



# The North Hill Christian

Spokane, WA

August 2021 Vol 68 #8

## Flurries from Chris

As many of us have found ourselves following various events in the Olympics, we may have noticed some subtle and not so subtle changes to the tone of the games. Whether this is around offering equal number of events for both men and women in any given sport, a change in how broadcasters are able to film athletes, or most notably talk about mental health.

Over the past year I have heard a great deal of talk of mental health as it pertains to our youth and children who had to make their way through virtual schooling. I watched as mental health became more visible as our typical outlets for support and encouragement were prevented due to COVID. So, it is no surprise that discussions of mental health have made their way to the Olympics, especially as recent revelations have shown that even the physical well being of our athletes was not protected as it should have been.

I am grateful for the support I have seen for Simone Biles taking a step back to take care of her self so that she can then come back when she is ready. I have also seen comments celebrating her for being a true role model who is showing us that even when we are expected to be perfect, we can show weakness. Even when we are expected to do everything, we can take a step back to take care of one's self.

One of the sayings that I remember from seminary regarding our own health is, "No one will ever thank you for taking your day off." Along with that came the reminders that in order for any of us to care for others, we need to first take care of ourselves. I am thankful that we have leadership in place that even when I find the need to take care of my family as is evidenced by my absence on July 25<sup>th</sup> while my daughter made an unplanned trip to Seattle Children's. I would encourage us all to remember that even Jesus took time to regroup after caring for others. He took time to take care of himself so that he could then continue on in his ministry. How could we possibly expect to push ourselves harder than Olympic athletes and Jesus. In order for us to continue to care for others let us remember that we must continue to be mindful of our own needs.

Peace in Christ,

## Weekly Events

### **Attitude Adjustment**

Everyday @ 12 & 5:30 PM  
Saturday Mornings @ 9am

### **Citizenship Preparation**

Expected to restart in September

### **1<sup>st</sup> Ukrainian Baptist Church**

Worship: Sun. 2-6 p.m.  
Study & Choir: Tues. 6-9 p.m.



### **Meals on Wheels**

Meals on Wheels is delivering seven frozen meals to clients each Friday. North Hill Christian is responsible for delivering once a month. Please call or email Kathy Riley to sign up to help deliver (509-599-0183 or [haverile@msn.com](mailto:haverile@msn.com)). If you want to help with a donation, contact Meals on Wheels at 509- 862-6367.

Chris Snow

## Creating our new normal

Over the past year we have found ourselves unintentionally creating a new normal of how we do church. At the last board meeting Pastor Chris laid out some of the changes that we are making to our worship service as we continue to move forward. 1) We will continue to invite the congregation to come forward during the time of communion rather than passing trays for both offering and communion. Eventually we will have individuals holding the trays to serve those who come forward. We will have someone who will serve those who are unable to come forward to partake of the elements. 2) In an effort to encourage all who join in with singing hymns during our service, both in person and virtually, we now have an expectation to have a dedicated song leader or the choir lead all the congregational hymns. 3) Coffee hour is returning but is only available when hosts sign up with Janie to do so.

Some other changes you may have started to notice are that we will continue to work towards providing hybrid options for various ministries and programs in the life of the church. This may take the form of making meetings, studies, and other gatherings available via zoom for those who are not able to join in person. We will continue to listen for where there is a need and make adjustments accordingly. Another change you may have noticed in the serving schedule is that we shifted the sanitizer crew over to pick up. As data regarding COVID has shown that contact surfaces are not a high transmission point we have made this shift to utilize these volunteers to straighten up the sanctuary after we use it each week.

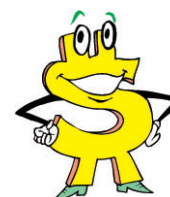
For all those who have volunteered to fill new and continuing roles within our congregation, I would like to say thank you. As we have continued to be flexible over the past few years, it is through your service and dedication to the ministries that God calls us to be a part of, that we have been able to continue to declare the Good News of Jesus Christ to our community.

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### Financial information for June and July.

