products, body wash, lotion, deodorant, razors, hair ties, combs, hair brushes.

Prayer Concerns

- The people of Gaza, Israel, and Ukraine
- Kathy Riley continuing cancer treatments.
- Pastor Chris's sister, Melissa, has been diagnosed cancer. Prayers for her and her family.
- Prayers for David, who is battling upper respiratory issues.

Joys

- Our new Regional Minister will start in March.

Birthdays

- 2/2 Karen Stewart
- 2/7 Bill Phipps
- 2/14 Deanne Miller
- 2/23 Bobbie Belton
- 2/25 Bill Jennison

Please note: When applicable, birthdays include the first week of the next month.

Anniversaries

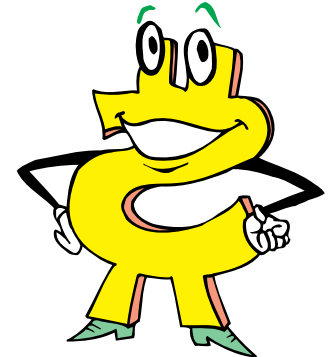
- None

Ash Wednesday

As the season of Lent is set to begin on February 14th when we will be gathering at Country Homes Christian Church for a joint Ash Wednesday Service at noon. This is a service where we mark the beginning of a season focused on repentance and preparing ourselves for Holy Week, most notably by remembering our own mortality with the imposition of ashes made from the palm fronds from last year's Palm Sunday services. If you would like to participate in the burning of the palm fronds you are welcome to join us at 11:00 am, at Country Homes Christian Church.

Financial Roundup for January

	January	YTD	YTD Budget
Income	\$ 16,197	\$ 16,197	\$ 15,883
Expense	\$ 11,197	\$ 11,197	\$ 13,652



The income includes income from 4 special sources:

Zephyr Heritage Fund

Laurence Omen Family Fund

Dorothy L Penning Memorial Fund

Qtrly income from our investment after selling house

General Fund giving was about \$275 over budget



North Hill Christian Church

4620 N. Post
Spokane, WA 99205

February 2024 --- Serving Schedules				
	February 4	February 11	February 18	February 25
Count	Michele and Patty	Linda and Sally	Sheila and Arlene	Linda and Patty
Diaconate	Sally Deranleau	Nathan Burford	Linda Alexander	Michele Fleck
Elder	Sheila McCrea	Debbie Jennison	Bill Jennison	Jerry Klein
Lay Leader	Jenn Snow	Debbie Jennison	Bill Jennison	Sheila McCrea
Power Point	Debbie Jennison	Natasha Carter	Jenn Snow	Natasha Carter
Sound	Nathan Burford	Bill Jennison	Nathan Burford	Ben Greene
Pick Up	Janie Selley	Bobbie Belton	Sally Deranleau	Arlene Pandelis
Greeter	Arlene Pandelis	S. McReynolds	Bill Phipps	Arlene Pandelis
Song Leader	Jenn Snow	Debbie Jennison	Bill Jennison	Bobbie Belton
Coffee Hour				