

Iowa High School Baseball Coaches Association
Newsletter #2, November, 1968

The membership drive is still on. We now have 105 members. I'm sure there are more coaches interested in baseball in our state than 105 members. There were over 400 teams in our last tournament. I would hope there would be 400 coaches who are interested in our sport of baseball. We have barely reached 25 per cent.

Enclosed you will find a list of members, listed by districts. If you see that someone is not on this list, make sure you contact him and remind him of our association, its purpose and the clinic to be held February 28 and March 1, 1969 in Cedar Rapids. If you find a prospective member inform your district representative, or just have him send \$3.00 and the information needed. I'll fill out a card and send him his membership card.

The district representatives are only temporary. They will be temporary until the new constitution is adopted at our clinic February 28. You will find enclosed the new constitution that we hope will be adopted. A committee of coaches worked on this constitution. If you have any changes to be made, make them known in writing before February 28 so they can be voted on by membership at the clinic's general meeting. Send your ideas to me at least two weeks before the clinic.

As you note in reading the constitution our new districts will follow the Iowa High School Athletic Association districts. You may find this in your October Bulletin. Each district will have two representatives plus one alternate. One will come from AA and one A. They will be appointed the first year; after that they will be elected by the district which they represent.

The Iowa High School Advisory Board will meet in Boone sometime in November. If you have any ideas or suggestions make sure you make them known. The IHSBCA wants to work in conjunction with the IHSAA Baseball Advisory Board. The Board members are: Vince Meyer, Bancroft; Elmer Starr, Mason City; Bill Holmstrom, Iowa City; Reid Dillon, Elkader; Ronald Clinton, Creston; William Sapp, Boone; Richard Vander Loan, Pella Christian; and Tony Sibben of Lytton.

A new book for you to read is "Coach's Guide to Drills and Skills" by Danny Litwhiler, Printice-Hall. Another good one is written by Dick Siebert of University of Minnesota – "Learning How Baseball", Creative Education Society, Inc., Mankato, Minnesota.

Pat Daugherty of Centerville Junior College is looking for a good baseball weight training program. If any member has one or has heard of one, please send it to Pat.

The following topics will be discussed at the clinic February 28 and March 1 – Creating Early Season Baseball Interest, Fundamentals of Catching, Perfecting Defensive Cut-Offs and Relays, Batting Advantages and Disadvantages, Hitting Faults and Cures, Ideas and Techniques to improve Hitting, Psychology and Discipline of Baseball Work-out Organization, Fundamentals and Drills for High School Baseball, Tips on Developing the Pitcher, Workout Organization for Pitchers, Coaching the Finer Points of Pitching, The Coaching of Baseball on the Junior High Level, Discussion of Umpire Mechanics, Preparing and Maintaining the Diamond, and Fielding the Infield Double Play.

There will be 14 thirty-minute sessions with two sessions going 45 minutes. We have some of the top baseball men in Iowa giving the clinic. A later newsletter will give some background on some of the clinic speakers, plus other information about the clinic.