

Zesty Rice and Bean Salad

- 2 Tablespoons olive oil
- 1 Garlic clove, chopped
- ½ Teaspoon ground red pepper
- ¼ Cup fresh lime juice
- ¼ Teaspoon salt
- 2 Cups brown rice- cooked
- 15 Ounce black beans- rinsed, drained
- 15 Ounce kidney beans, rinsed
- ¼ Cup feta cheese
- 4 Green onions, sliced
- ¼ Cup fresh mint- chopped
- ¼ Cup fresh cilantro- chopped



Picture by Stacey Sutton

Whisk together first five ingredients. Add the remaining ingredients to coat. Cover and chill one hour.