#### June Financial Information - Budget Figures

	June	YTD	YTD Budget
Income	\$ 10,622	\$ 91,466	\$ 63,882
Expense	\$ 20,235	\$ 82,150	\$ 80,358



General Offering income was above budget by \$1725

Expenses include expenditures to get the rental house ready for sale

#### July Financial Information - Budget Figures

	July	YTD	YTD Budget
Income	\$ 287,097	\$ 378,562	\$ 74,529
Expense	\$ 281,900	\$ 364,050	\$ 93,752

Income reflects proceeds from the sale of the rental house  
of \$277,836.53

General Offering income was below budget by \$1,135

Expenses include expenditures to get the rental house ready for sale  
and the investment of \$268,006 to provide future income



Join the Big Sky Area of the Northern Lights Region as the iCamp tradition continues! Individuals and families are invited to attend this unique camp event at Cane Ridge West. Enjoy campfire, discussion groups, kids activities, nature walks, and more over the long weekend. This year's program features examination and conversation around the book, "Disciples: Who We Are and What Holds us Together" by Michael Kinnamon and Jan Linn. Michael Kinnamon will also join us for a talk via Zoom! Mathew Goodrich will be leading small group discussions.

From the book jacket:

*"What does it mean to be part of the Christian Church (Disciples of Christ)? A denomination that intentionally unites Christians who have different ideas about what it means to be Christian is bound to struggle to agree on its core values and beliefs — but respected Disciples Michael Kinnamon and Jan Linn believe unity is possible through reforming worship, relationships, and mission. A timely update of their landmark book, Disciples identifies common ground and continues the conversation started by Stone and Campbell two centuries ago on the American frontier."*

Let the church office know if you would like to register.

### Prayer Concerns for

- Madaline is requesting prayers for Jamie Austin for successful surgery August 13th.
- Prayers for person involved in citizenship class that has lost their caregiver.
- Prayers for people affected by the heat wave and that they may find comfort.
- Prayers for regional church

### Joys

- Ruth has returned home and is doing well.

### Birthdays

- 8/2 Sally Deranleau
- 8/25 Marilyn Smith
- 8/27 Jerry Klein
- 9/3 Cat Bourquin
- 9/5 Carolyn Nordal

*Please note: When applicable, birthdays include the first week of the next month.*

### Anniversaries

- 8/11 Chris & Jenn Snow
- 8/20 Sheila & Randy McCrea
- 9/9 Karl & Liz Kohler



## Citizenship Class

Citizenship class will resume in September. Masks will be required for those participants who are not vaccinated.

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### Salish School Quarterly Supply Drive

Colored Pencils	Markers	Black Sharpies	Dry-Erase Markers
Highlighters	#2 Pencils	Pencil sharpeners	Pencil Pouches
Erasers	Rulers	Construction paper	Lined paper
Printer paper	Cardstock	Spiral notebooks	2-pocket folders
Binders (all sizes)	Dividers	Clipboards	Poster Board
Laminating sheets	Sticky note pads	Scotch tape refills	Glue sticks
Teacher scissors	Staplers	Staples	Thumb tacks/push pins
Paper clips (all sizes)	Kleenex	Shoebox size bins	Labels
Primary lined Composition books			



## North Hill Christian Church

4620 N. Post  
Spokane, WA 99205

### August 2021 --- Serving Schedules

	Aug. 1	Aug. 8	Aug. 15	Aug. 22	Aug. 29
Count	Linda Alexander Madaline Luher	Sheila McCrea Patty Morris	Michele Fleck Arlene Pandelis	Linda Alexander Sally Deranleau	Sheila McCrea Madaline Luher
Diaconate	Sally Deranleau	Michele Fleck	Patty Morris	Ben Greene	Arlene Pandelis
Elder	Sheila McCrea	Bill jennison	Jerry Klein	Janie Selley	Joy Reitemeier
Lay Leader	Debbie Jennison	Nathan Burford	Sheila Mc Crea	Jenn Snow	Bill Jennison
Power Point	Jenn Snow	Debbie Jennison	Natasha Carter	Natasha Carter	Jenn Snow
Sound	Michele Fleck	Bill Jennison	Jenn Snow	Nathan Burford	Ben Greene
Pick Up	Bobbie Belton	Arlene Pandelis	Sally Deranleau	Bobbie Belton	Michele Fleck
Greeter	Madaline Luher	Joy Reitemeier	Bill Phipps	Sam Selley	S. McReynolds
Song Leader	Bobbie Belton	Janie Selley	Bill Jennison	Jenn Snow	Debbie Jennison
Coffee Hour	Linda Alexander Madaline Luher	Madaline Luher			
	Arlene Pandelis				